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ICT Bread and Butter Buy-Setup – Scalping Strategy in Bullish Bias

Categories: Forex Education ICT (Inner Circle Trader) Education

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When the **Daily Bias** in a higher time frame (HTF) is bullish, the **ICT Bread and Butter Buy-Setup** provides signals to enter **buy positions**.

The **Bread and Butter Strategy** is suitable for day trading and, by leveraging **ICT style** concepts, offers entry points for short-term trades during each trading session.



ICT Bread and Butter Buy Trading Strategy with entry signals in London, New York and Asian session

What Is the Bread and Butter Buy Trading Setup?

When, based on institutional order flow in the higher time frame (HTF), the **daily bias** is bullish, the market typically opens near the **day's low**.

In these cases, there's a high probability of a **liquidity grab** beneath the day's low to fuel an upward movement.



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Pros and Cons of the Bread and Butter Trading Strategy

This **Trading Strategy** aligns with the daily bias, increasing the win rate. However, using this strategy to pinpoint precise entries requires a strong understanding of liquidity behavior and considerable experience.

Pros and Cons of the ICT Bread and Butter Buy-Setup:

Pros	Cons
Multiple signals during the day	Lower risk-to-reward ratio
Covers all 3 major trading sessions	Requires a deep understanding of liquidity behavior
Aligns with daily trend	Relies on specific hours of the day
Multi-timeframe analysis and market structure use	Each signal depends on the success of previous one

IPDA Delivery Algorithm in the Bread and Butter Buy-Setup

In contrast to the bearish variant, the **Interbank Price Delivery Algorithm (IPDA)** in the Bread and Butter buy Setup operates in two forms:

- ⚡ **Offset Accumulation**
- ⚡ **Re-Accumulation**

Offset Accumulation

In this model, IPDA pushes the price below a key **support level**, activating old buy stop-losses. This action invites new buyers at lower prices.

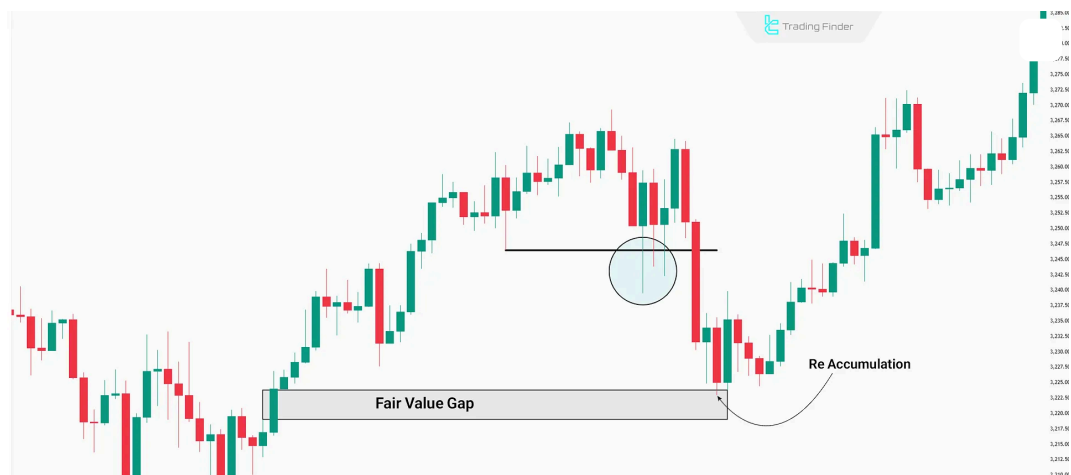


Interbank Price Delivery Based on Offset Accumulation

Re-Accumulation

To create entry conditions for **smart money**, the **Re-Accumulation** model drives prices toward high-liquidity areas, such as **Fair Value Gaps (FVGs)**.

This creates fear among high-price buyers and forces some to exit with losses.



Interbank Price Delivery Based on Re-Accumulation

Entry Signals in the ICT Bread and Butter Buy-Setup

This **Bullish Bread and Butter Trading Setup** issues signals during the **London, Asia, and New York sessions**.

London Session Entry

When the HTF trend is bullish, the **Low of the Day (LOD)** often forms during the **London session**. A short-term bearish move may also appear around **0:00 GMT** (New York midnight).

Following this retracement, a **London Judas Swing** is expected below the previous low. Once formed, entering a **buy trade** targeting the next **Premium Array** is logical.



Buy Entry After London Judas Swing Formation

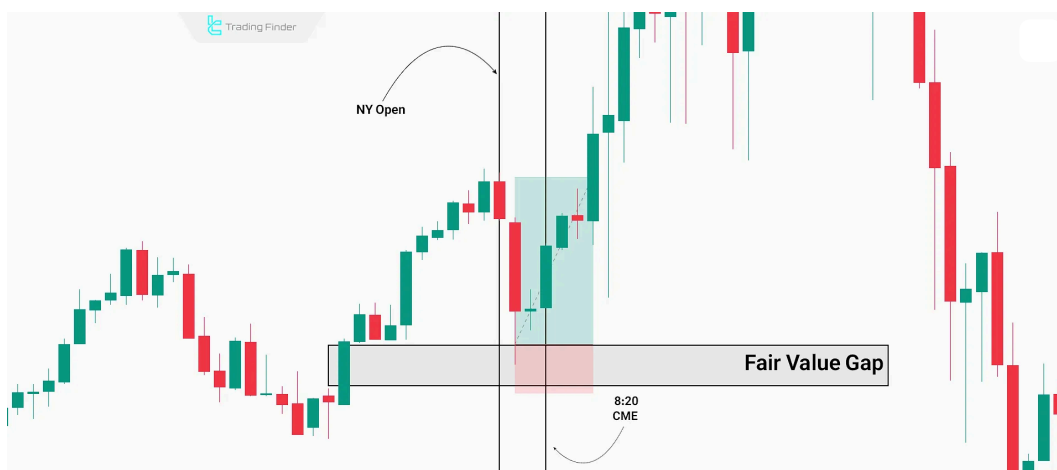
New York Session Entry

After confirming the **LOD** in London, American traders typically extend the bullish trend.

Note: If the price reaches a higher-timeframe **premium zone**, further upside during the New York session is less likely to occur.

To enter during this session, **discount zones** must be identified. As New York opens, the **NY Judas Swing** can be detected.

Once the price reaches one of the discount zones and forms a Judas Swing, a **buy signal** is generated targeting the premium zone.



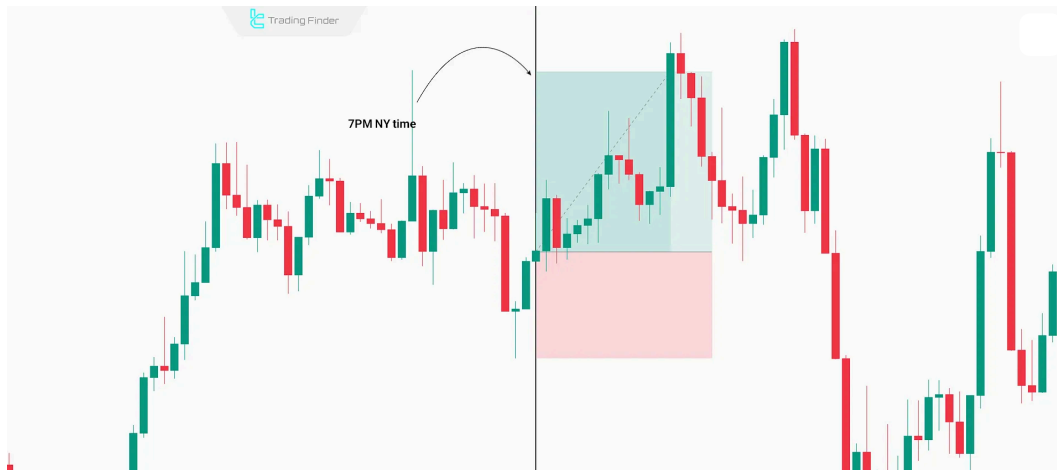
Trade Entry from FVG After NY Judas Swing

Note: With the **CME Commodity Market** opening at **8:20 AM**, volume and volatility increase.

Asia Session Entry

If the bullish trend is confirmed during the New York and London sessions, entering a **buy trade** just before the **Asia session** opens (7:00 PM New York time) is reasonable.

Due to low volume at this hour, the **take profit** should be limited to **15–20 pips**, as the session typically ranges.



Trade Entry at 7 PM New York Time

Key Characteristics of the ICT Bread and Butter Buy-Setup

The **ICT Bread and Butter Buy-Setup** is tailored for **day trading**. It utilizes ICT principles to identify short-term buy entries in the **New York, London, and Asia** sessions.

Key Characteristics:

- ⚡ **Trade duration:** 1 to 2 hours
- ⚡ **Target per trade:** 30 to 50 pips
- ⚡ **Analysis timeframe:** 5-minute (M5)
- ⚡ **Number of trades per day:** 1 to 3 setups
- ⚡ **Risk-to-reward ratio:** varies based on **market structure**
- ⚡ **Capital risk per trade:** 0.5% to 1%

Conclusion

To use the **ICT Bread and Butter Buy-Setup**, the **bullish market direction** must first be confirmed in higher time frames (1-hour and 4-hour).

For this reason, the **Bullish Bread and Butter Trading Setup** in the **ICT trading style** is suitable for **day trading**. Each trade in this setup typically targets a **30 to 50 pips** price movement.

Key ICT concepts such as the **Interbank Price Delivery Algorithm (IPDA)**, **Judas Swing**, and **Fair Value Gap (FVG)** are applied in this setup.

Additionally, this **bullish Bread and Butter in the ICT Trading Style** provides **buy signals** across the **London, New York**, and **Asia** trading sessions.

FAQs

- What is the ICT Bread and Butter Buy-Setup? ∨
 It identifies short-term buy entries based on the **daily bias** during the London, New York, and Asia sessions.
- Is this setup only for buy trades? ∨
 Yes, because it follows a bullish bias, buy trades carry less risk.
- What is the role of Judas Swing in this strategy? ∨
 It marks entry points in the **London** and **New York** sessions.
- Are the trades different across sessions? ∨
 Yes, Lower **liquidity and volume** in the Asia session results in smaller moves than in London and New York.
- What is the optimal risk per trade? ∨
 Due to high trade frequency, each trade should risk **0.5%–1%** of total capital.
- What is the suitable timeframe for this setup? ∨
5-minute (M5) is ideal for trade entries.
- How long does each trade usually last? ∨
 Each trade lasts **1 to 2 hours** on average.



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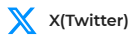


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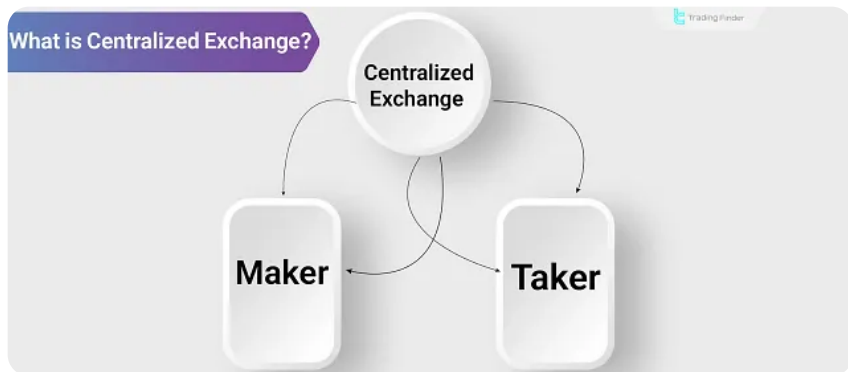
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