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Previous Day's High (PDH) and Previous Day's Low (PDL) in Trading

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Previous Day's High (PDH) and Previous Day's Low (PDL) in ICT

What Are PDH and PDL?

PDH represents the **highest price** reached on the previous trading day, while PDL indicates the **lowest price**.

These levels help traders analyze past market movements and **identify potential reaction zones**.





How to Mark the Previous Day's High (PDH) and Previous Day's Low (PDL) on a Chart

How Do PDH and PDL Reflect Market Strength?

The PDH and PDL levels act as **market sentiment indicators**.

- ⚡ If the market **stays above PDH** in early trading hours, it signals **strong bullish momentum**;
- ⚡ If the market **remains above PDL** but fails to break PDH, it suggests **weak market conditions**.

How to Use PDH and PDL in Trading

Before the market opens, traders should **mark PDH and PDL** on their charts. These levels can be manually drawn and used throughout the **trading session** to assess potential trade setups.

An Example of Buy Trading with PDH

In a **5-minute gold chart**, if the price reaches the **PDH zone**, traders can look for **bearish reversal patterns** near this level. This setup provides an opportunity to **open sell positions**.





How PDH Acts as a Resistance Zone for Price Decline

An Example of Sell Trading with PDL

In a **5-minute gold chart**, if the price reaches the **PDL zone**, traders can look for **bullish reversal patterns** near this level. This setup creates an opportunity to **enter buy positions**.



How PDL Acts as a Support Zone for Price Reversal

Conclusion

The **Previous Day's High (PDH)** and **Previous Day's Low (PDL)** are essential **reference points** for day traders.

These levels help traders understand price behavior and **market sentiment** while acting as **key support and resistance levels**.

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What Are PDH and PDL? ∨

PDH represents the highest price of the previous day, while PDL indicates the lowest price. These are **key levels that influence price movement**.

Why Are PDH and PDL Important for Traders? ∨

These levels act as **support and resistance**, helping traders make **better decisions** based on market reactions.

How Can Traders Identify PDH and PDL? ∨

Traders can manually mark PDH and PDL on the chart by observing the **highest and lowest price points of the previous day**.

How Can PDH and PDL Be Used in a Trading Strategy? ∨

These levels help traders identify **reversal patterns**, determine **entry and exit points**, and evaluate **risk-to-reward ratios**.



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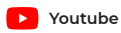
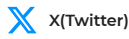


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