SYNERGY
Basic Trading Method

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Why the SYNERGY Method?

Mark Douglas, author of Trading in the Zone, states:

"The best traders have developed an edge and more importantly, they trust their edge."

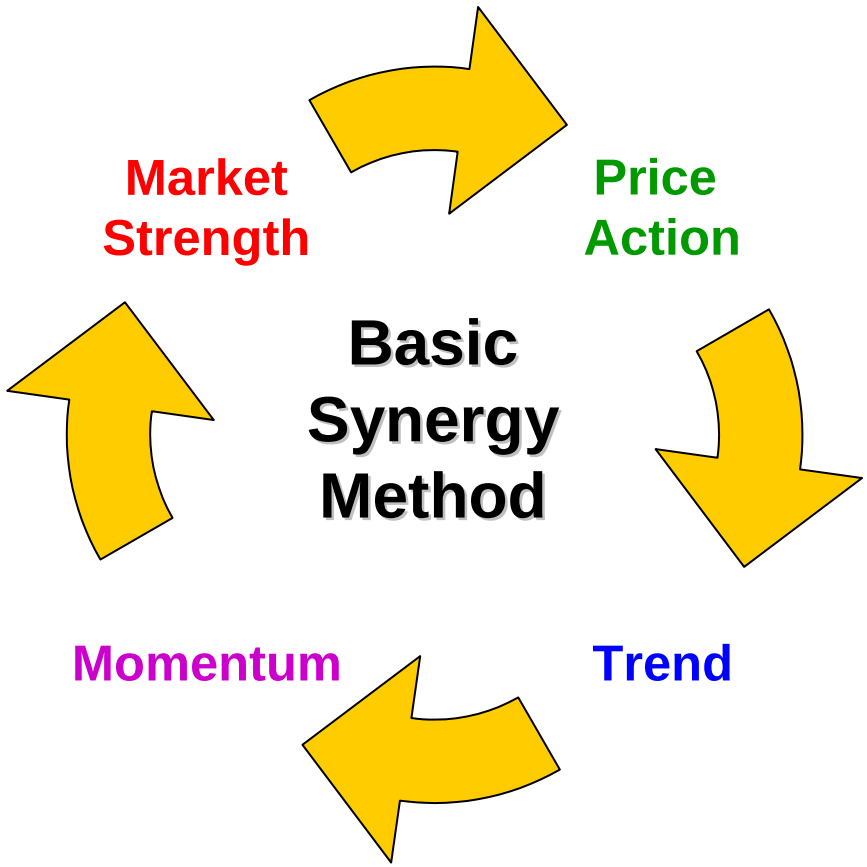
Why the SYNERGY Method?

The "*trading edge*" of Synergy:

1. A high degree of probability.
2. Enter and exit trades with less emotions.
3. Trade decisions dictated by price action, not by preconceived beliefs and opinions.

What is SYNERGY?

"Mutually advantageous collaboration of forces to create an enhanced combined result."



SYNERGY Method

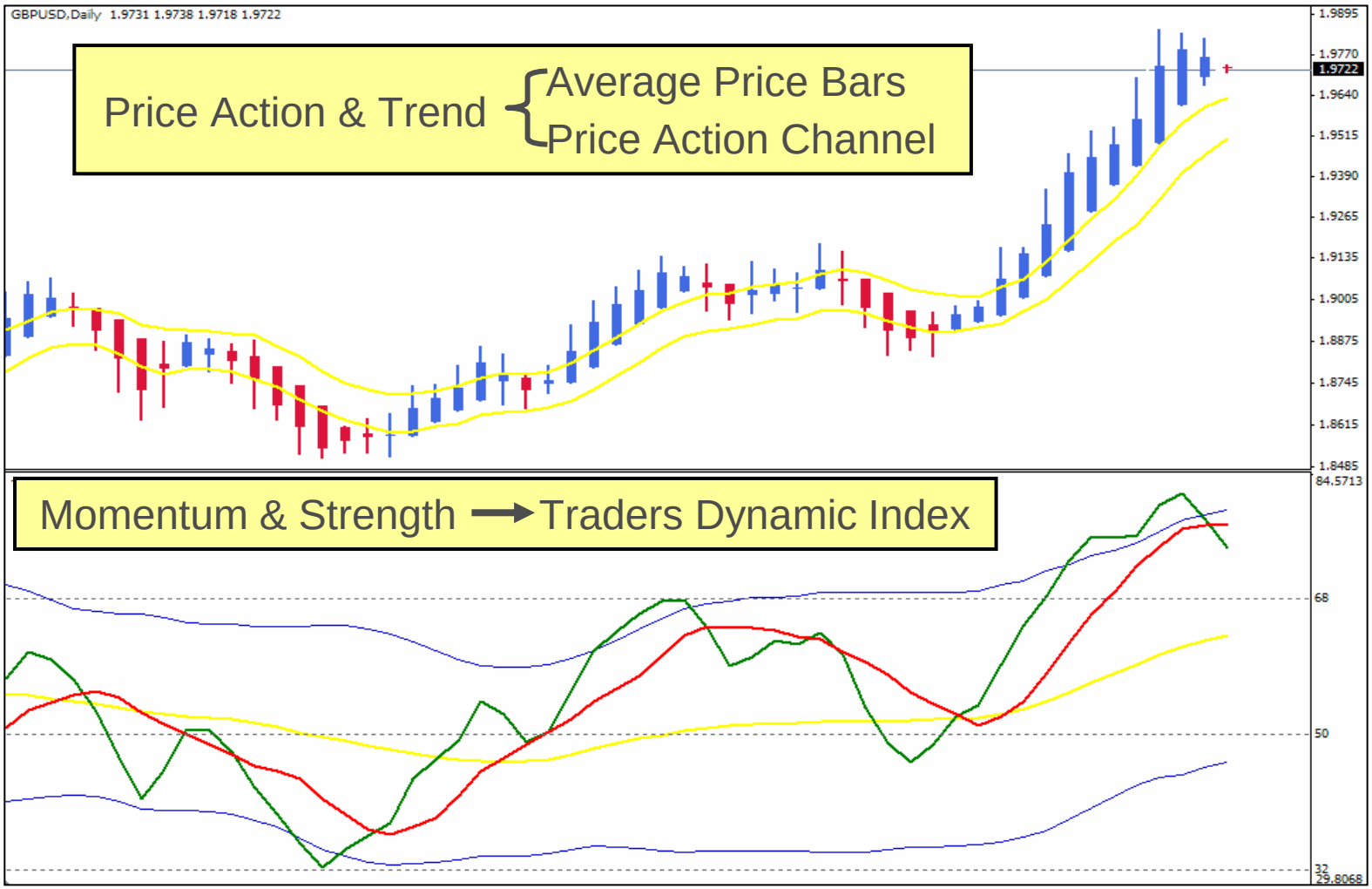
There are 4 primary market conditions in a potential trade:

1. Price action
2. Trend
3. Momentum
4. Strength

SYNERGY Chart Setup

- Average Price Bars
- Price Action Channel
- Traders Dynamic Index

SYNERGY Method



Average Price Bars

Average Price Bars

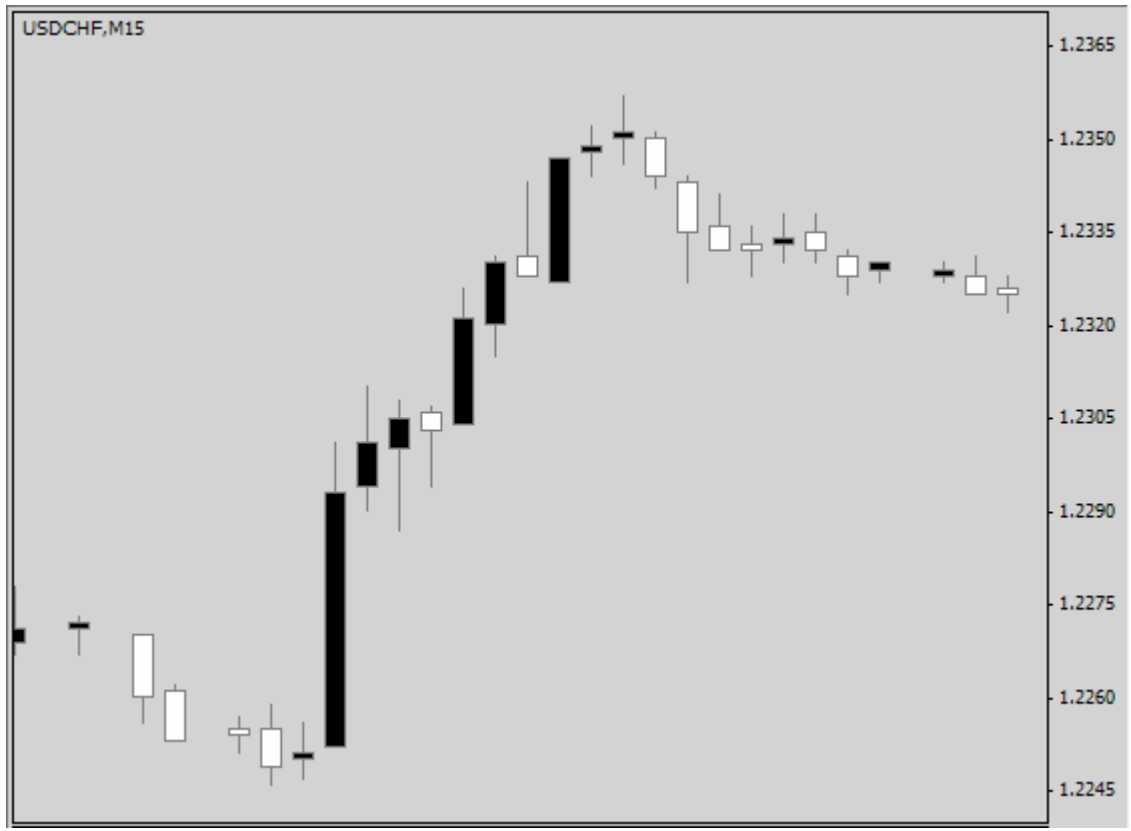
- Provide a better depiction of current market.
- Reveal market strength & consolidation.
- Eliminate fluctuations of nominal price action.
- Remove the noise of price distortion of the underlying trend.

Average Price Bars

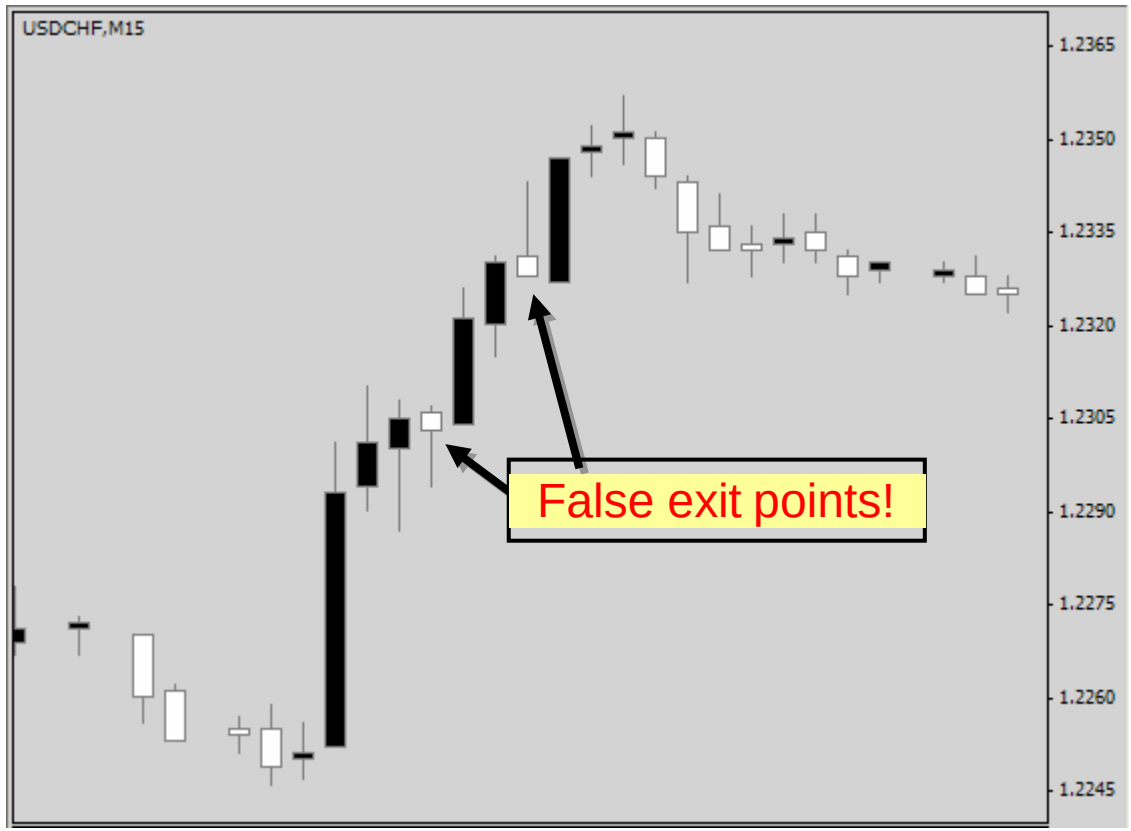
- Use the Heiken Ashi method.
- Heiken = “Average”
- Ashi = “Bar”
- Heiken Ashi averaging technique:
  - HA_Close = (Open + High + Low + Close) / 4
  - haOpen = (haOpen(previous bar) + haClose(previous bar))/2
  - haHigh = Maximum(High, haOpen)
  - haLow = Minimum(Low,haOpen)

The HA_Close is most important for the SYNERGY Method.

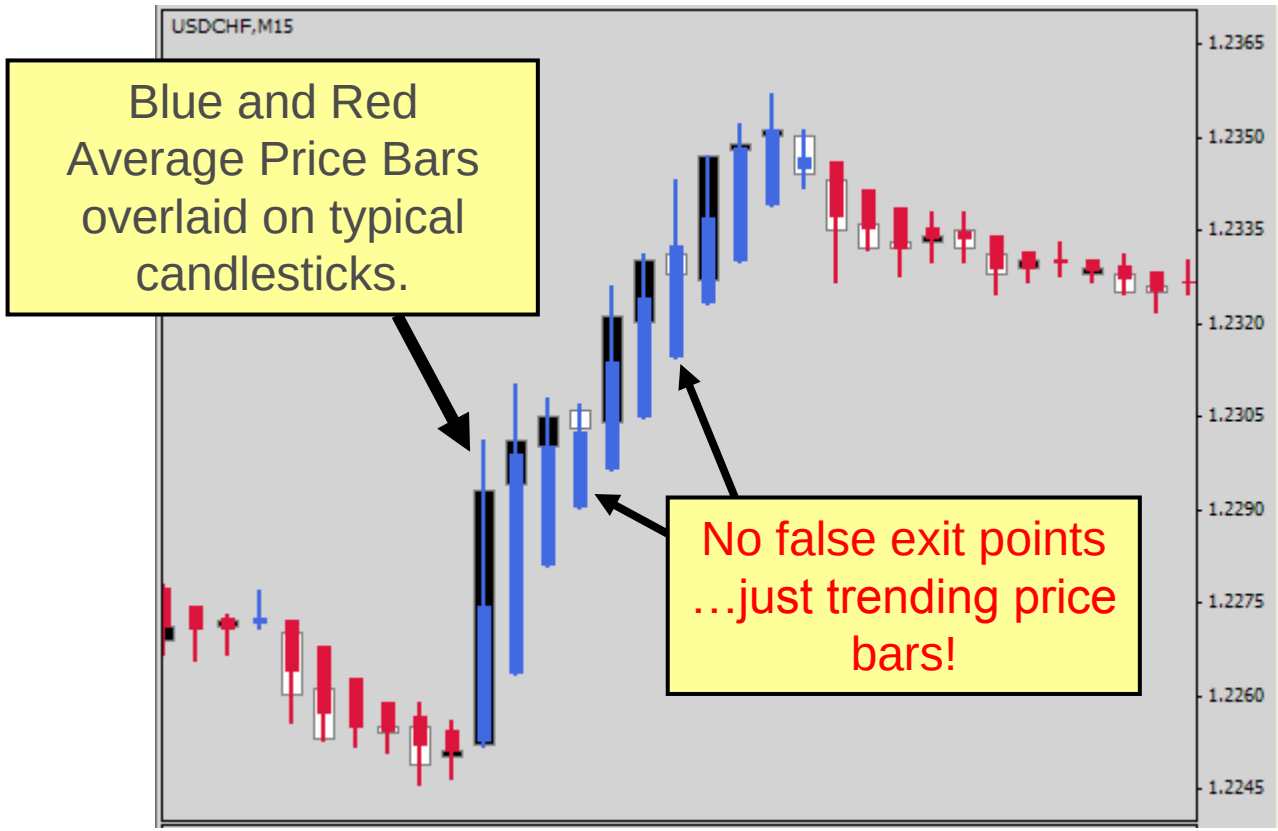
Typical Candlesticks



Typical Candlesticks



Average Price Bars



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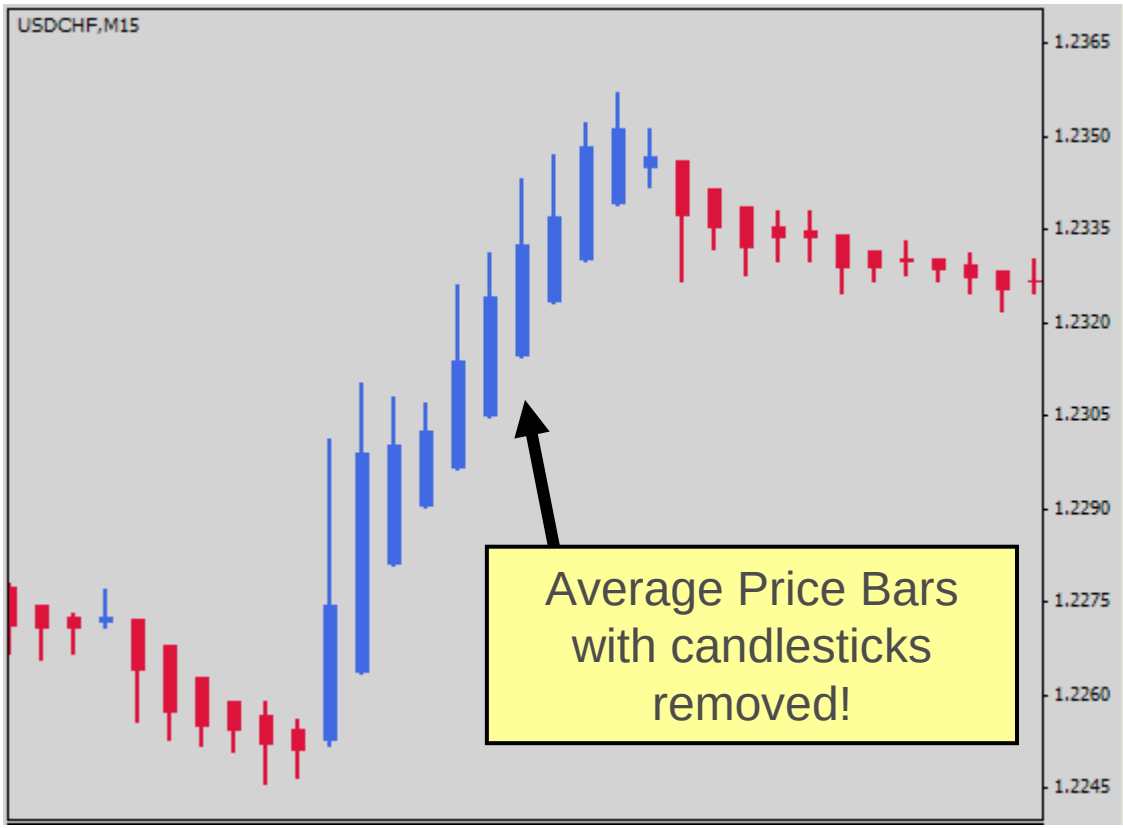

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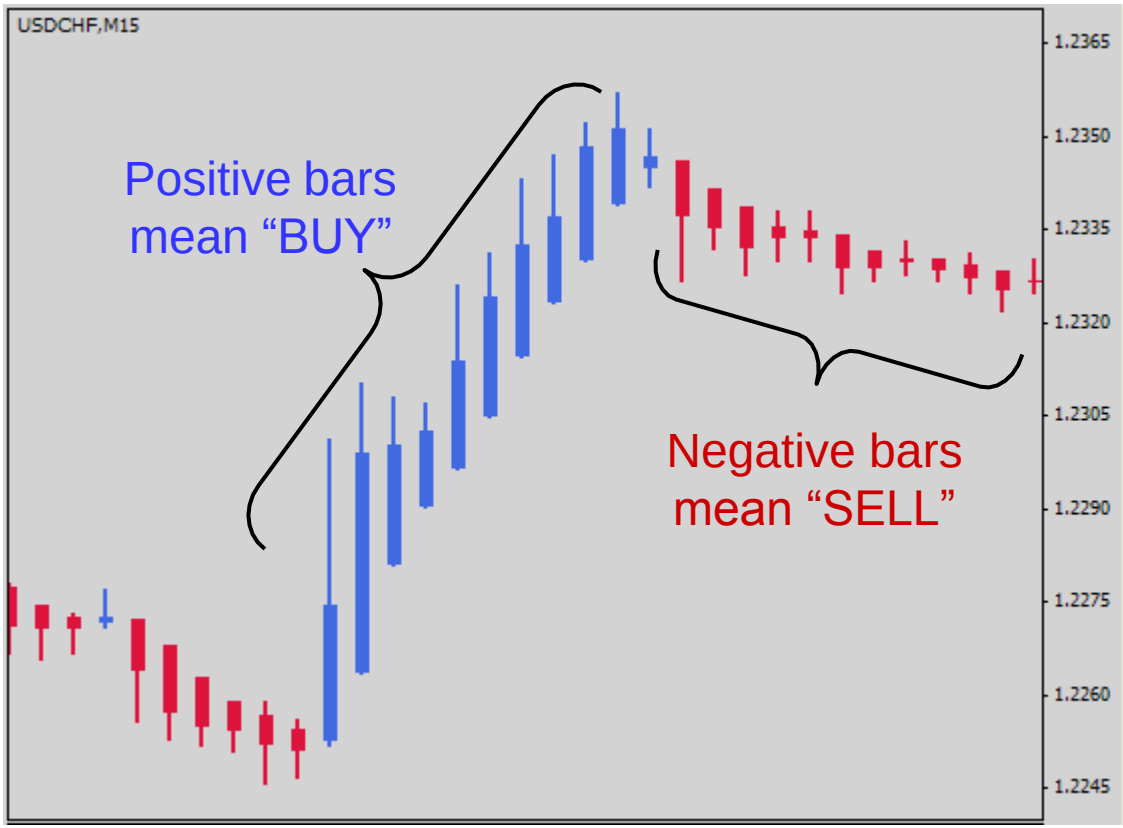

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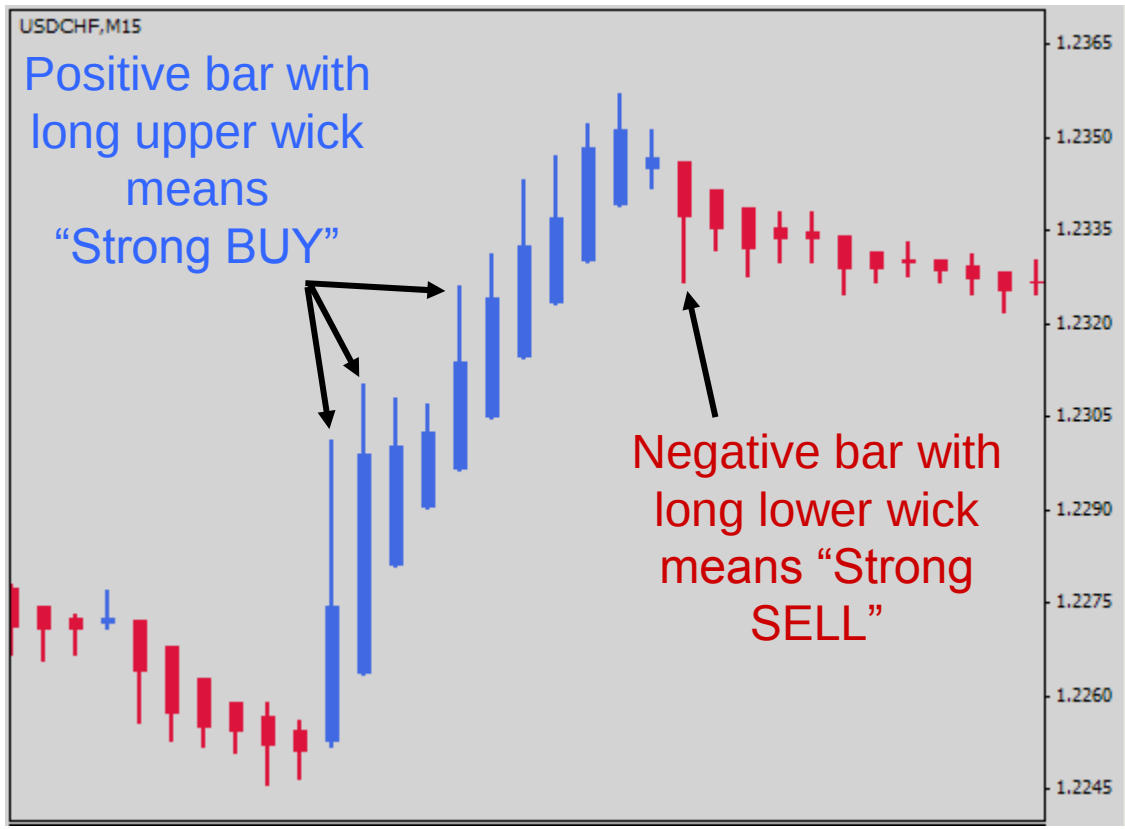
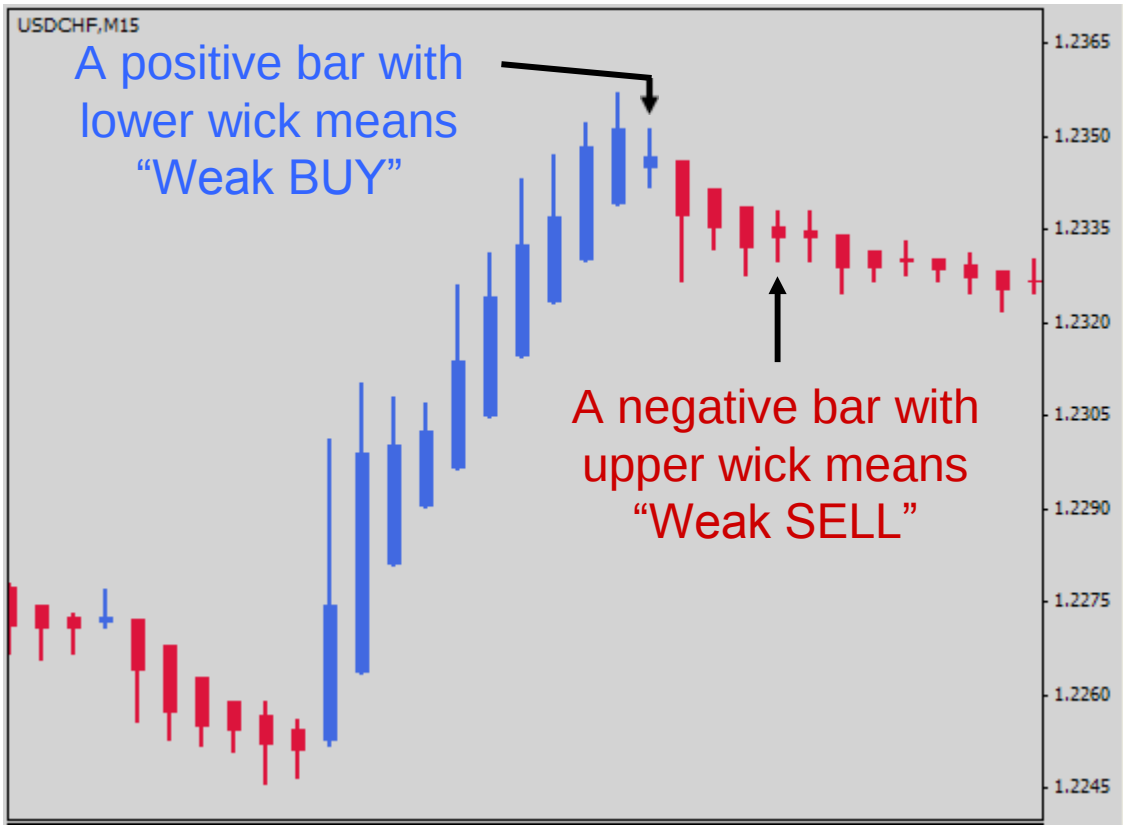
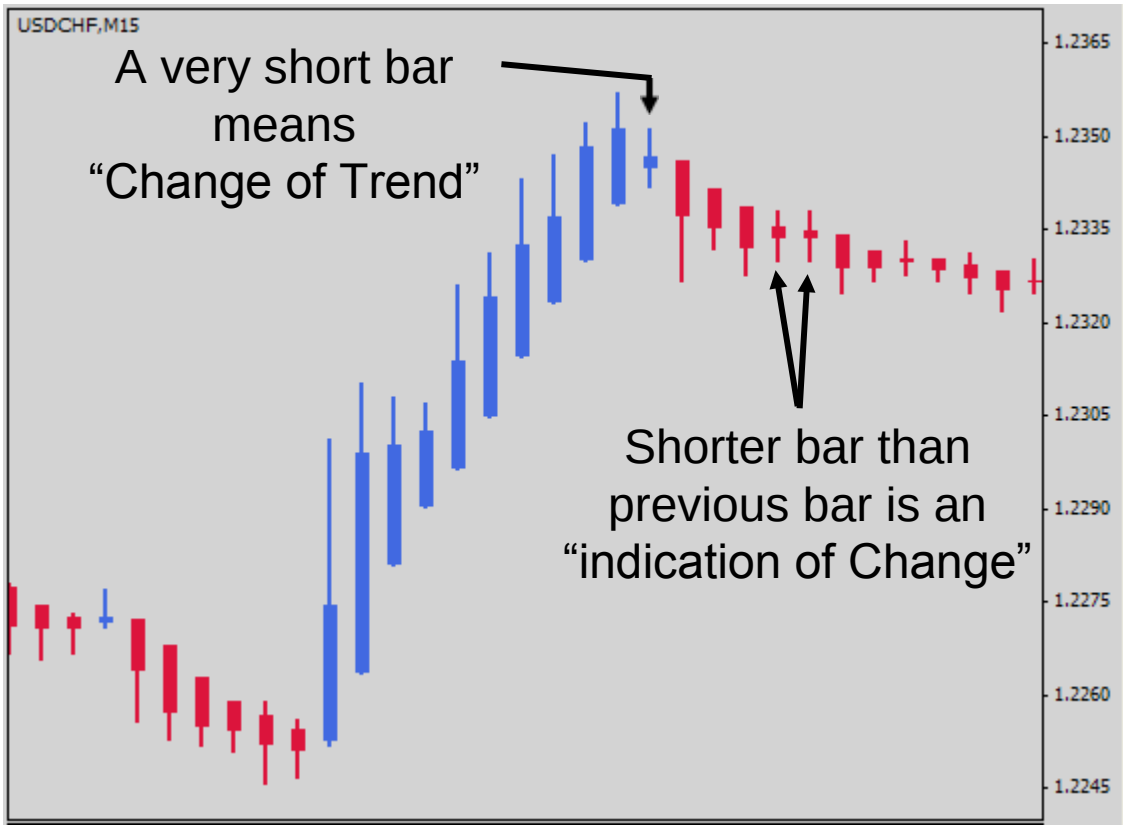


Average Price Bars



Average Price Bars



Price Action Channel

Traditional Price Channel

Traditional Price Channel has two formats:

1. A pair of trend lines above and below price like the Linear Regression Channel.

2. An envelope of bands around price with set deviation limits such as Keltner Channel.

Traditional Price Channel

Used to determine upper and lower boundaries and signal potential reversals or breakouts.

Traditional price channels can cause “reactive” trading!

Price Action Channel

Sets inside of price movement…instead of outside of price waiting for the market.

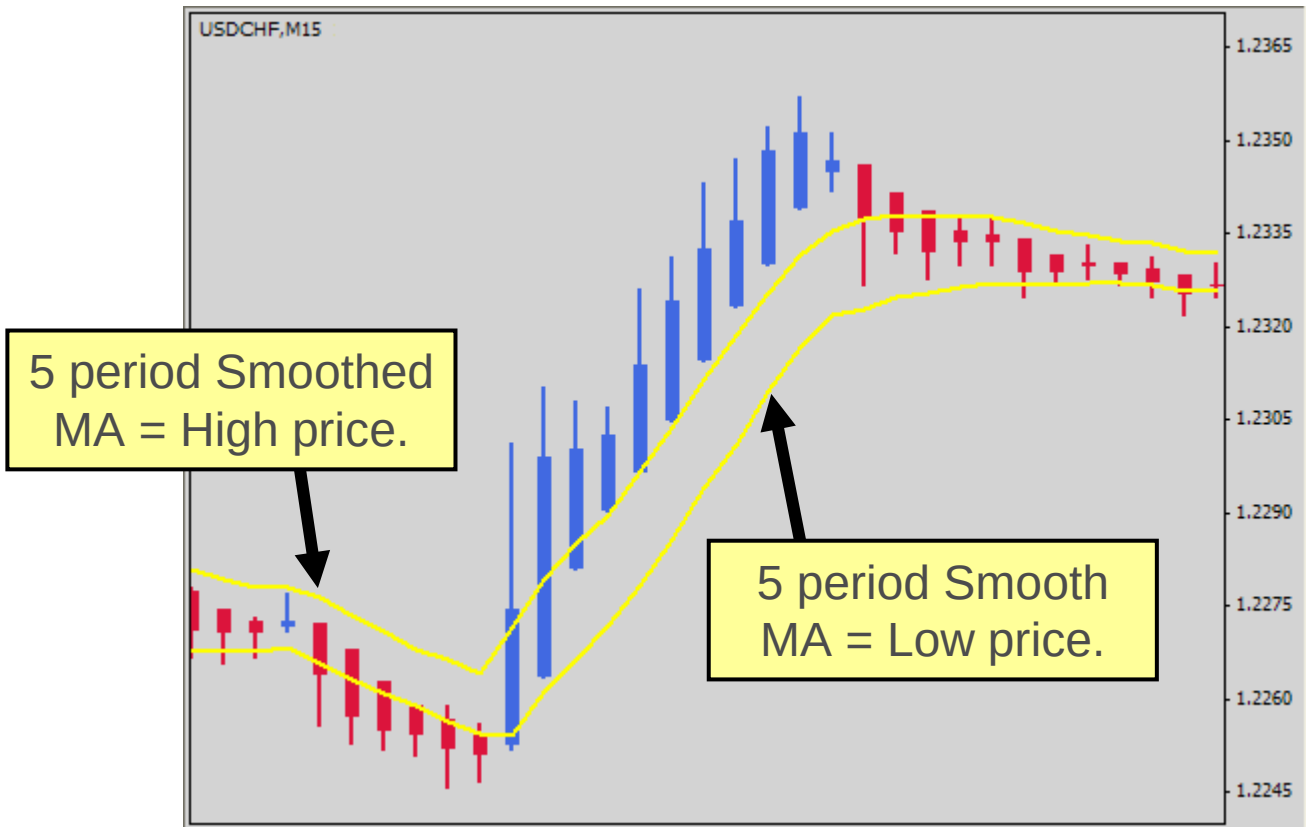
Used by institutional traders and sophisticated trading programs.

Promotes “responsive” trading!

Price Action Channel

- Use Smoothed Moving Average
- Top of Channel = 5 period, High
- Bottom of Channel = 5 period, Low

Price Action Channel

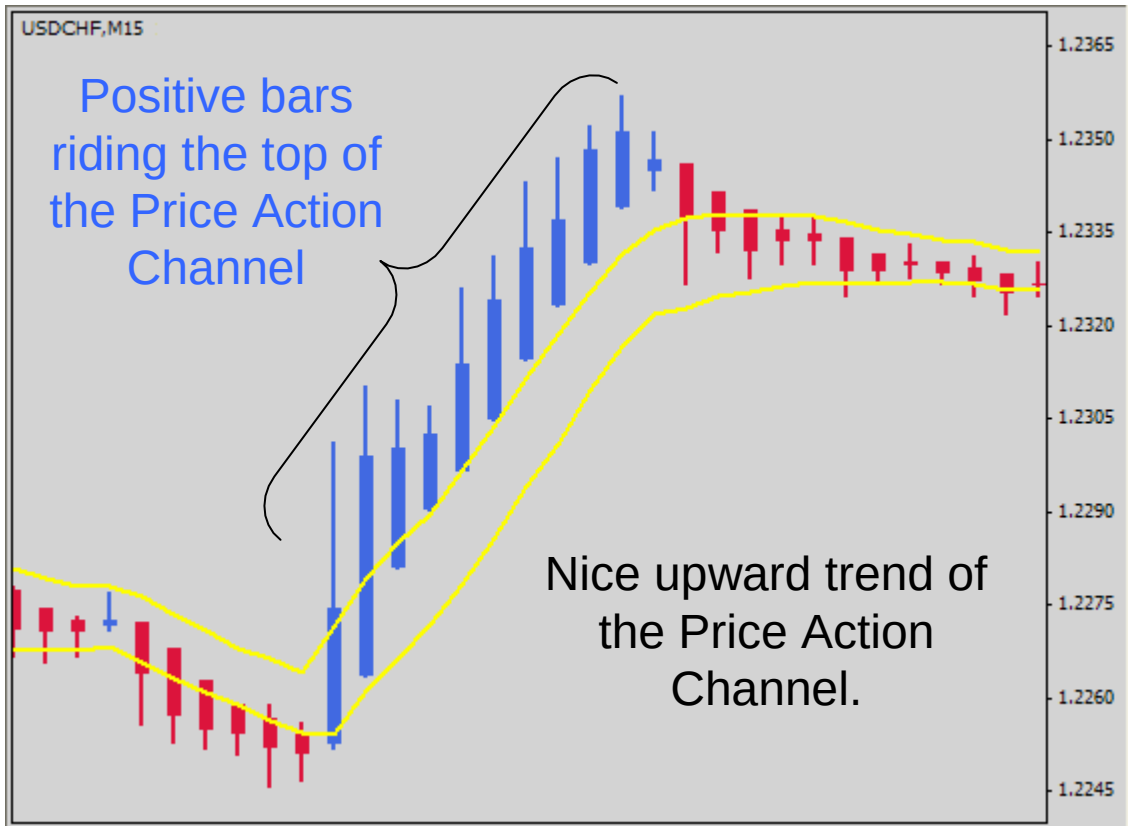


Price Action Channel

- Provides overall trend direction.
- Reveals periods of consolidation.
- Used primarily as an Entry target.
- BUY Trend – Average Price Bars tend to run on top of channel.
- SELL Trend – Average Price Bars tend to run on bottom of channel.

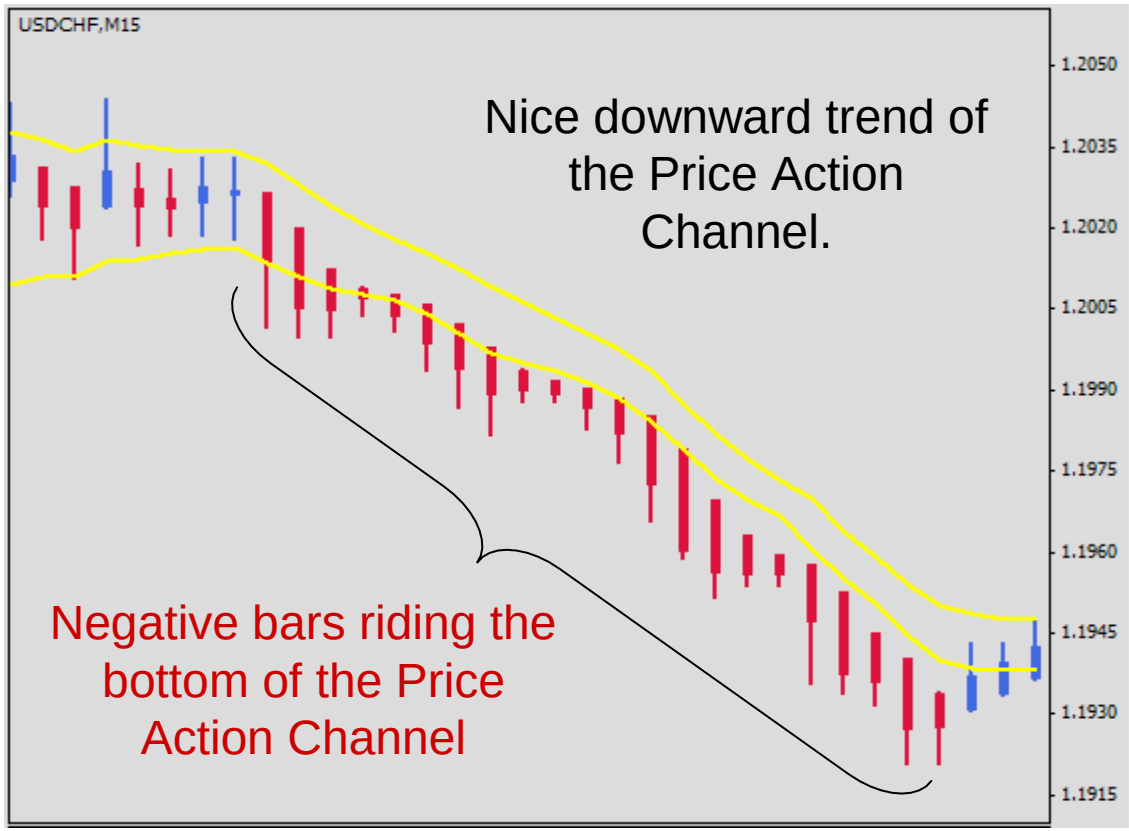
Price Action Channel

"Good BUY (Long) Trend"



Price Action Channel

"Good SELL (Short) Trend"

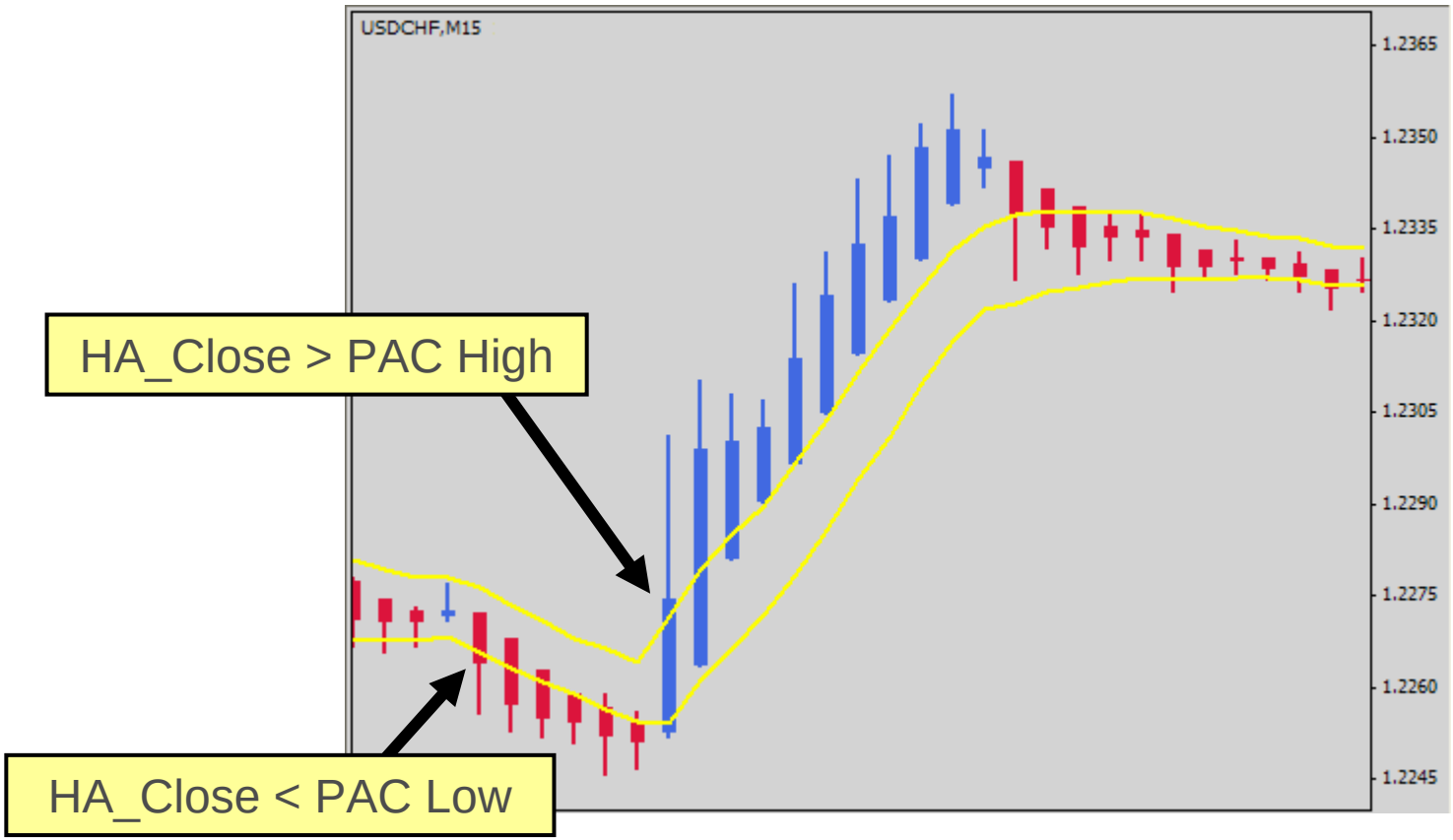


Price Action Channel

“Range-Bound, No Trend”

Price Action Channel

"Entry Condition using PAC"



Price Action Channel

"Entry Condition: HA_Close & PAC"

Use the Data Window to compare the value of the HA_Close to the PAC.

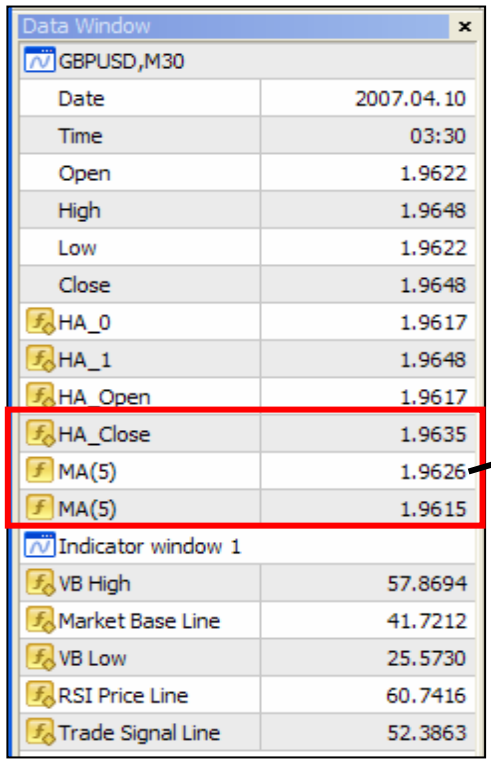
To open the Data Window: At the top menu bar, click View 👁 Data Window.

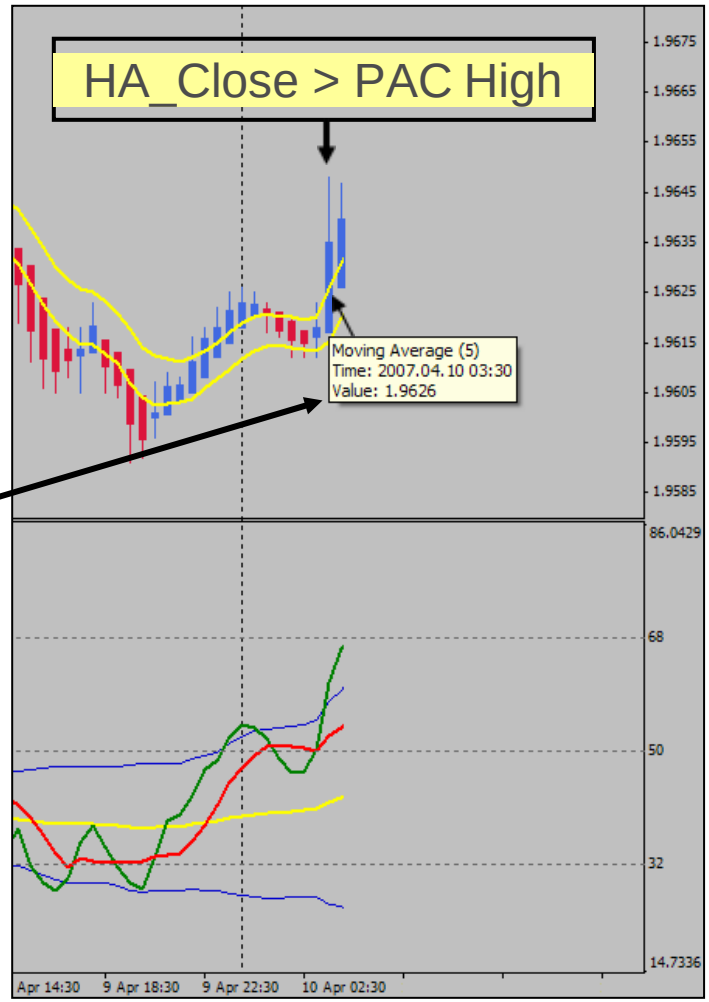
The 1st MA(5) is PAC High.

The 2nd MA(5) is PAC Low.

Long entry condition:
HA_Close > 1st MA(5)

Short entry condition:
HA_Close < 2nd MA(5)





Traders Dynamic Index

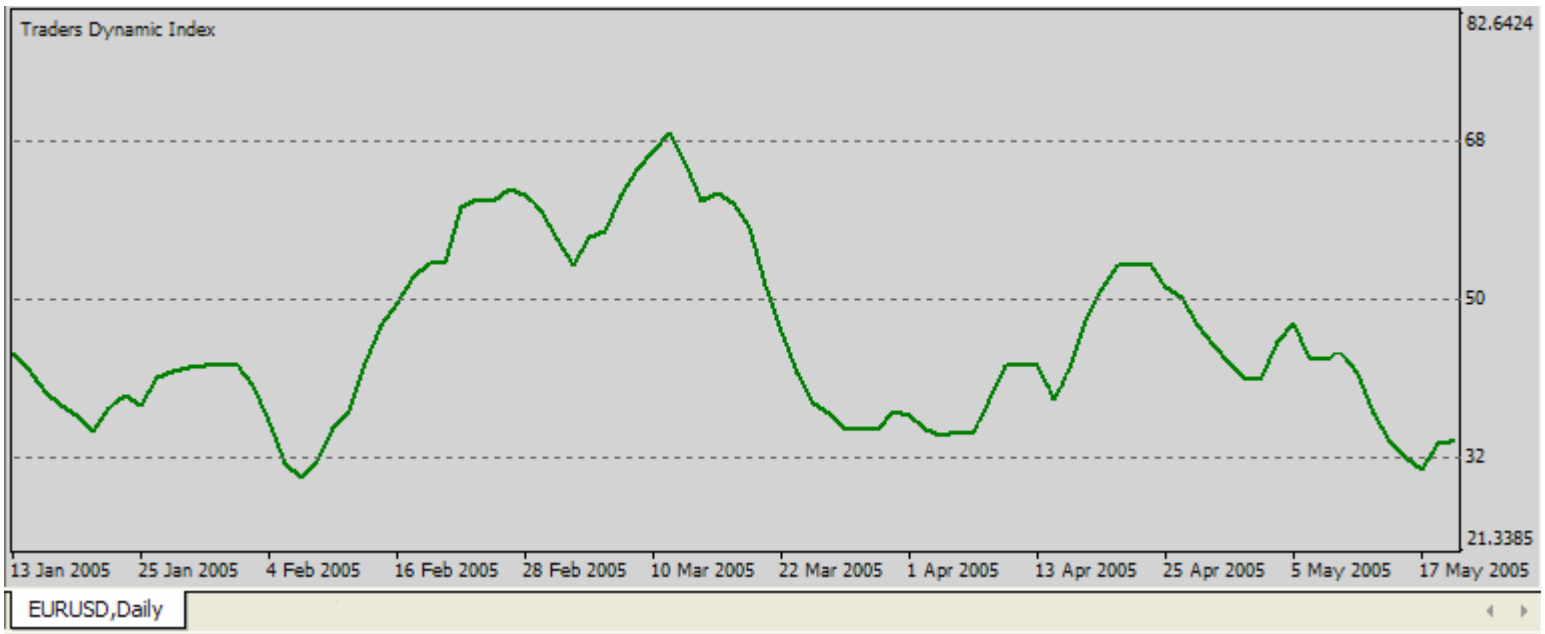
Traders Dynamic Index

A hybrid indicator developed to indicate market conditions related to *trend direction*, *momentum*, and *market volatility*.

An “all-in-one” indicator!

Traders Dynamic Index

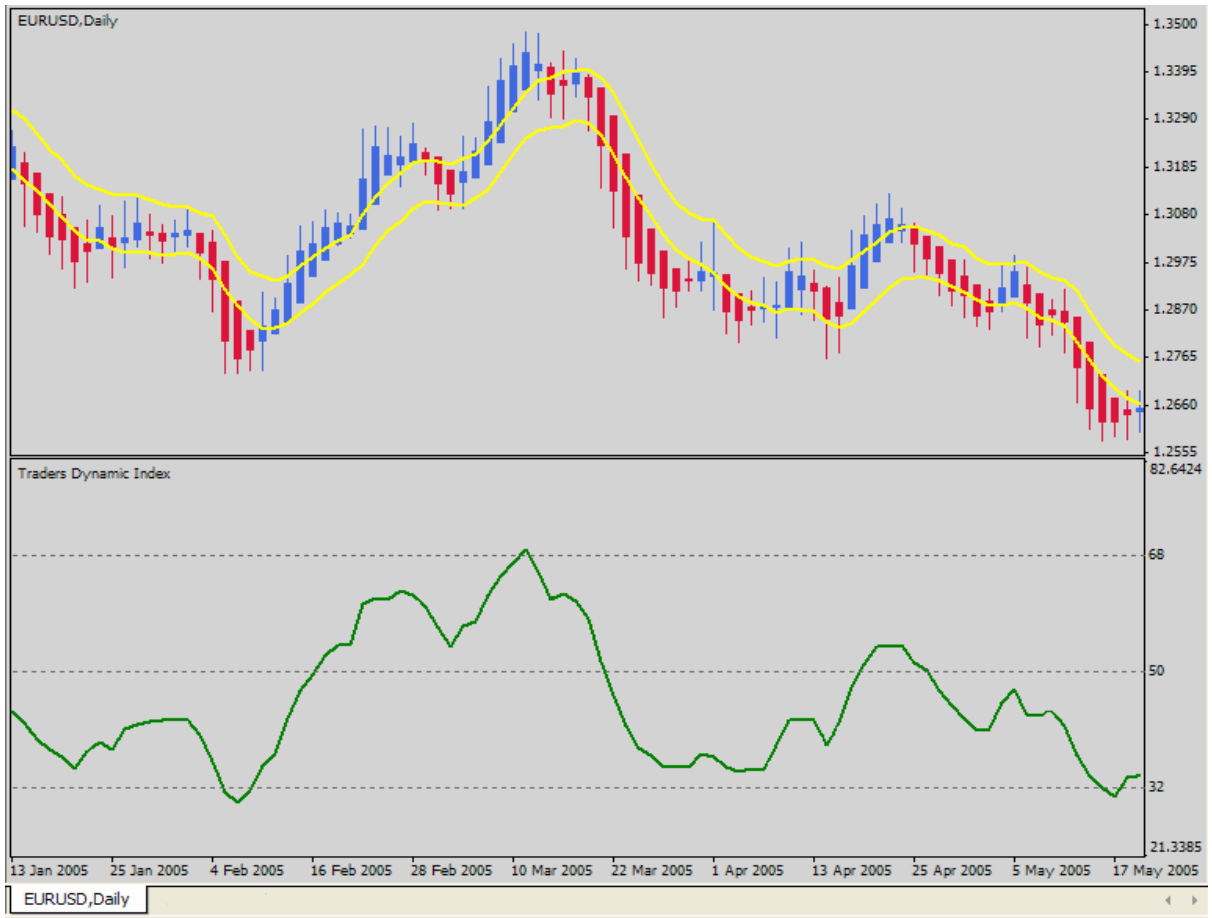
Step 1: RSI Price (Green) Line



Rules: Trade Long when Green line > 50.
Trade Short when Green line < 50.
Consider exit when Green line is > 68 or < 32.

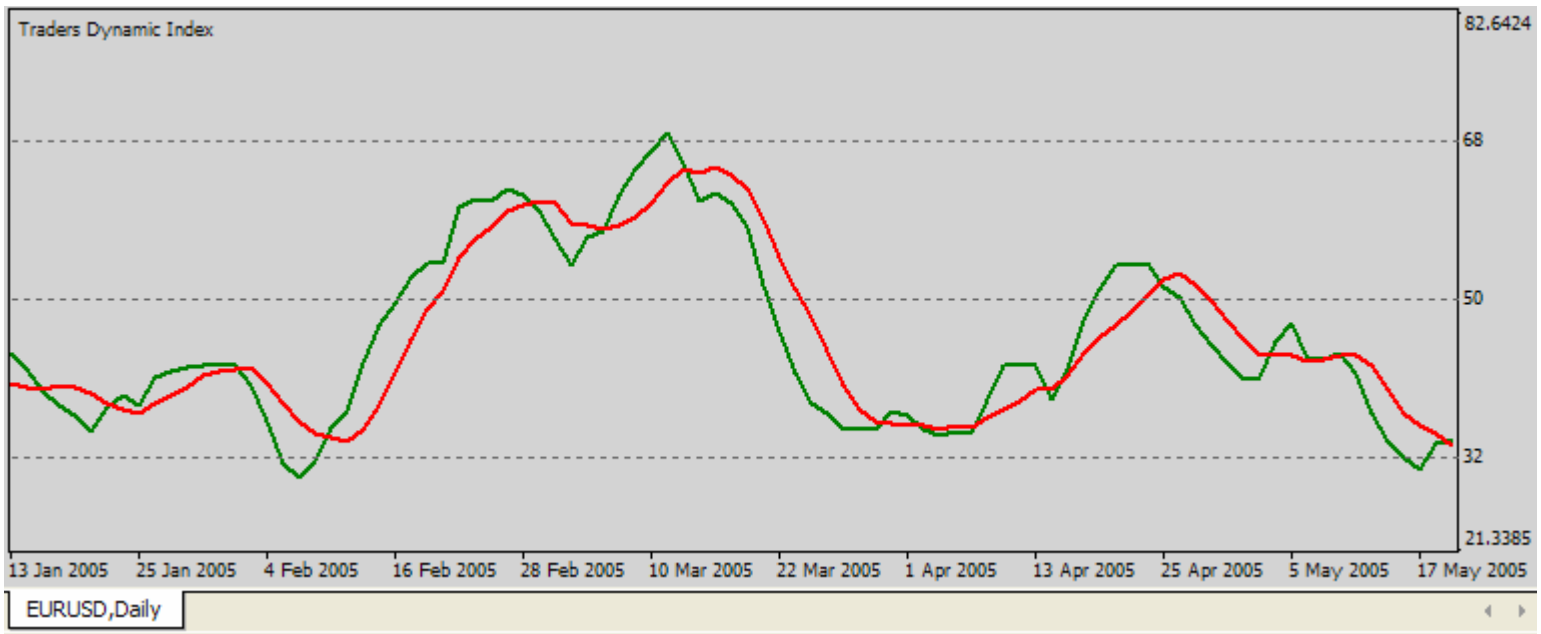
Traders Dynamic Index

RSI Price Line compared to Price Action



Traders Dynamic Index

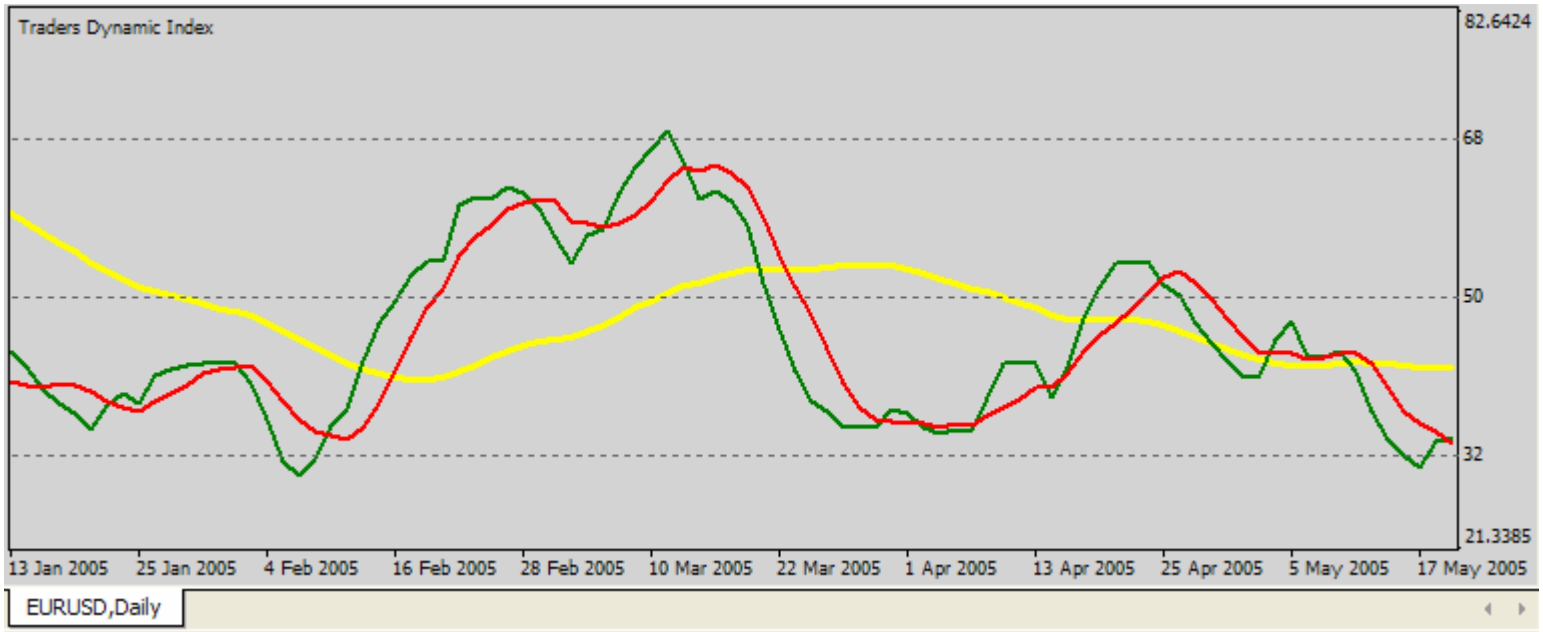
Step 2: Trade Signal (Red) Line



Rules: Trade Long when Green > Red.
Trade Short when Green < Red.
Exit trade when Green & Red crossover.

Traders Dynamic Index

Step 3: Market Base (Yellow) Line



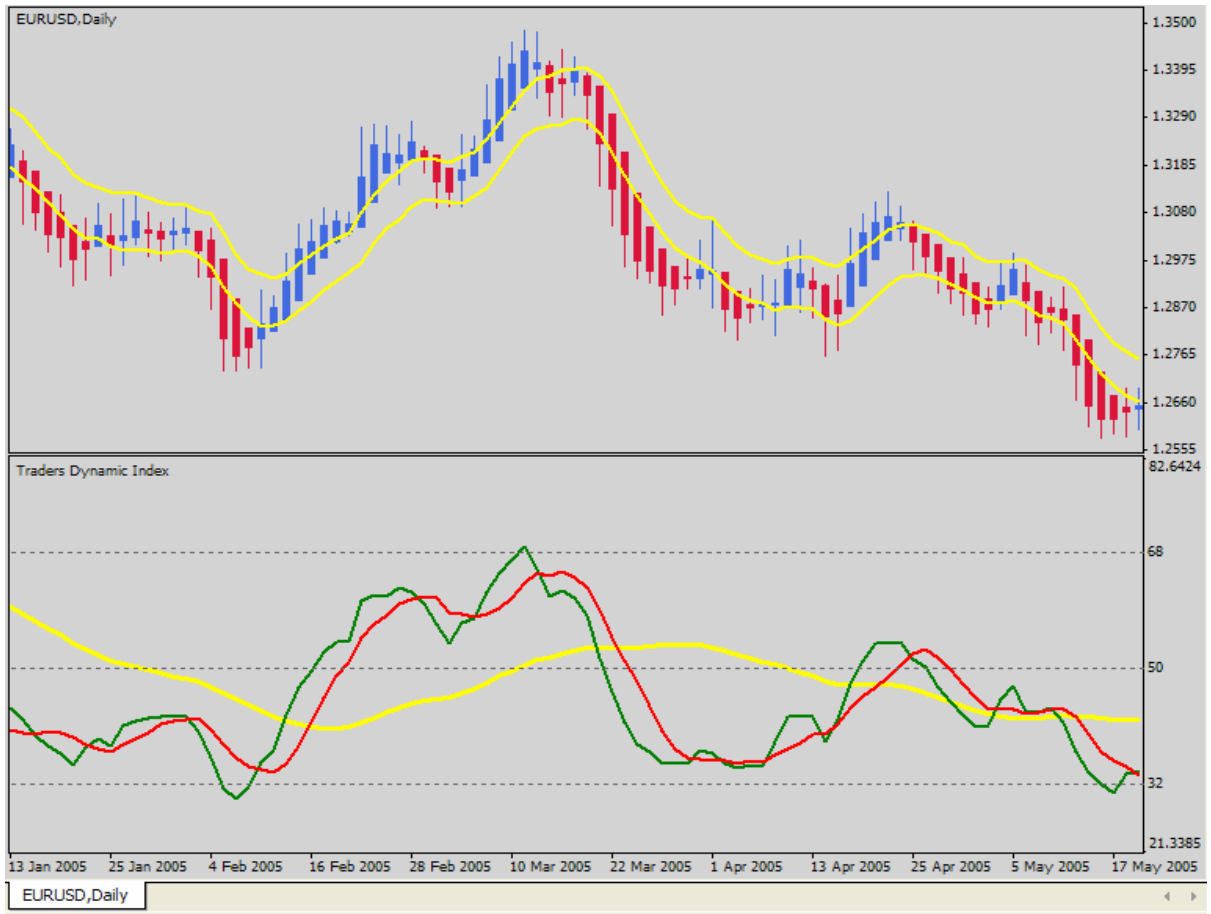
Rules: Market Base Line (MBL) is the Overall Trend.

Trade Long when Green is > Yellow line.

Trade Short when Green is < Yellow line.

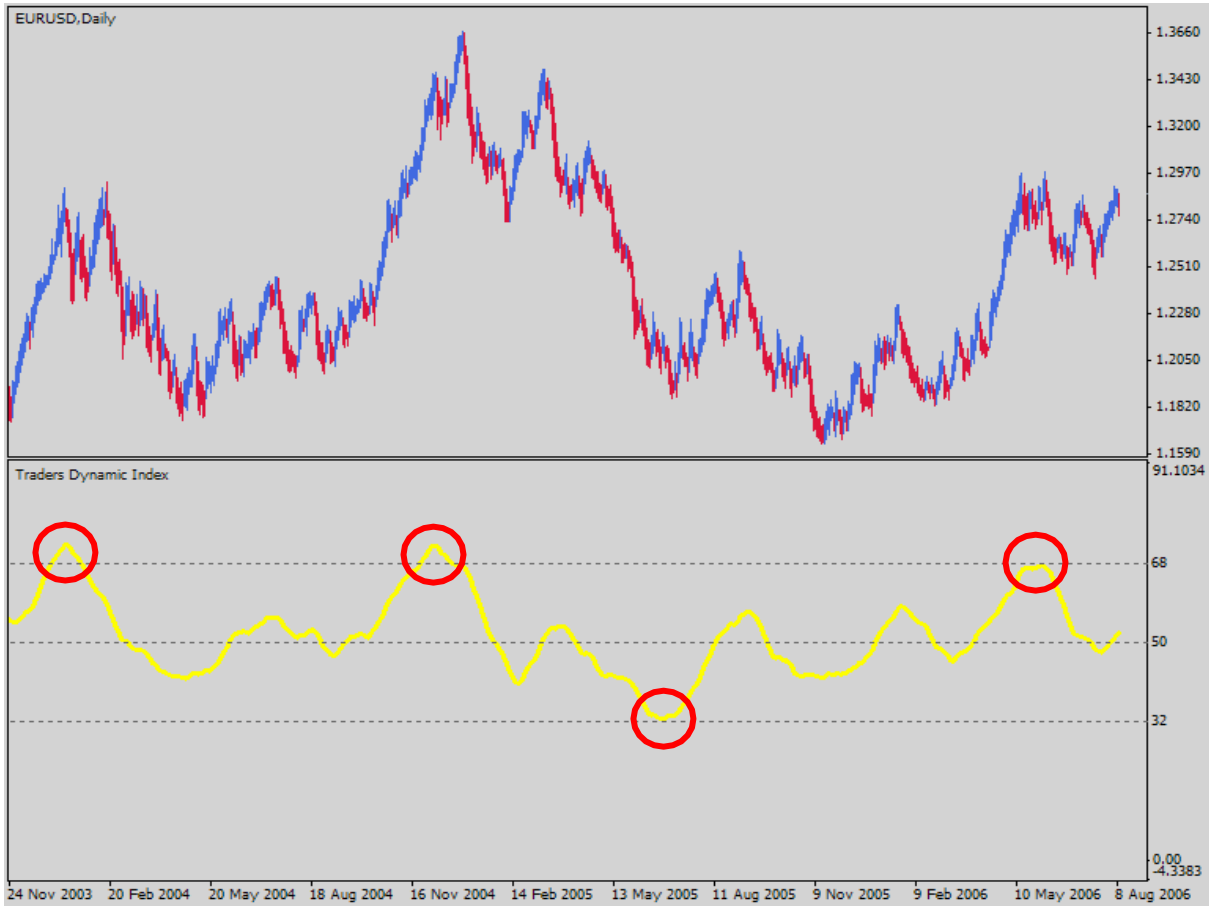
Traders Dynamic Index

Market Base Line compared to Price Action



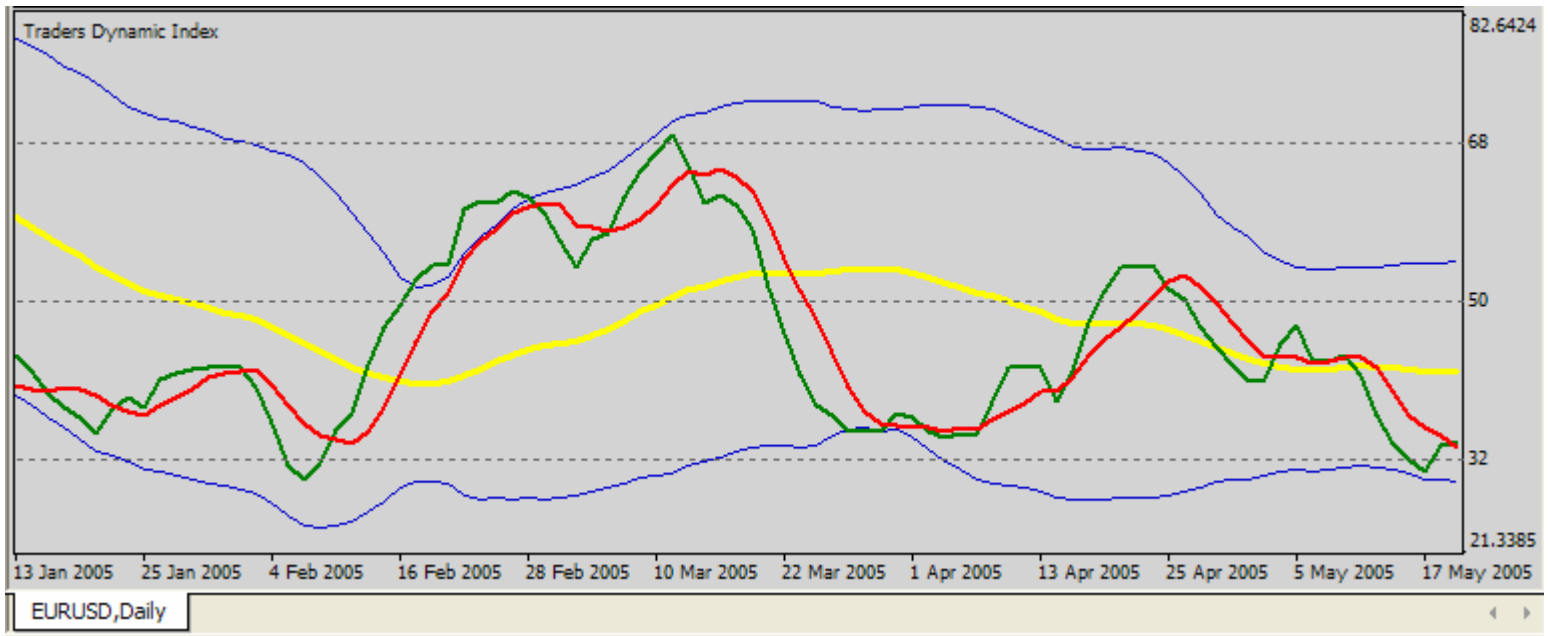
Traders Dynamic Index

Market Base Line forecasts Market Reversals



Traders Dynamic Index

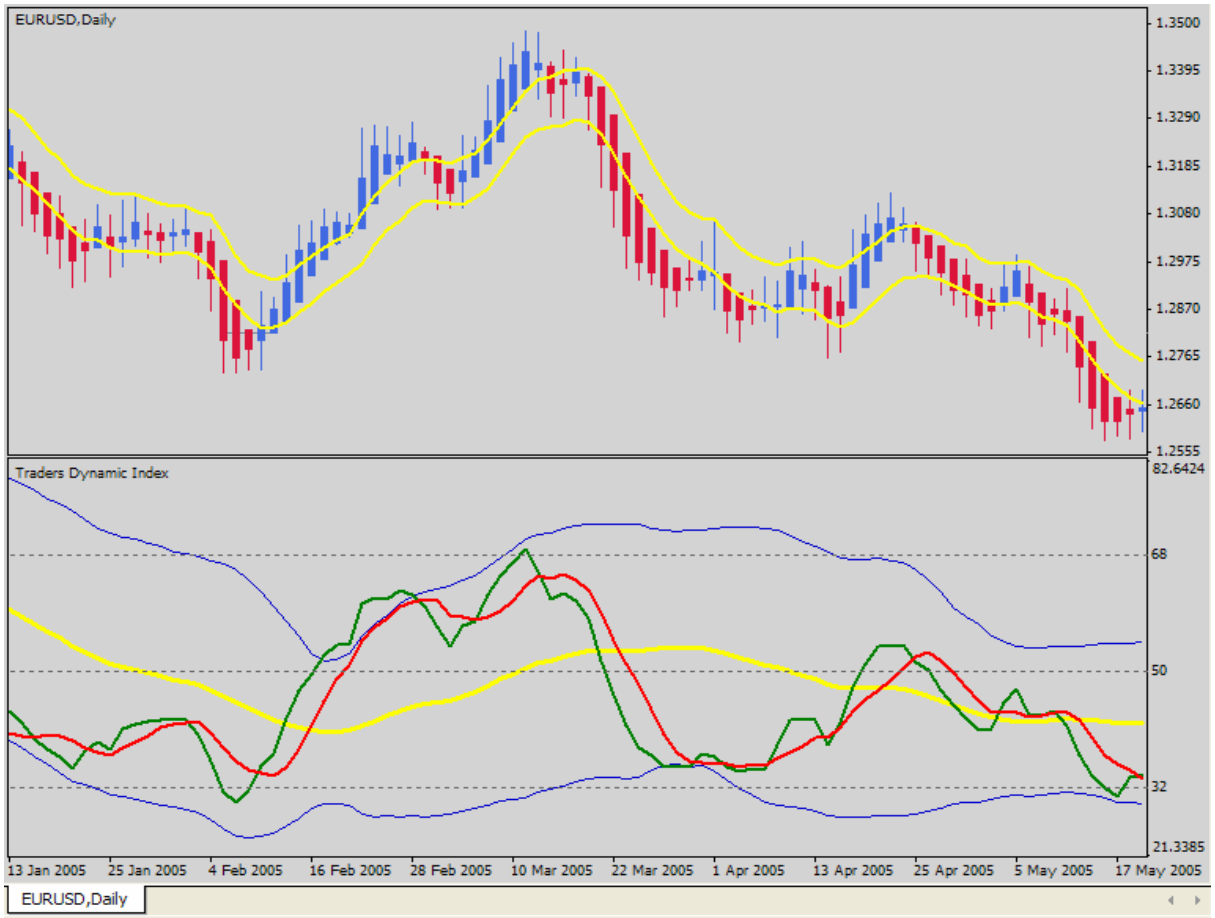
Step 4: Volatility Band (Blue) Lines



Rules: Possible to add to a Long when Green is > VB.
Possible to add to a Short when Green is < VB.
Consider exit when Green crosses back over VB.

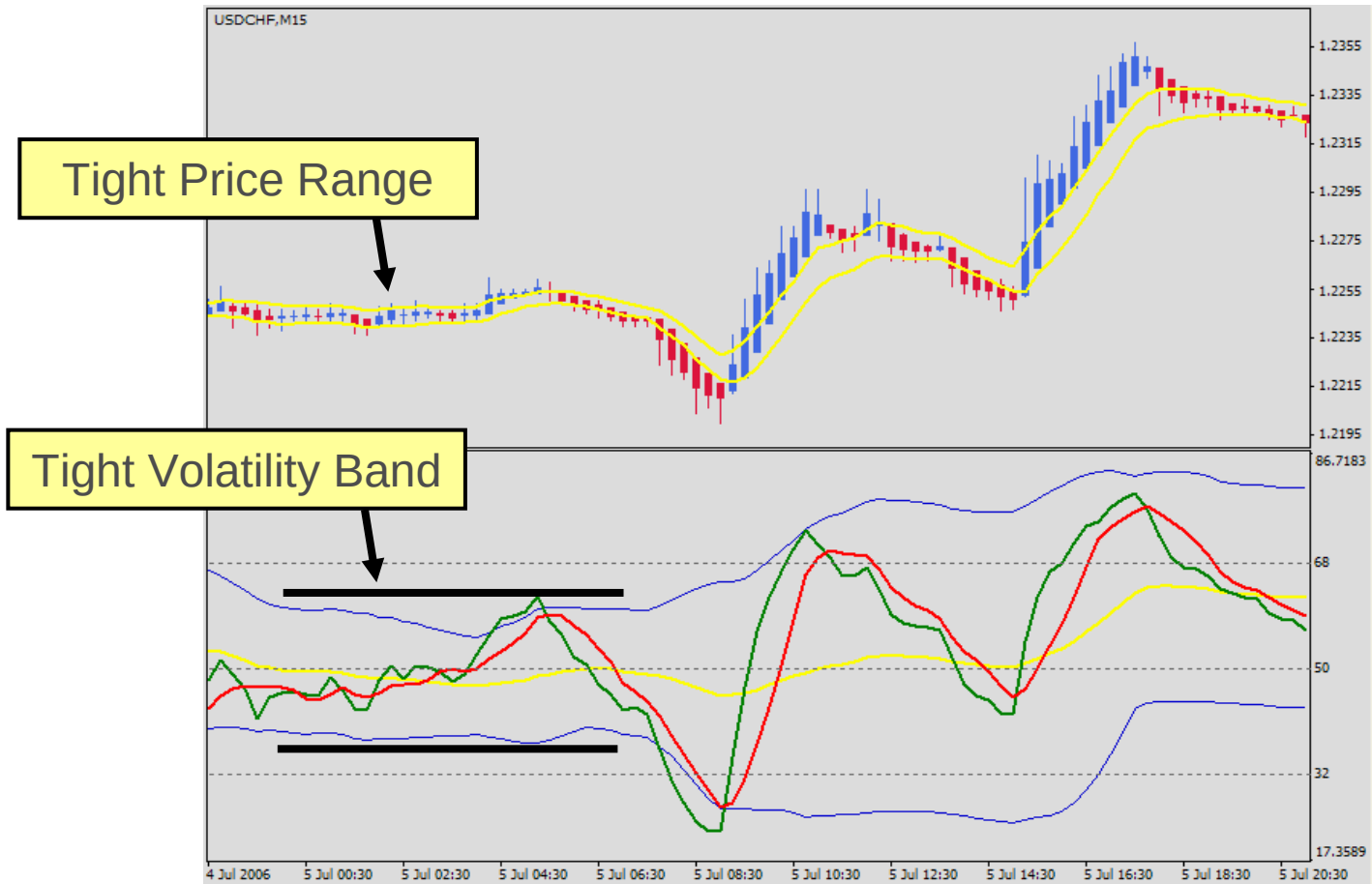
Traders Dynamic Index

Volatility Bands compared to Daily Price Action



Traders Dynamic Index

Volatility Bands compared to Intraday Price Action



SYNERGY Method
Entry Rules

SYNERGY Method

All systems GO!

Average Price Bars (APB)

- Look for Positive or Negative bars trending.
- Monitor the current **haClose**.
- **Long** entry = haClose > PAC High Moving Average
- **Short** entry = haClose < PAC Low Moving Average

SYNERGY Method

All systems GO!

Price Action Channel (PAC)

- Monitor the direction of the Channel.
- Monitor the High & Low Channel values in relation to the current haClose.
- **Long** entry = haClose > PAC High & PAC uptrend
- **Short** entry = haClose < PAC Low & PAC downtrend

SYNERGY Method

All systems GO!

Traders Dynamic Index (TDI)

- Long entry = RSI PL > 50, TSL, and MBL.

  (**Long** entry = **Green** line **>** 50, **Red** line, & Yellow line)

- Consider adding to Long if RSI PL > the upper Volatility Band and > 50, but < 68.

- Avoid entering a Long when RSI PL > the upper Volatility Band, > 50, and > 68.

SYNERGY Method

All systems GO!

Traders Dynamic Index (TDI)

- Short entry = RSI PL < 50, TSL, and MBL.

  (**Short** entry = **Green** line **<** 50, **Red** line, & Yellow line)

- Consider adding to Short if RSI PL < the lower Volatility Band and < 50, but > 32.

- Avoid entering a Short when RSI PL < the lower Volatility Band, < 50, and < 32.

SYNERGY Method Entry Setups

Long Entry: (*All conditions are satisfied.*)

1. APB haClose > PAC High Moving Average.
2. PAC trending up.
3. TDI = RSI PL > 50, TSL, and MBL.

Short Entry: (*All conditions are satisfied.*)

1. APB haClose < PAC Low Moving Average.
2. PAC trending down.
3. TDI = RSI PL < 50, TSL, and MBL.

SYNERGY Method
Exit Rules

SYNERGY Method

Exit Rules

- APB Long exit

  Positive bar is much shorter than the previous bar or changes to a negative bar at close.

- PAC Long exit

  APB closes inside the channel.

- TDI Long exit =

  1. Green crosses back below Red to the downside.
  2. Green > 68
  3. Green crosses back below the upper Volatility Band to the upside.

SYNERGY Method

Exit Rules

- APB Short exit

  Negative bar is much shorter than the previous bar or changes to a positive bar at close.

- PAC Short exit

  APB closes inside the channel.

- TDI Short exit

  1. Green crosses back over the Red to the upside.
  2. Green < 32.
  3. Green crosses back up over the lower Volatility Band.

SYNERGY Trades

SYNERGY Method

GBP/USD 5-minute

SYNERGY Method

GBP/USD 5-minute

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GBP/USD 5-minute

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GBP/USD 5-minute

SYNERGY Method

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