

Become a Master of AI Tools

Don't get left behind — master AI now. The future belongs to those who learn AI

Coursiv

Learn More

TradingFinder > Education > Forex Education > Learn The highest and lowest price of an asset t...

Learn The highest and lowest price of an asset throughout the day (HOD - LOD) - ICT

Categories: Forex Education ICT (Inner Circle Trader) Education Price Action Education

Article Level: Intermediate

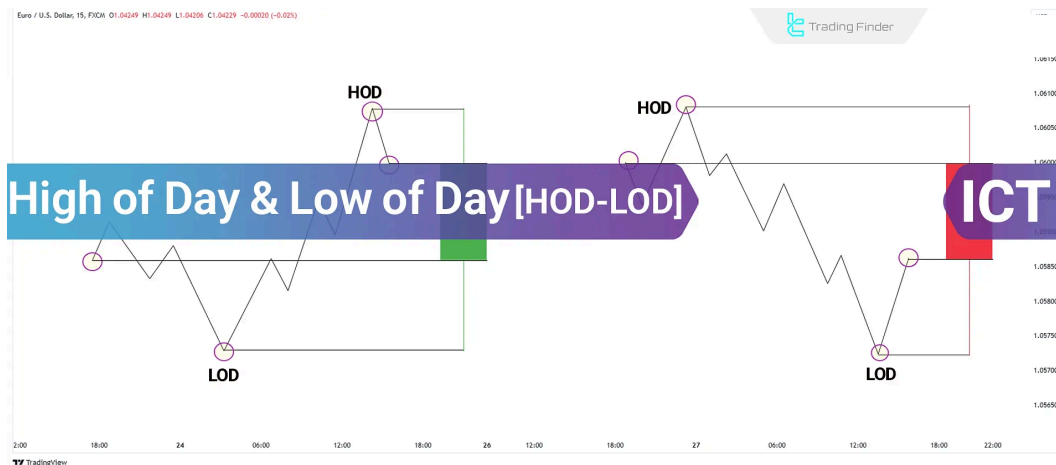
Writer: Davit Kvaratskhelia | Reviewer: Arjun Mandal | Fact checker: Nino Gogochashvili | Modified: Apr 8, 2025

Comments: 0

Views: 245

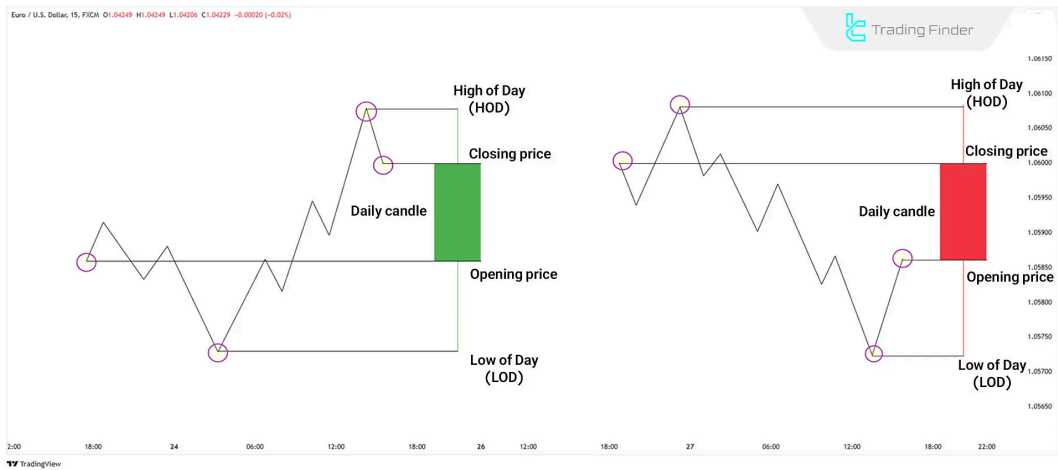
3 Min

HOD (High of Day) and **LOD (Low of Day)** are fundamental concepts in **technical analysis** and intraday trading. They represent the **peak** and **lowest** price levels during a trading day.



Highest and Lowest Price of the Day (HOD and LOD)

These levels are crucial for traders as they provide **valuable** signals about market behavior and price trends.



The functioning of High of Day (HOD) and Low of Day (LOD) in price analysis

High of Day (HOD)

This level represents the **highest price** that an asset (e.g., stocks, cryptocurrencies, or commodities) reaches during a trading day. It often serves as a **temporary resistance** level.

Traders may consider selling in this region as prices will likely reverse from these heights.

Low of Day (LOD)

The **lowest price** that an asset records during a trading day is the **Low of Day (LOD)**.

It can act as a **temporary support** level and often provides buying opportunities, as prices tend to rebound from this point.

Example of High and Low of Day

The Bitcoin (BTC) chart for a trading day shows an opening price of **99,325**. The **highest price** recorded during the session is **99,952**, representing the **High of Day (HOD)**.

Conversely, the price dropped to **99,191**, indicating the **Low of the Day (LOD)**. The session closed at **95,670**.



An example of the High of Day (HOD) and Low of Day (LOD) on the Bitcoin chart

Conclusion

The **Highest of the Day** (HOD) and **Lowest of the Day** (LOD) are useful concepts for identifying temporary resistance and support levels in the market.

By using **these levels**, strategies such as **Break of Structure** (BOS) or price reversal can be designed.



Become a Master of AI Tools

Upgrade your career with in-demand AI skills

H
ai
Coursiv
Learn

FAQs

What are HOD and LOD? ▼

HOD (High of Day): The highest price an asset reaches during a trading day.

LOD (Low of Day): An asset's lowest price during a trading day. ▼

Why are HOD and LOD important?
These levels help identify key market zones, aiding in trading decisions such as entries, exits, stop-loss, and take-profit levels.



5 From 5.0

(1)

Rate this post



Table Of Content



High of Day (HOD)

Low of Day (LOD)

Example of High and Low of Day

Conclusion

Top Posts



What is an ICT Order Block and How to Trade It?

Ram Nisha | Dec 23, 2024

7,859 Views



Turtle Soup Strategy from ICT Style

Arjun Mandal | Dec 23, 2024

7,492 Views

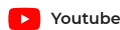
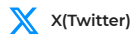


Break of Structure (BOS) on ICT

Eda Kaya | Dec 22, 2024

7,492 Views

Our Social Media



Latest Articles



What Is Demo Account? Differences Between Demo and Real Accounts

Forex Education

Davit Kvaratskhelia | Jun 17, 2025



What Is RSI? Identifying Overbought and Oversold Conditions in All Markets

Forex Education

Davit Kvaratskhelia | Jun 16, 2025



Complete training in financial markets such as "Forex," "Stock Market," and "Cryptocurrencies" only becomes comprehensive with tested trading tools and strategies. "Trading Finder," with its experience, aids traders and investors in gaining a correct understanding and deep learning. The training programs are designed based on tools for traders of all levels, from "beginner to advanced."

English (EN) ▾

[About Us](#)

[Contact Us](#)

[Forex Methodology](#)

[Our Team](#)

[Jobs](#)

[Report a Bug](#)

Advertisement

Affiliates

Our Scores

Indicators & Oscillators

Products

Financial Market Education

Trading Tools

Trading Tools

Become a Master of AI Tools

Don't get left behind — master AI now. The future belongs to those who learn AI

Coursiv

[Learn](#)

Risk Disclosure:

Participating in financial markets involves high risk, which can result in the loss of part or all of your investment. There are no

[Show More](#) ▾

Disclaimer:

[TradingFinder.com] assumes no responsibility for any potential losses or damages. All decisions are the sole responsibility of

[Show More](#) ▾

Disclosure of revenues and advertisements:

The "TradingFinder" platform offers various services, some of which, like introductions, are free, while others, such as our

[Show More](#) ▾

Become a Master of AI Tools

Don't get left behind — master AI now. The future belongs to those who learn AI

Coursiv

[Learn](#)

[Risk Warning](#)

[Cookies Policy](#)

[Copyright and Idea Submissions](#)

[Terms and Conditions Agreement](#)

© 2025 TradingFinder, Inc. All rights reserved.