

Trade of the Week

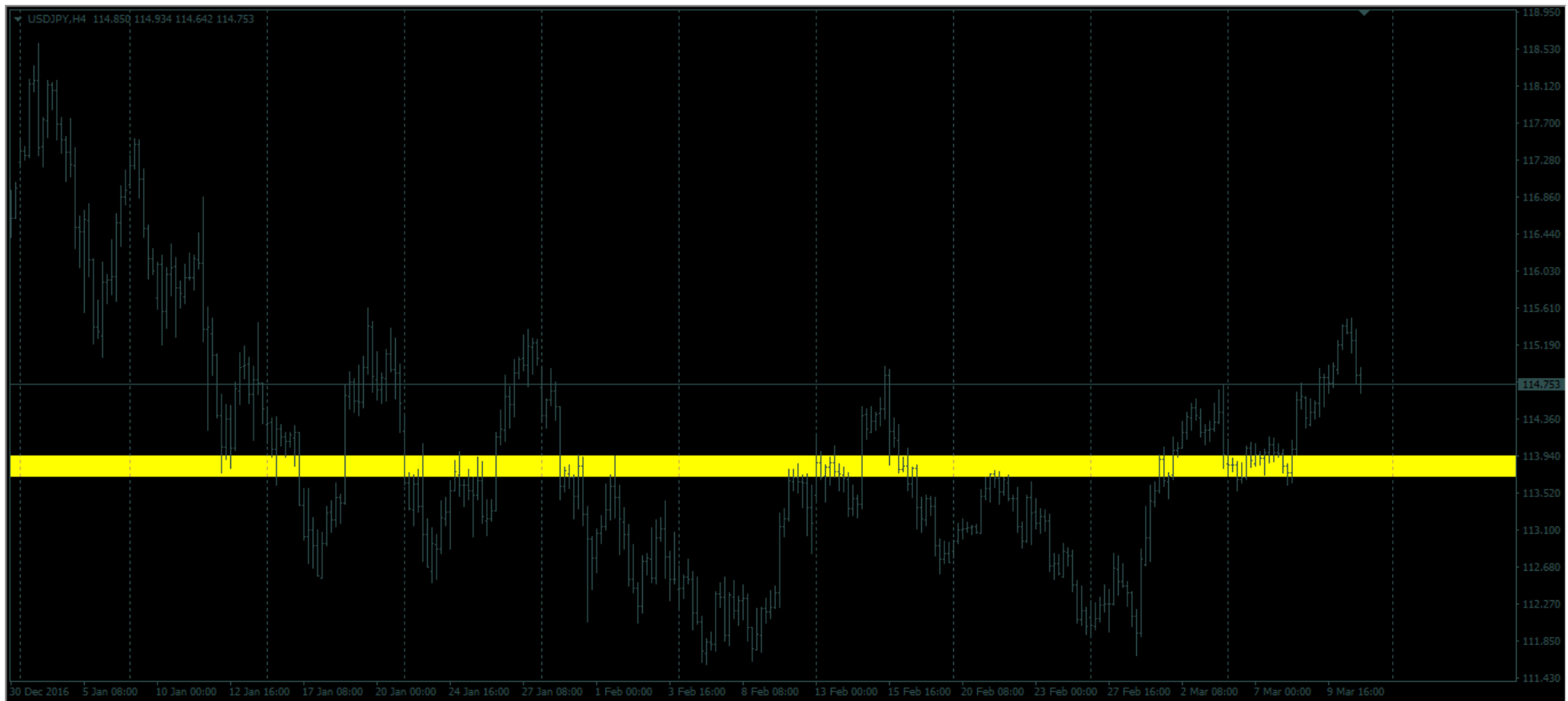
March 5th, 2017 to March 10th, 2017

example.001(usd.jpy)

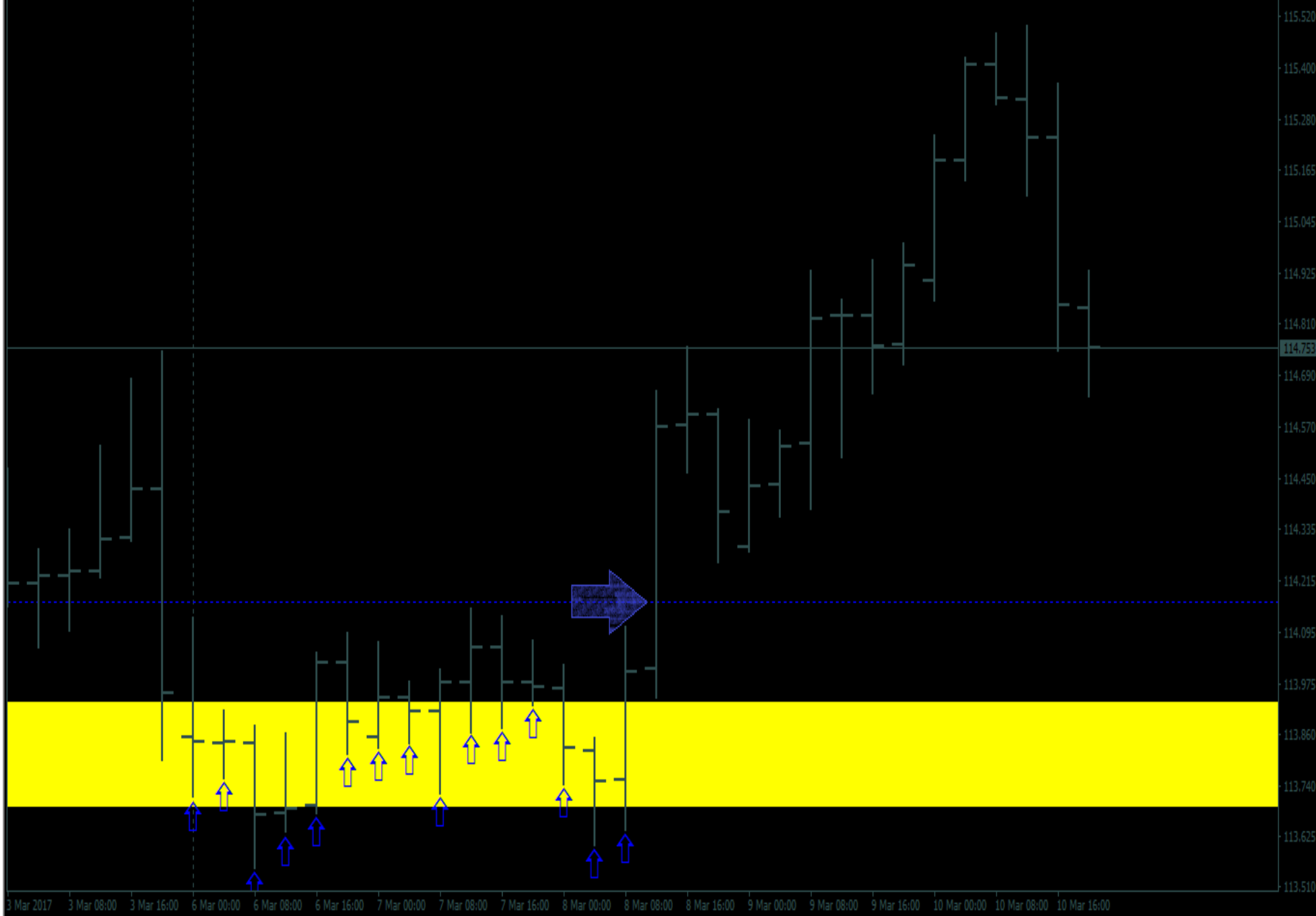
the yellow brick road shows the overall area of interest

example.002(usd.jpy)

15 candles reveal the market is in a range (vertical blue arrows)
buy when the market breaks the range (horizontal blue arrow)



USDJPY, H4 114.850 114.934 114.642 114.753



Trade

↕

+

2:00 PM

Balance:	300.00
Equity:	300.00
Free margin:	300.00

Trade

↕

+

4G 6:40 AM

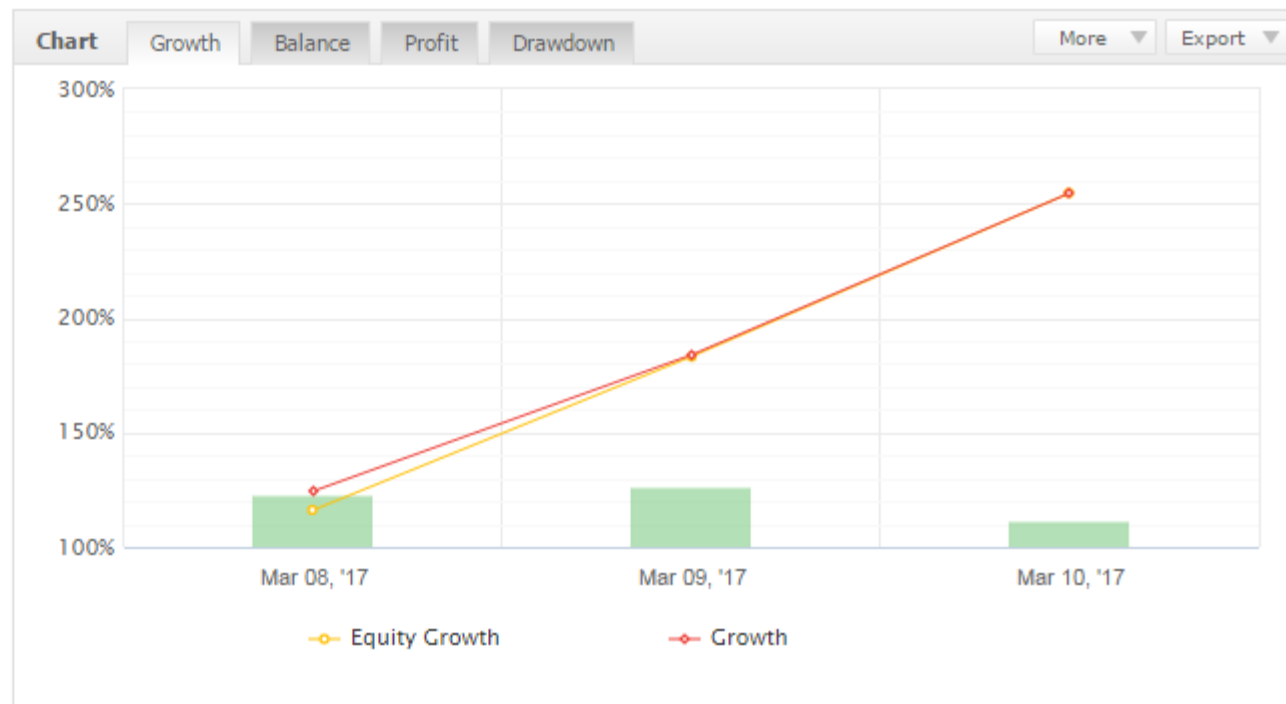
Balance:	1 063.78
Equity:	1 063.78
Free margin:	1 063.78
















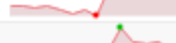























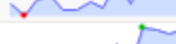


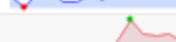



















NEVER GIVE UP

Go over, go under, go around, or go through.
But never give up.

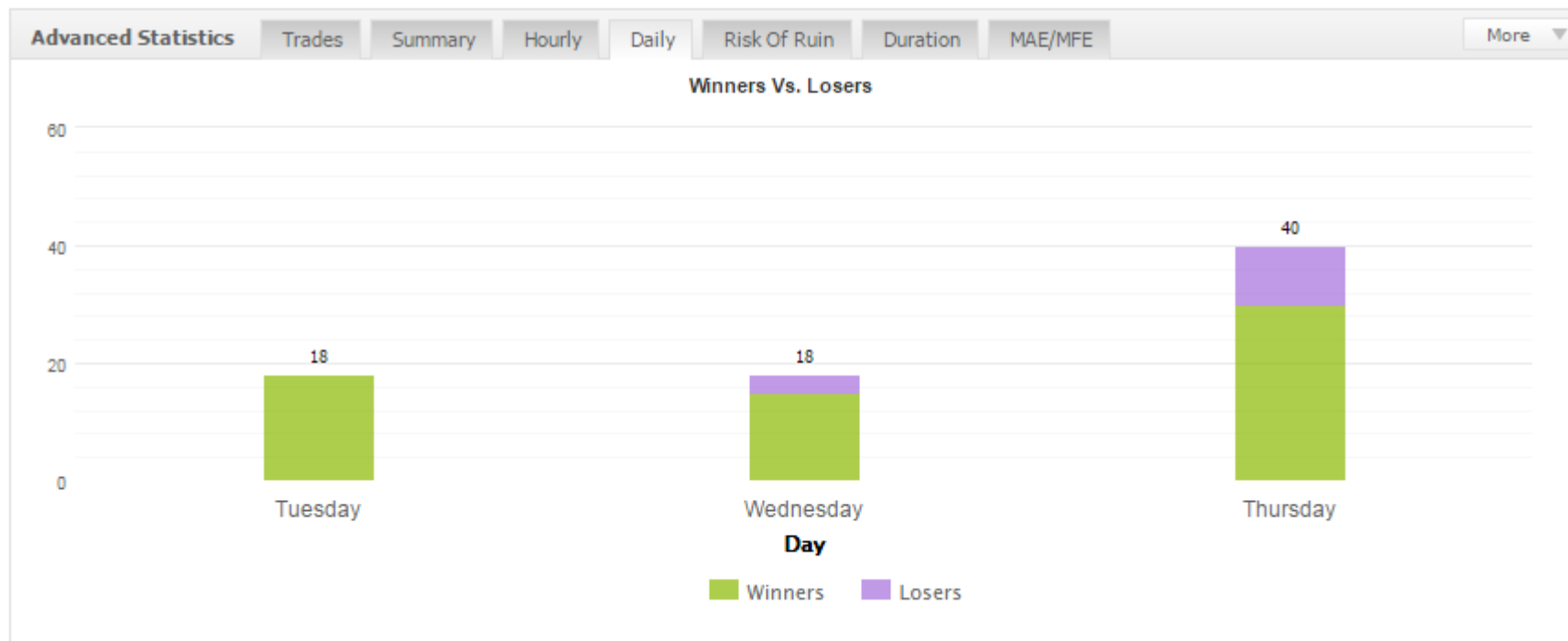
Info	Stats	General
Gain: +254.59%		
Abs. Gain: +254.59%		
Daily: 0.51%		
Monthly: 254.59%		
Drawdown: 3.73%		
Balance: \$1063.78		
Equity: \$1063.78		
Highest: (Mar 10) \$1063.78		
Profit: \$763.78		
Interest: -\$3.48		
Deposits: \$300.00		
Withdrawals: \$0.00		
Updated: 4 Minutes ago		
Tracking 0		



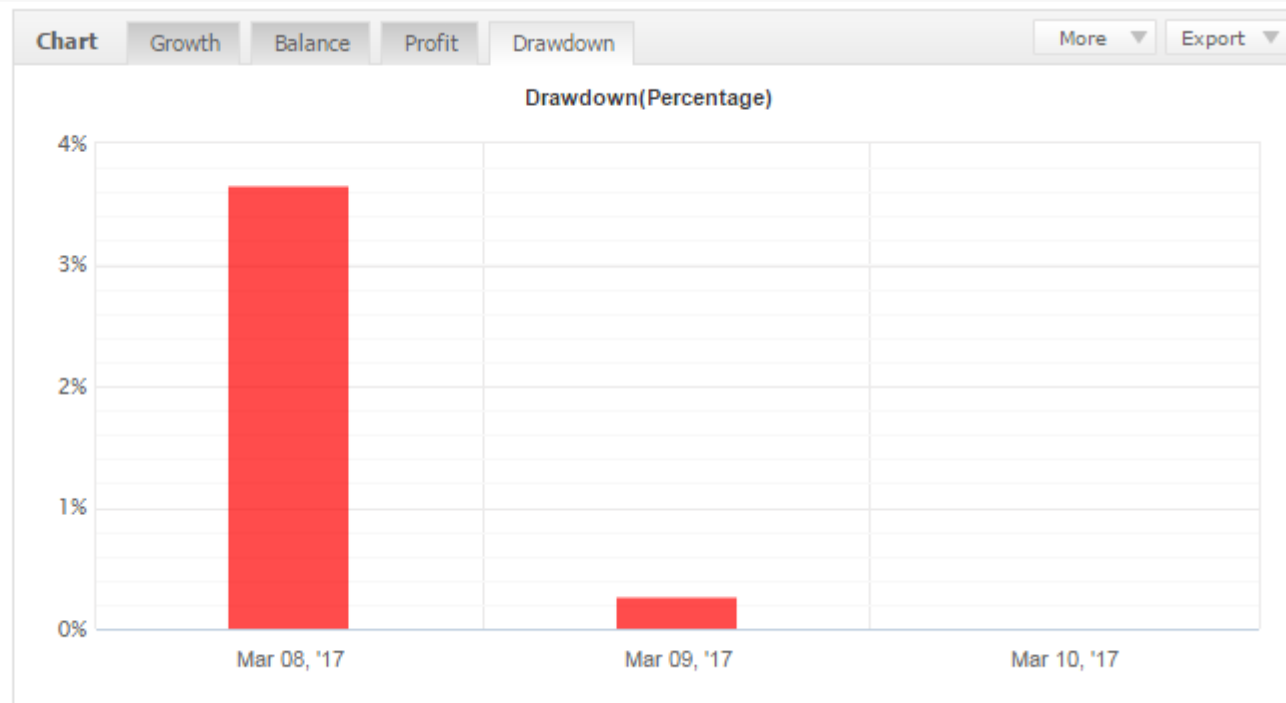
Trading Activity														
Open Trades (0)		Open Orders (0)		History (77)			Exposure							
Open Date	Close date ▼	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain		
03.09.2017 16:36	03.10.2017 12:28	NZDJPY	Buy	0.04	-	80.200	79.30000	79.85900	55.9	19.35	19h 51m	1.85%		
03.09.2017 16:11	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.34400	79.86200	51.8	17.93	20h 16m	1.75%		
03.09.2017 16:35	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.30300	79.86100	55.8	19.32	19h 52m	1.92%		
03.09.2017 16:35	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.29700	79.86100	56.4	19.52	19h 52m	1.98%		
03.09.2017 16:35	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.30200	79.86100	55.9	19.35	19h 52m	2.00%		
03.09.2017 16:36	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.29300	79.86200	56.9	19.70	19h 51m	2.08%		
03.09.2017 16:36	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.29500	79.86200	56.7	19.62	19h 51m	2.11%		
03.09.2017 16:11	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.34500	79.86500	52.0	18.00	20h 15m	1.98%		
03.09.2017 16:11	03.10.2017 12:27	NZDJPY	Buy	0.04	-	80.200	79.34600	79.86700	52.1	18.03	20h 15m	2.02%		
03.09.2017 16:10	03.10.2017 12:27	NZDJPY	Buy	0.03	-	80.200	79.33200	79.86400	53.2	13.82	20h 16m	1.57%		
03.09.2017 16:10	03.10.2017 12:27	NZDJPY	Buy	0.03	-	80.200	79.33100	79.85900	52.8	13.73	20h 16m	1.59%		
03.09.2017 16:10	03.10.2017 12:27	NZDJPY	Buy	0.03	-	80.200	79.33400	79.86200	52.8	13.72	20h 16m	1.61%		
03.09.2017 19:01	03.09.2017 20:43	EURUSD	Buy	0.04	-	-	1.05831	1.05930	9.9	3.71	1h 42m	0.44%		
03.09.2017 19:01	03.09.2017 20:43	EURUSD	Buy	0.04	-	-	1.05829	1.05927	9.8	3.67	1h 42m	0.43%		
03.09.2017 19:01	03.09.2017 20:43	EURUSD	Buy	0.04	-	-	1.05829	1.05926	9.7	3.63	1h 42m	0.43%		
03.09.2017 12:44	03.09.2017 16:01	EURUSD	Sell	0.03	-	-	1.05615	1.05825	-21.0	-6.49	3h 17m	-0.77%		
03.09.2017 12:43	03.09.2017 16:01	EURUSD	Sell	0.03	-	-	1.05615	1.05832	-21.7	-6.70	3h 17m	-0.78%		
03.09.2017 12:44	03.09.2017 16:01	EURUSD	Sell	0.03	-	-	1.05615	1.05838	-22.3	-6.88	3h 17m	-0.80%		
03.09.2017 03:23	03.09.2017 16:01	GBPJPY	Buy	0.03	-	140.000	139.32600	139.92000	59.4	15.30	12h 38m	1.81%		
03.09.2017 03:23	03.09.2017 16:01	GBPJPY	Buy	0.03	-	140.000	139.32300	139.91800	59.5	15.33	12h 37m	1.85%		

Trading Activity		Open Trades (0)	Open Orders (0)	History (77)	Exposure											More
Open Date	Close date	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain				
 03.09.2017 03:23	03.09.2017 16:01	GBPJPY	Buy	0.03	-	140.000	139.33000	139.91000	58.0	14.93	12h 37m	1.83%				
 03.09.2017 12:43	03.09.2017 16:00	EURUSD	Sell	0.03	-	-	1.05619	1.05825	-20.6	-6.37	3h 17m	-0.78%				
 03.09.2017 12:43	03.09.2017 16:00	EURUSD	Sell	0.03	-	-	1.05615	1.05829	-21.4	-6.61	3h 17m	-0.80%				
 03.09.2017 12:43	03.09.2017 16:00	EURUSD	Sell	0.03	-	-	1.05614	1.05819	-20.5	-6.34	3h 17m	-0.76%				
 03.09.2017 12:44	03.09.2017 16:00	EURUSD	Sell	0.03	-	-	1.05609	1.05809	-20.0	-6.19	3h 16m	-0.74%				
 03.09.2017 12:44	03.09.2017 16:00	EURUSD	Sell	0.03	-	-	1.05608	1.05805	-19.7	-6.10	3h 16m	-0.72%				
 03.09.2017 03:21	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.33600	139.90400	56.8	14.62	12h 38m	1.76%				
 03.09.2017 03:21	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.34000	139.91600	57.6	14.83	12h 38m	1.81%				
 03.09.2017 03:21	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.33900	139.91300	57.4	14.78	12h 39m	1.84%				
 03.08.2017 22:34	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.10500	139.91200	80.7	20.67	17h 25m	2.64%				
 03.08.2017 20:20	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.25300	139.91700	66.4	16.94	19h 39m	2.21%				
 03.08.2017 22:34	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.09500	139.89600	80.1	20.51	17h 25m	2.76%				
 03.08.2017 22:34	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.09900	139.94900	85.0	21.80	17h 25m	3.02%				
 03.08.2017 20:20	03.09.2017 16:00	GBPJPY	Buy	0.03	-	140.000	139.26400	139.93500	67.1	17.12	19h 39m	2.43%				
 03.08.2017 20:20	03.09.2017 15:59	GBPJPY	Buy	0.03	-	140.000	139.26600	139.90900	64.3	16.39	19h 39m	2.38%				
 03.09.2017 12:43	03.09.2017 15:59	EURUSD	Sell	0.03	-	-	1.05615	1.05853	-23.8	-7.33	3h 16m	-1.05%				
 03.09.2017 03:27	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88700	84.96100	7.4	1.80	12h 32m	0.26%				
 03.09.2017 03:27	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88500	84.95900	7.4	1.80	12h 32m	0.26%				
 03.09.2017 03:27	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88500	84.95900	7.4	1.81	12h 32m	0.26%				
 03.09.2017 03:23	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88500	84.96200	7.7	1.89	12h 35m	0.27%				
Previous 1 2 3 4 Next																

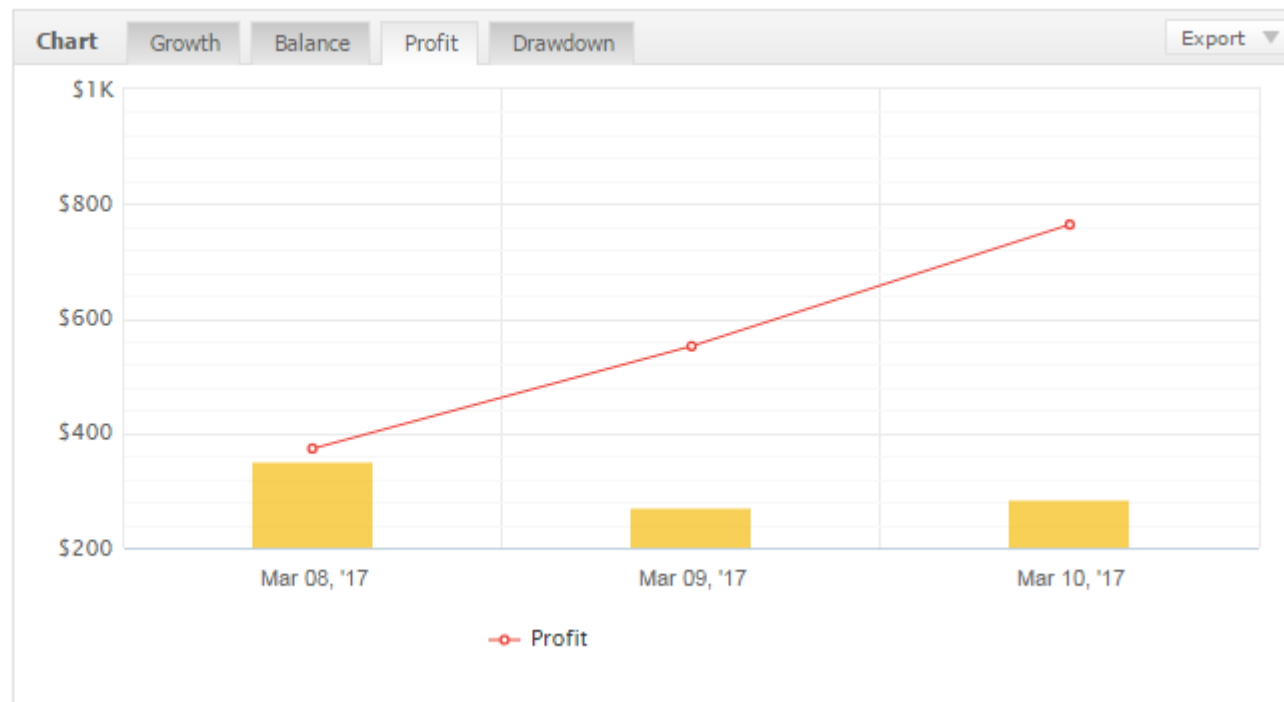
Trading Activity														
Open Trades (0)		Open Orders (0)		History (77)		Exposure		More ▾						
Open Date	Close date ▾	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain		
03.09.2017 03:23	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88300	84.96200	7.9	1.94	12h 36m	0.28%		
03.09.2017 01:05	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.80100	84.96300	16.2	4.10	14h 54m	0.60%		
03.09.2017 03:23	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.88400	84.97000	8.6	2.11	12h 35m	0.31%		
03.09.2017 01:05	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.80500	84.97300	16.8	4.26	14h 53m	0.63%		
03.09.2017 01:05	03.09.2017 15:59	CADJPY	Buy	0.03	-	-	84.80100	84.97300	17.2	4.37	14h 53m	0.65%		
03.09.2017 03:21	03.09.2017 03:21	GBPJPY	Sell	0.03	-	-	139.31800	139.34000	-2.2	-0.80	15s	-0.12%		
03.08.2017 16:41	03.08.2017 17:11	GBPJPY	Sell	0.03	-	-	139.39700	139.31900	7.8	1.83	30m	0.27%		
03.08.2017 16:41	03.08.2017 17:11	GBPJPY	Sell	0.03	-	-	139.40900	139.31800	9.1	2.17	30m	0.32%		
03.08.2017 16:41	03.08.2017 17:11	GBPJPY	Sell	0.03	-	-	139.41000	139.30500	10.5	2.53	30m	0.38%		
03.08.2017 04:53	03.08.2017 16:19	USDJPY	Buy	0.03	-	-	113.79800	114.70200	90.4	23.46	11h 25m	3.65%		
03.08.2017 04:53	03.08.2017 16:19	USDJPY	Buy	0.03	-	-	113.79900	114.69900	90.0	23.36	11h 25m	3.77%		
03.07.2017 05:34	03.08.2017 16:19	USDJPY	Buy	0.03	-	-	113.94500	114.70500	76.0	19.61	1d	3.27%		
03.07.2017 05:34	03.08.2017 16:19	USDJPY	Buy	0.03	-	-	113.94500	114.70100	75.6	19.50	1d	3.36%		
03.08.2017 04:53	03.08.2017 16:19	USDJPY	Buy	0.03	-	-	113.79900	114.69500	89.6	23.26	11h 25m	4.17%		
03.07.2017 05:33	03.08.2017 16:18	USDJPY	Buy	0.03	-	-	113.94000	114.69000	75.0	19.35	1d	3.60%		
03.08.2017 05:41	03.08.2017 16:18	EURAUD	Buy	0.03	-	-	1.38969	1.40096	112.7	25.28	10h 37m	4.93%		
03.08.2017 05:41	03.08.2017 16:18	EURAUD	Buy	0.03	-	-	1.38984	1.40101	111.7	25.06	10h 37m	5.14%		
03.08.2017 05:41	03.08.2017 16:18	EURAUD	Buy	0.03	-	-	1.38984	1.40102	111.8	25.08	10h 37m	5.42%		
03.07.2017 22:21	03.08.2017 16:18	EURAUD	Buy	0.03	-	-	1.39244	1.40103	85.9	18.83	17h 57m	4.24%		
03.07.2017 22:21	03.08.2017 16:18	EURAUD	Buy	0.03	-	-	1.39243	1.40109	86.6	18.99	17h 57m	4.47%		
													Previous	1 2 3 4 Next



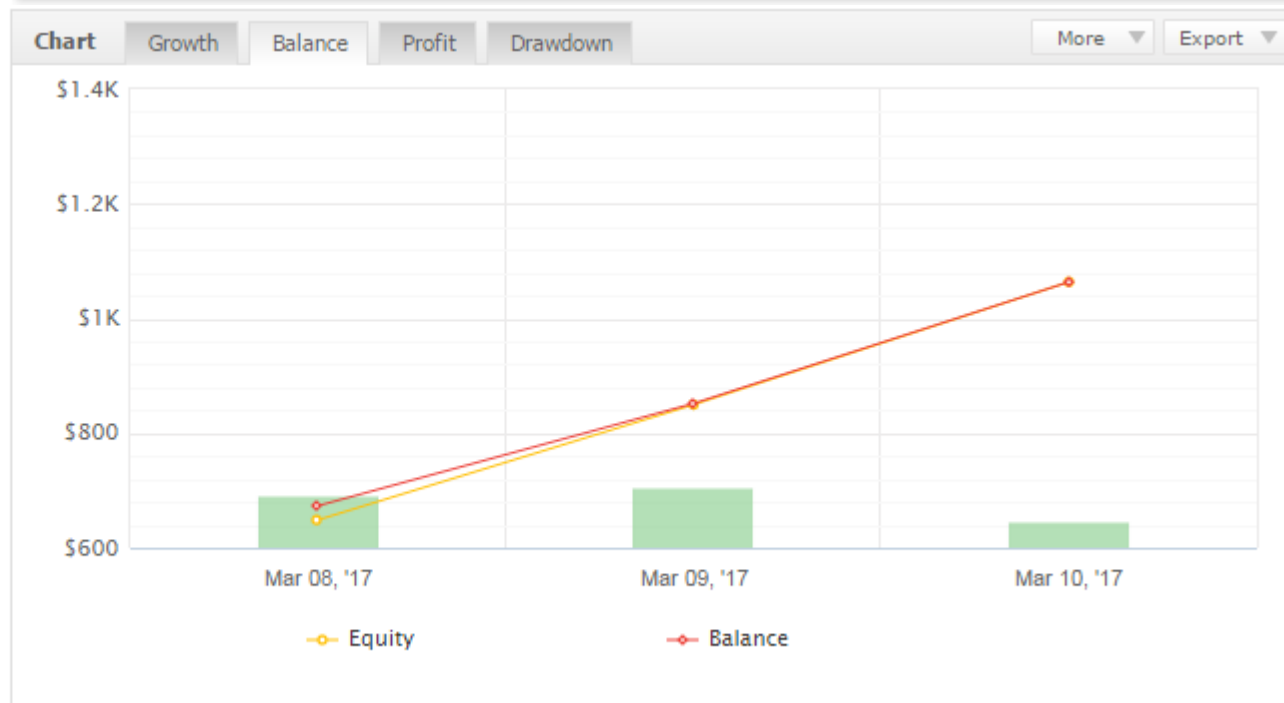
Info		Stats	General
Gain:		+254.59%	
Abs. Gain:		+254.59%	
Daily:		13.49%	
Monthly:		254.59%	
Drawdown:		3.73%	
Balance:		\$1063.78	
Equity:		\$1063.78	
Highest:		(Mar 10) \$1063.78	
Profit:		\$763.78	
Interest:		-\$3.48	
Deposits:		\$300.00	
Withdrawals:		\$0.00	
Updated:		14 Minutes ago	
Tracking		0	

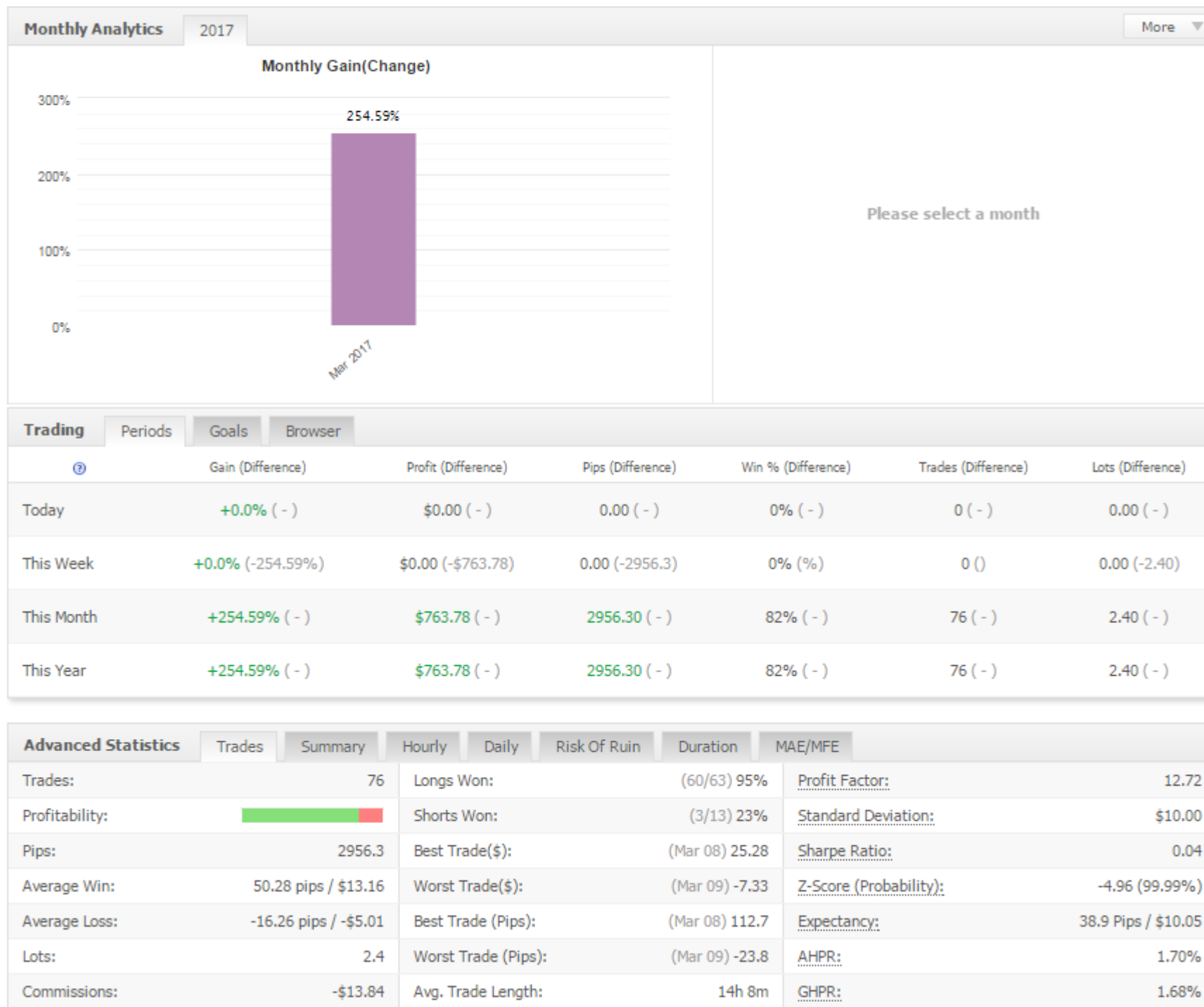


Info	Stats	General
Gain: +254.59%		
Abs. Gain: +254.59%		
Daily:	13.49%	
Monthly:	254.59%	
Drawdown:	3.73%	
Balance:	\$1063.78	
Equity:	\$1063.78	
Highest:	(Mar 10) \$1063.78	
Profit:	\$763.78	
Interest:	-\$3.48	
Deposits:	\$300.00	
Withdrawals:	\$0.00	
Updated:	14 Minutes ago	
Tracking	0	



Info	Stats	General
Gain: +254.59%		
Abs. Gain: +254.59%		
Daily:	13.49%	
Monthly:	254.59%	
Drawdown:	3.73%	
Balance:	\$1063.78	
Equity:	\$1063.78	
Highest:	(Mar 10) \$1063.78	
Profit:	\$763.78	
Interest:	-\$3.48	
Deposits:	\$300.00	
Withdrawals:	\$0.00	
Updated:	13 Minutes ago	
Tracking	0	





BEFORE I FORMED YOU IN THE WOMB

I knew you,

BEFORE YOU WERE BORN

I set you apart

JEREMIAH 1:5

**WORK HARD IN SILENCE;
LET SUCCESS MAKE THE NOISE.**



A much needed word in all aspects of life including trading.





Consistency is key.



Trade



Balance:	100.00
Equity:	100.00
Free margin:	100.00



Trade of the Week

April 16th, 2017 to April 21st, 2017

example.003(eur.aud)

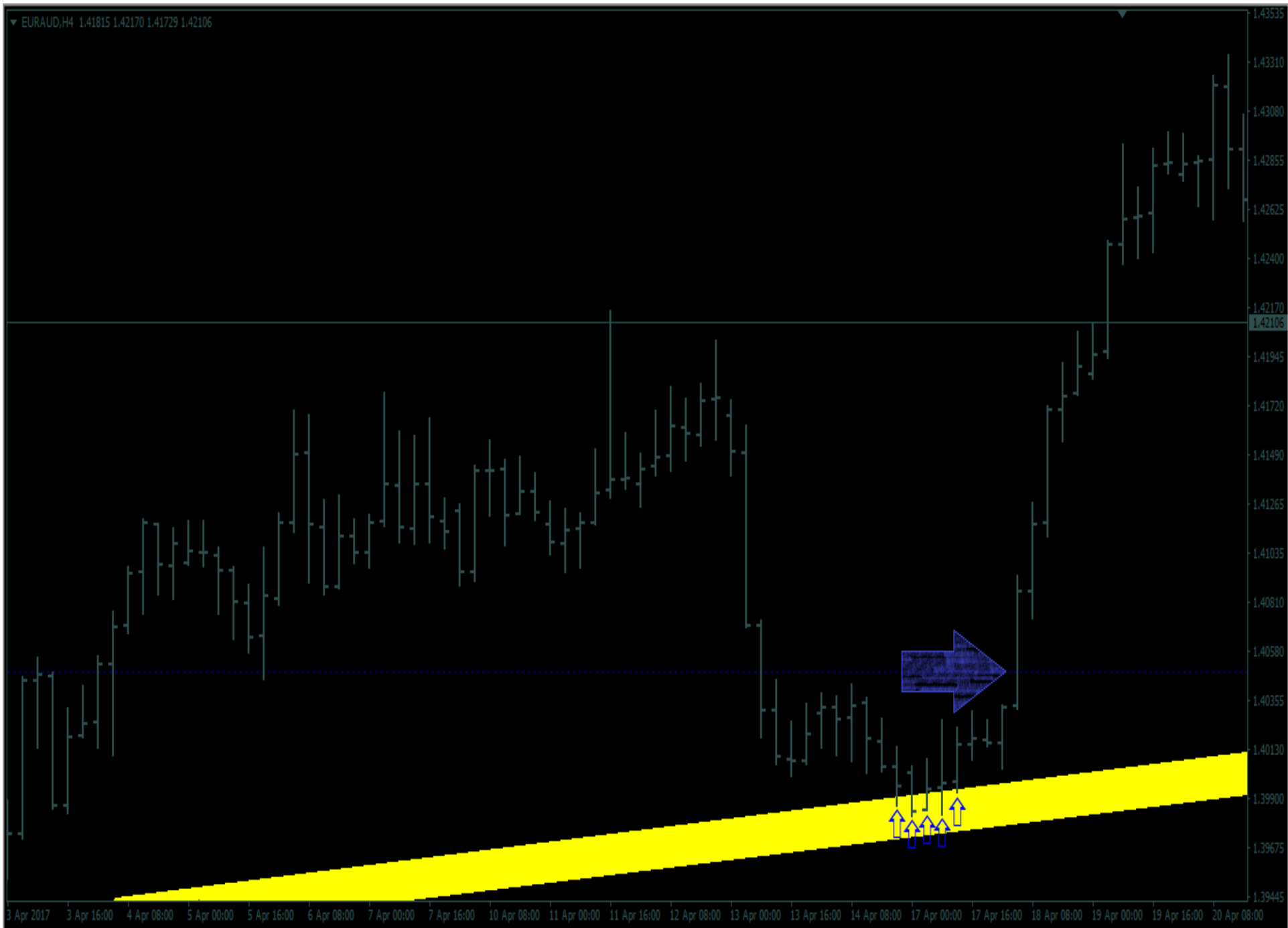
the yellow brick road shows the overall area of interest

example.004(eur.aud)

5 candles reveal an interested area to analyze price movements (vertical blue arrows)

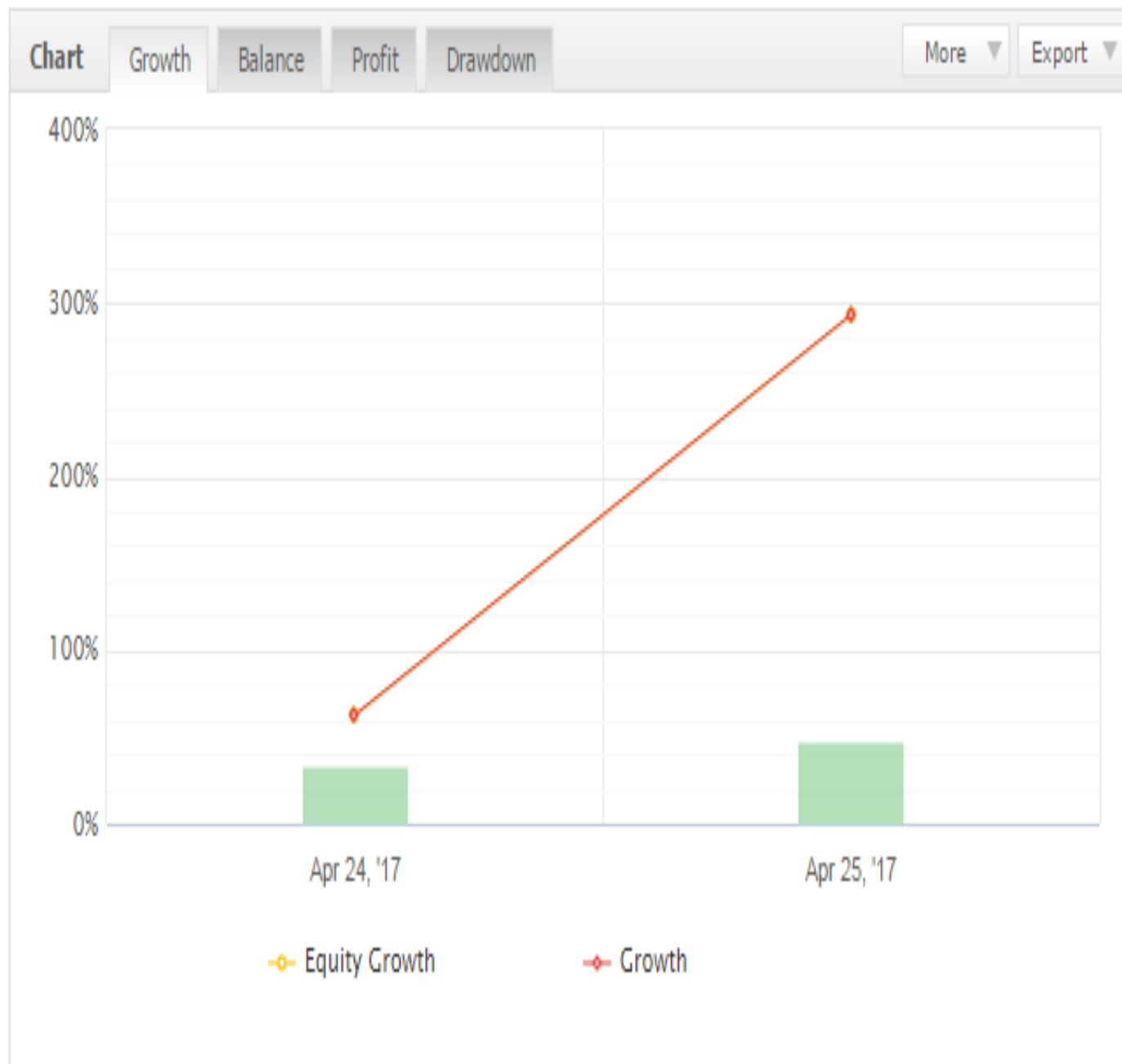
buy when the market moves in favor (horizontal blue arrow)





Balance:	393.16
Equity:	393.16
Free margin:	393.16

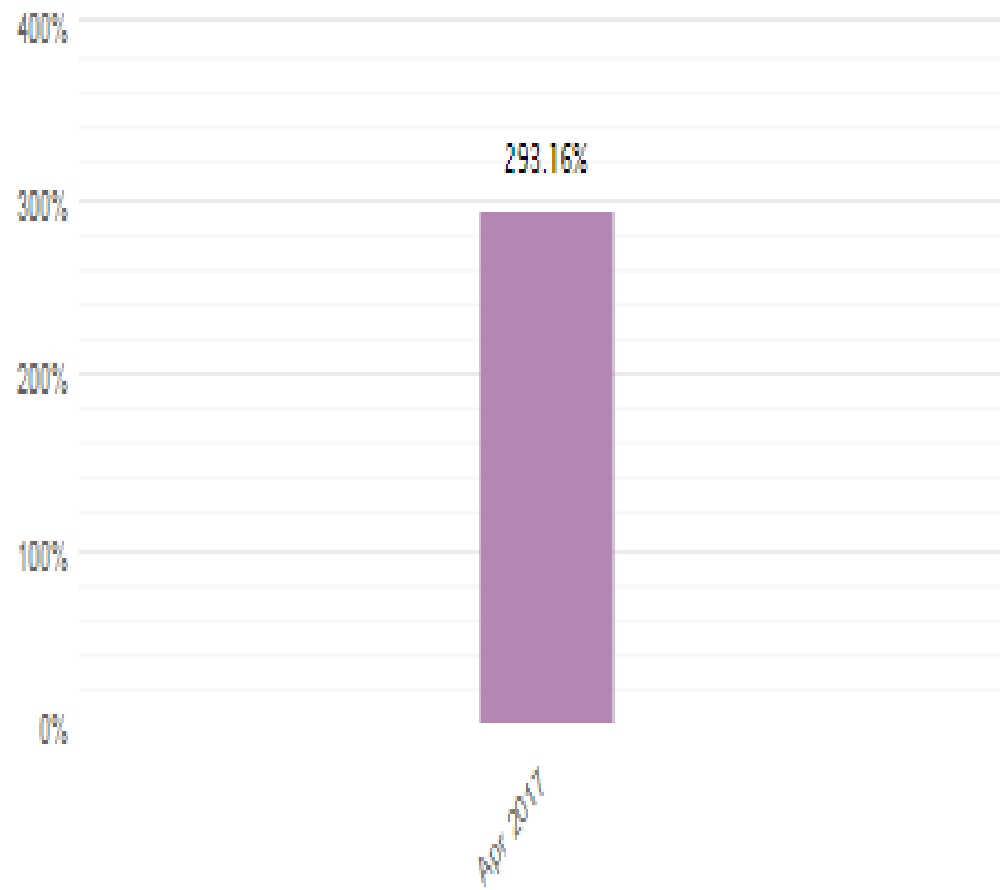
Info	Stats	General
Gain:	+293.16%	
Abs. Gain:	+293.16%	
Daily:	0.48%	
Monthly:	293.16%	
Drawdown:	6.73%	
Balance:	\$393.16	
Equity:	(100.00%) \$393.16	
Highest:	(Apr 25) \$393.16	
Profit:	\$293.16	
Interest:	-\$9.14	
Deposits:	\$100.00	
Withdrawals:	\$0.00	
Updated:	20 Minutes ago	
Tracking	0	



Trading	Periods	Goals	Browser				
③		Gain (Difference)	Profit (Difference)	Pips (Difference)	Win % (Difference)	Trades (Difference)	Lots (Difference)
Today		+141.8% (+79.20%)	\$230.56 (+\$167.96)	250.90 (+142.5)	90% (%)	11 ()	0.95 (+0.30)
This Week		+293.16% (-)	\$293.16 (-)	359.30 (-)	89% (-)	19 (-)	1.60 (-)
This Month		+293.16% (-)	\$293.16 (-)	359.30 (-)	89% (-)	19 (-)	1.60 (-)
This Year		+293.16% (-)	\$293.16 (-)	359.30 (-)	89% (-)	19 (-)	1.60 (-)

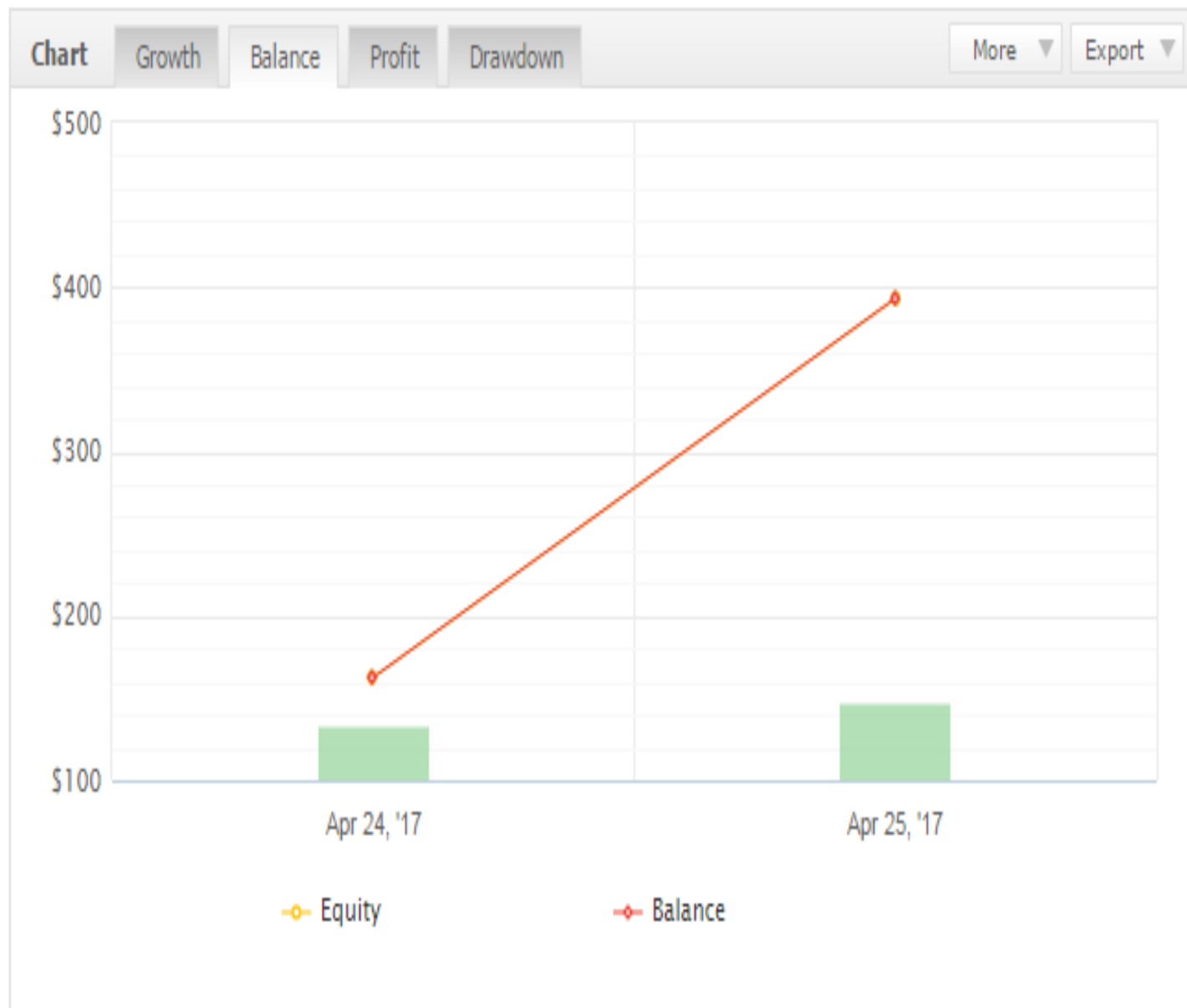
Advanced Statistics	Trades	Summary	Hourly	Daily	Risk Of Ruin	Duration	MAE/MFE		
Trades:		19	Longs Won:		(12/12) 100%	Profit Factor:		13.16	
Profitability:		<div><div></div></div>	Shorts Won:		(5/7) 71%	Standard Deviation:		\$17.78	
Pips:		359.3	Best Trade(\$):		(Apr 25) 50.23	Sharpe Ratio:		0.14	
Average Win:		24.81 pips / \$18.66	Worst Trade(\$):		(Apr 25) -23.37	Z-Score (Probability):		1.29 (80.29%)	
Average Loss:		-31.25 pips / -\$12.06	Best Trade (Pips):		(Apr 25) 57.2	Expectancy:		18.9 Pips / \$15.43	
Lots:		1.6	Worst Trade (Pips):		(Apr 25) -62.4	AHPR:		7.71%	
Commissions:		-\$10.43	Avg. Trade Length:		9h 13m	GHPR:		7.47%	

Monthly Gain(Change)

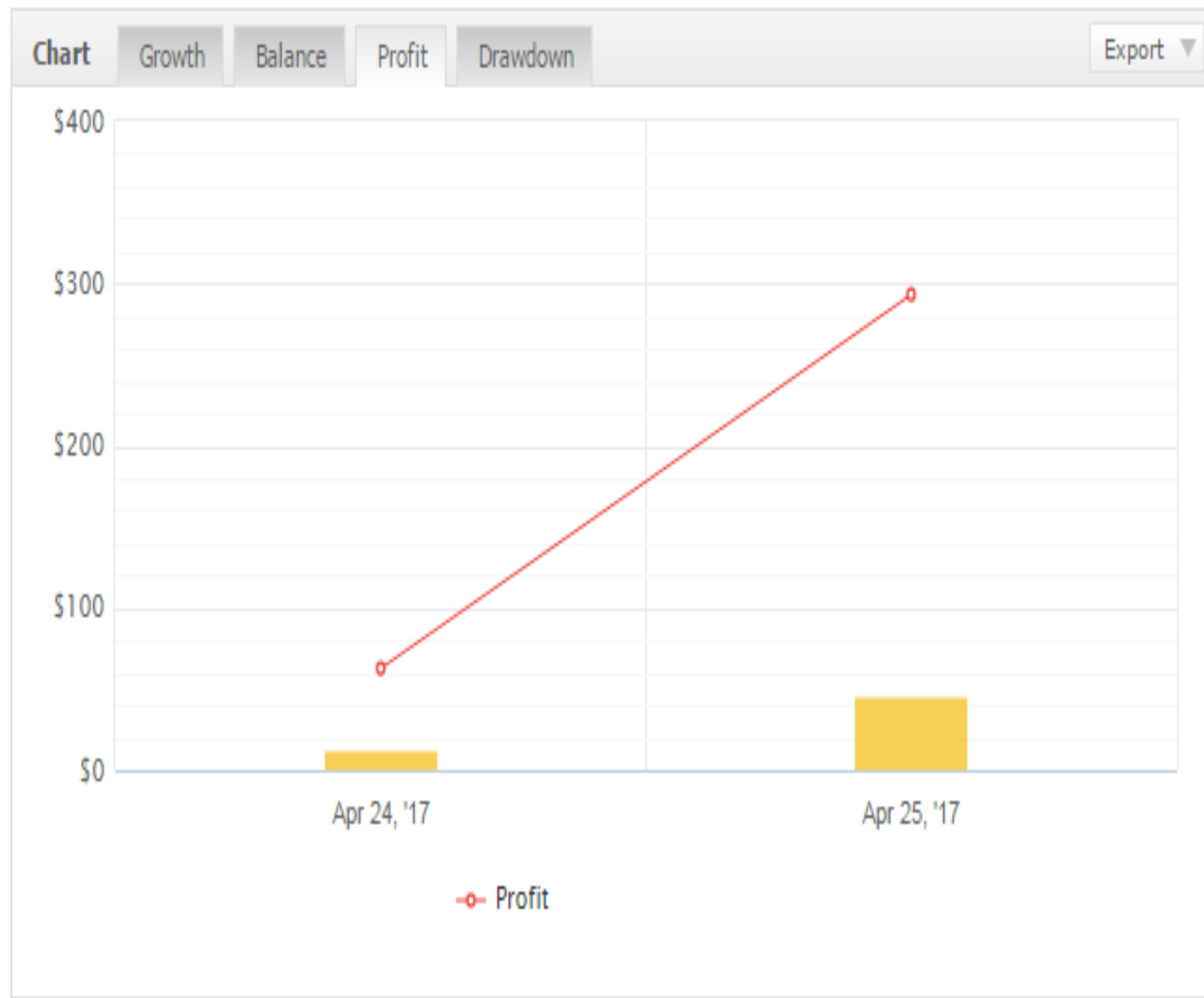


Please select a month

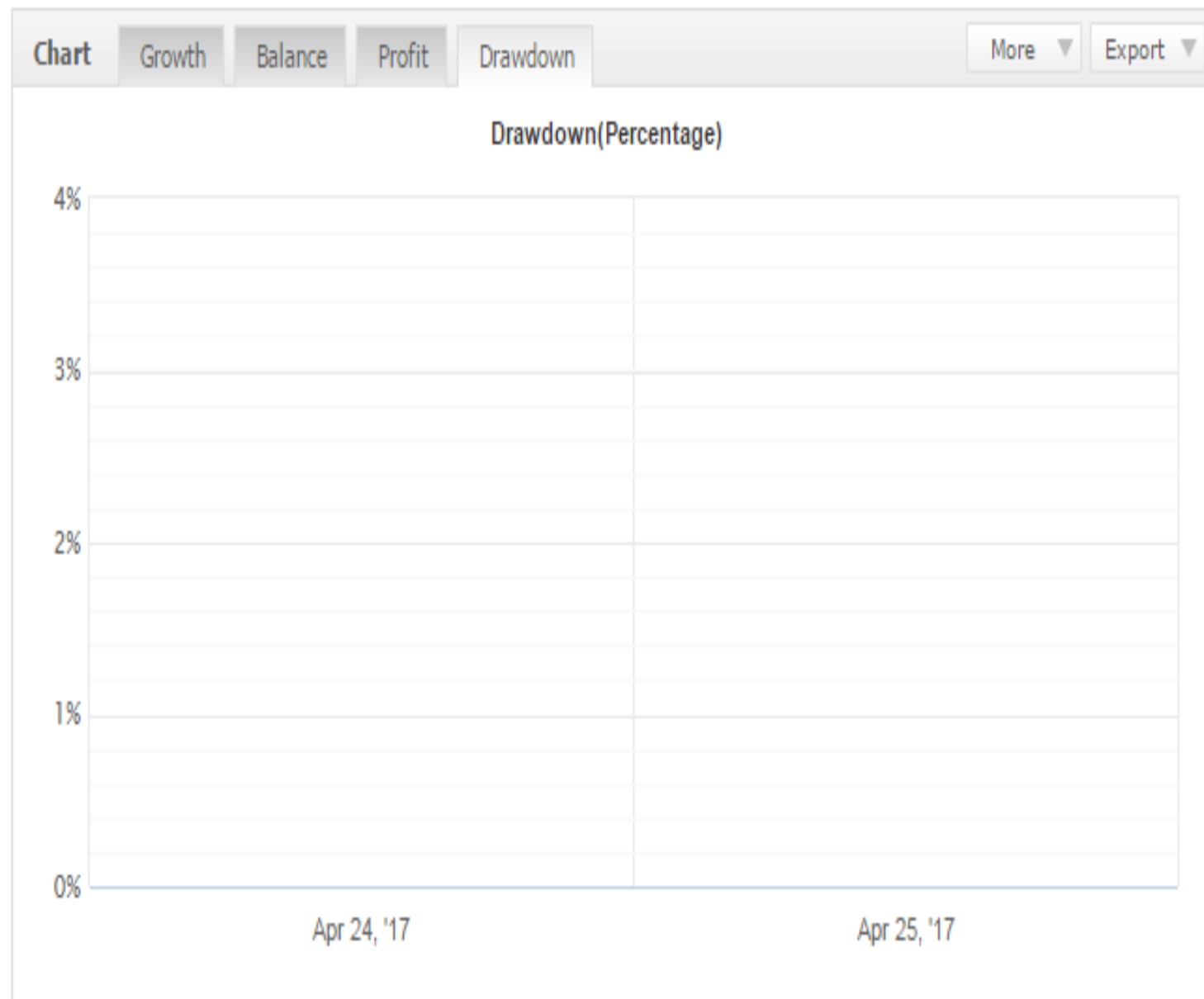
Info	Stats	General
Gain: +293.16%		
Abs. Gain: +293.16%		
Daily: 0.48%		
Monthly: 293.16%		
Drawdown: 6.73%		
Balance: \$393.16		
Equity: (100.00%) \$393.16		
Highest: (Apr 25) \$393.16		
Profit: \$293.16		
Interest: -\$9.14		
Deposits: \$100.00		
Withdrawals: \$0.00		
Updated: 22 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +293.16%		
Abs. Gain: +293.16%		
Daily: 0.48%		
Monthly: 293.16%		
Drawdown: 6.73%		
Balance: \$393.16		
Equity: (100.00%) \$393.16		
Highest: (Apr 25) \$393.16		
Profit: \$293.16		
Interest: -\$9.14		
Deposits: \$100.00		
Withdrawals: \$0.00		
Updated: 23 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +293.16%		
Abs. Gain: +293.16%		
Daily: 0.48%		
Monthly: 293.16%		
Drawdown: 6.73%		
Balance: \$393.16		
Equity: (100.00%) \$393.16		
Highest: (Apr 25) \$393.16		
Profit: \$293.16		
Interest: -\$9.14		
Deposits: \$100.00		
Withdrawals: \$0.00		
Updated: 23 Minutes ago		
Tracking 0		



Advanced Statistics

Trades

Summary

Hourly

Daily

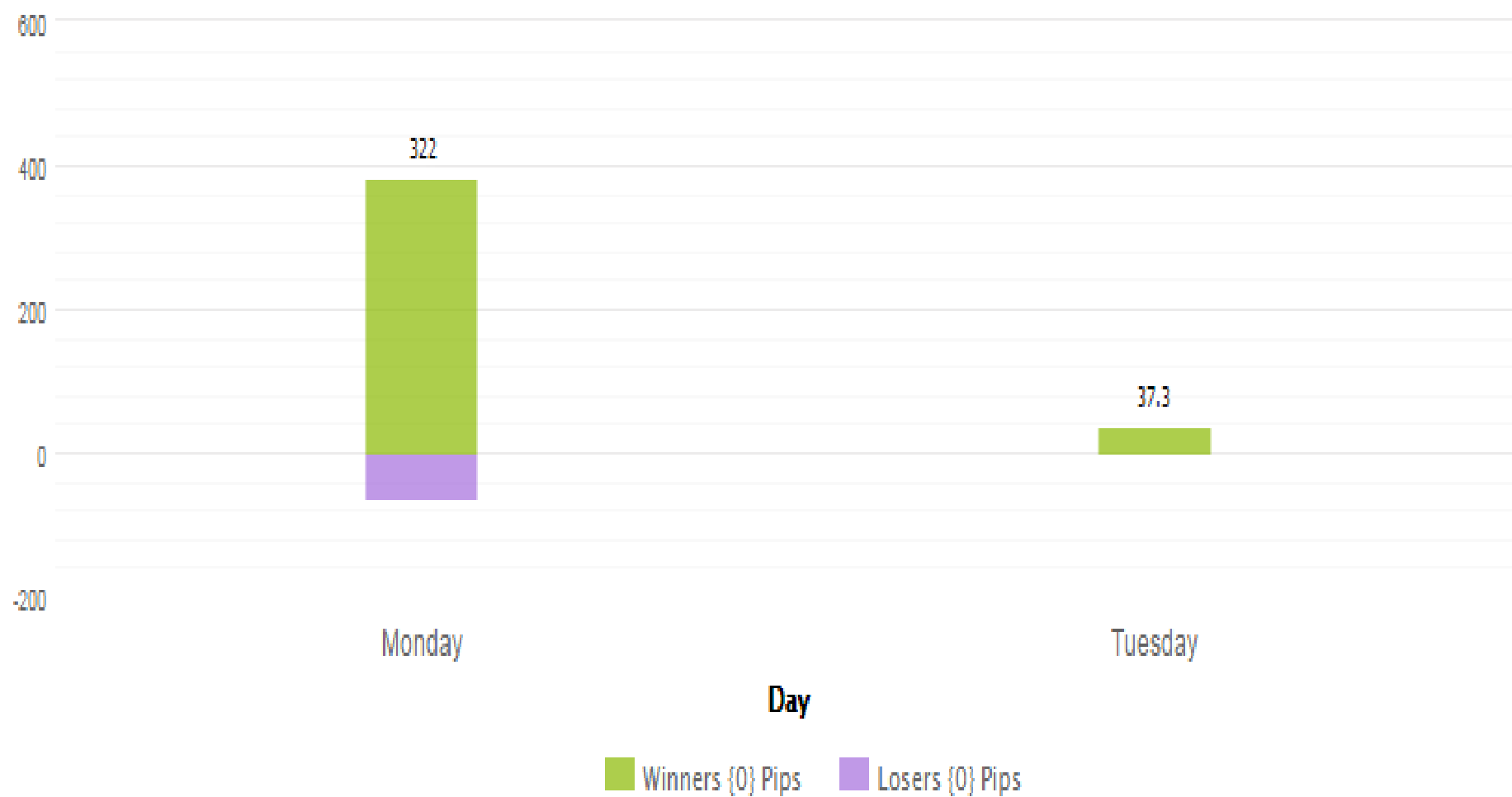
Risk Of Ruin

Duration

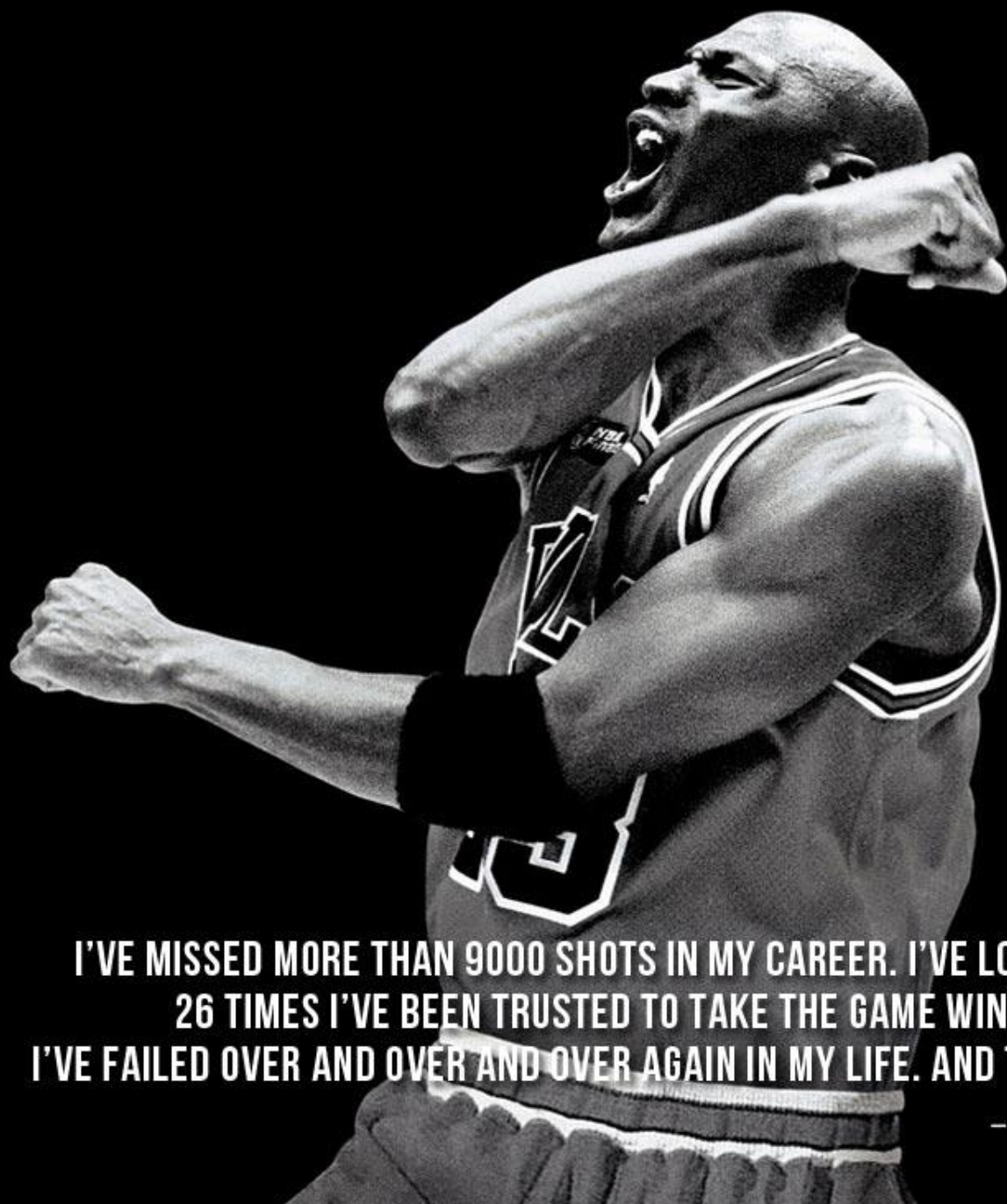
MAE/MFE

More ▼

Winners Profit Vs. Losers Losses



Trading Activity		Open Trades (0)		Open Orders (0)		History (20)		Exposure							More	
Open Date	Close date	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain				
04.24.2017 08:52	04.25.2017 06:03	EURJPY	Sell	0.05	-	117.000	119.79300	119.58600	20.7	8.41	21h 11m	2.19%				
04.24.2017 02:29	04.25.2017 06:03	EURJPY	Sell	0.05	-	117.000	119.72500	119.58700	13.8	5.28	1d	1.39%				
04.24.2017 18:58	04.25.2017 06:03	EURJPY	Buy	0.10	-	-	119.10500	119.57600	47.1	41.06	11h 5m	12.13%				
04.24.2017 16:13	04.25.2017 06:03	EURJPY	Sell	0.10	-	-	119.76500	119.58600	17.9	14.29	13h 49m	4.41%				
04.24.2017 02:54	04.25.2017 06:03	EURCAD	Sell	0.05	-	1.44670	1.46584	1.47208	-62.4	-23.37	1d	-6.73%				
04.24.2017 19:01	04.25.2017 06:03	EURJPY	Buy	0.10	-	-	119.00800	119.58000	57.2	50.23	11h 2m	16.90%				
04.24.2017 19:04	04.25.2017 06:02	EURJPY	Buy	0.10	-	-	119.09200	119.57300	48.1	41.97	10h 57m	16.44%				
04.25.2017 02:33	04.25.2017 05:36	EURJPY	Buy	0.10	-	119.560	119.18800	119.56100	37.3	33.22	3h 3m	14.96%				
04.24.2017 18:24	04.25.2017 05:36	EURJPY	Buy	0.10	-	119.560	119.26800	119.56100	29.3	24.88	11h 12m	12.62%				
04.24.2017 17:55	04.25.2017 05:36	EURJPY	Buy	0.10	-	119.560	119.34000	119.56100	22.1	18.34	11h 41m	11.28%				
04.24.2017 17:56	04.25.2017 05:36	EURJPY	Buy	0.10	-	119.560	119.36300	119.56100	19.8	16.25	11h 40m	8.98%				
04.24.2017 11:46	04.24.2017 17:15	EURJPY	Buy	0.10	119.520	-	119.47000	119.52000	5.0	3.89	5h 28m	2.46%				
04.24.2017 13:43	04.24.2017 17:15	EURJPY	Buy	0.10	119.520	-	119.51000	119.52000	1.0	0.26	3h 31m	0.16%				
04.24.2017 12:23	04.24.2017 13:34	EURJPY	Sell	0.10	-	119.520	119.65200	119.65300	-0.1	-0.74	1h 11m	-0.46%				
04.24.2017 11:24	04.24.2017 11:44	EURJPY	Sell	0.05	-	-	119.64800	119.46200	18.6	8.12	20m	5.37%				
04.24.2017 10:05	04.24.2017 11:24	EURJPY	Buy	0.10	-	-	119.37000	119.67500	30.5	27.04	1h 18m	21.80%				
04.24.2017 09:55	04.24.2017 11:20	EURJPY	Buy	0.05	-	119.740	119.46900	119.74200	27.3	12.07	1h 25m	11.89%				
04.24.2017 09:59	04.24.2017 11:20	EURJPY	Buy	0.05	-	119.740	119.50500	119.74200	23.7	10.43	1h 21m	9.18%				
04.24.2017 01:50	04.24.2017 02:09	EURJPY	Sell	0.10	-	-	119.71200	119.68800	2.4	1.53	19m	1.53%				
04.24.2017 01:47	Deposit									100.00						



I'VE MISSED MORE THAN 9000 SHOTS IN MY CAREER. I'VE LOST ALMOST 300 GAMES.
26 TIMES I'VE BEEN TRUSTED TO TAKE THE GAME WINNING SHOT AND MISSED.
I'VE FAILED OVER AND OVER AND OVER AGAIN IN MY LIFE. AND THAT IS WHY I SUCCEED.

- Michael Jordan



**SET A GOAL SO BIG
THAT YOU CAN'T
ACHIEVE IT UNTIL
YOU GROW INTO THE
PERSON WHO CAN.**



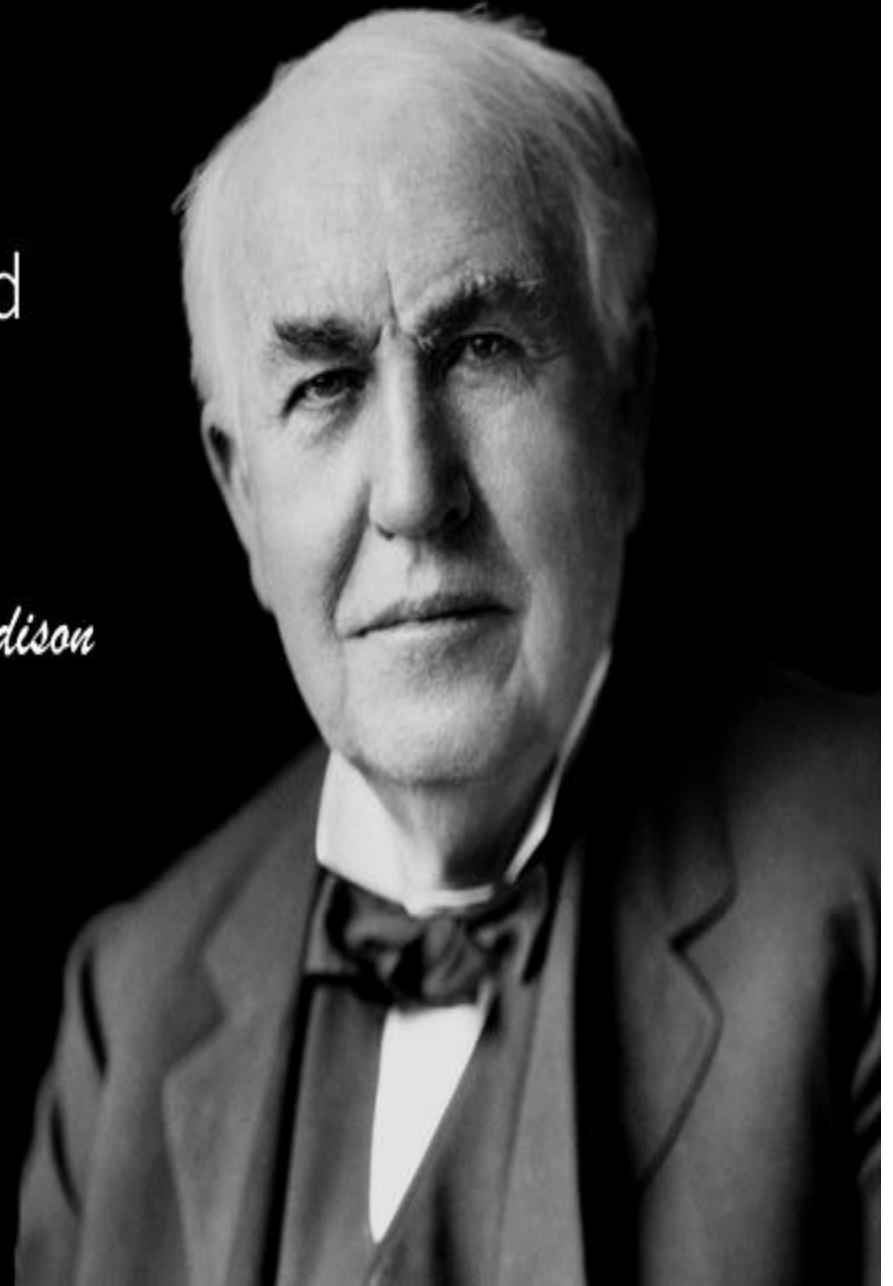
Look In the mirror...That's your Competition

A river cuts through rock, not because of
its power, but because of its persistence.

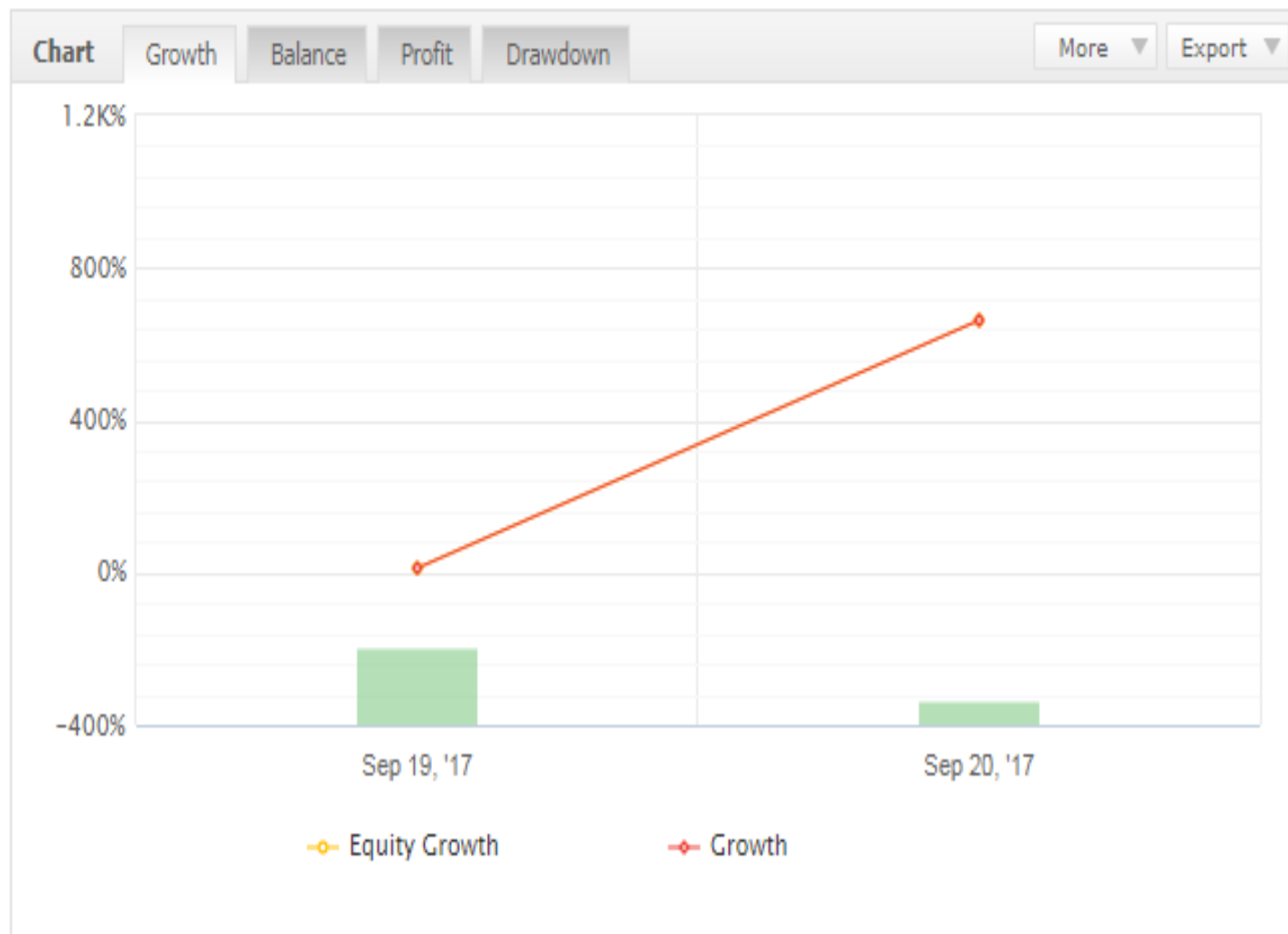
James N. Watkins

I have not failed. I've just found
10,000 ways that won't work.

Thomas A. Edison



Info	Stats	General
Gain: +662.24%		
Abs. Gain: +662.24%		
Daily: 0.32%		
Monthly: 662.24%		
Drawdown: 0.00%		
Balance: \$320.75		
Equity: \$320.75		
Highest: (Sep 20) \$320.75		
Profit: \$278.67		
Interest: \$0.76		
Deposits: \$40.00		
Withdrawals: \$0.00		
Updated: 16 Minutes ago		
Tracking 0		



Trading	Periods	Goals	Browser			
?	Gain (Difference)	Profit (Difference)	Pips (Difference)	Win % (Difference)	Trades (Difference)	Lots (Difference)
Today	+0.0% (-)	\$0.00 (-)	0.00 (-)	0% (-)	0 (-)	0.00 (-)
This Week	+662.24% (-)	\$278.67 (-)	255.70 (-)	100% (-)	5 (-)	0.65 (-)
This Month	+662.24% (-)	\$278.67 (-)	255.70 (-)	100% (-)	5 (-)	0.65 (-)
This Year	+662.24% (-)	\$278.67 (-)	255.70 (-)	100% (-)	5 (-)	0.65 (-)

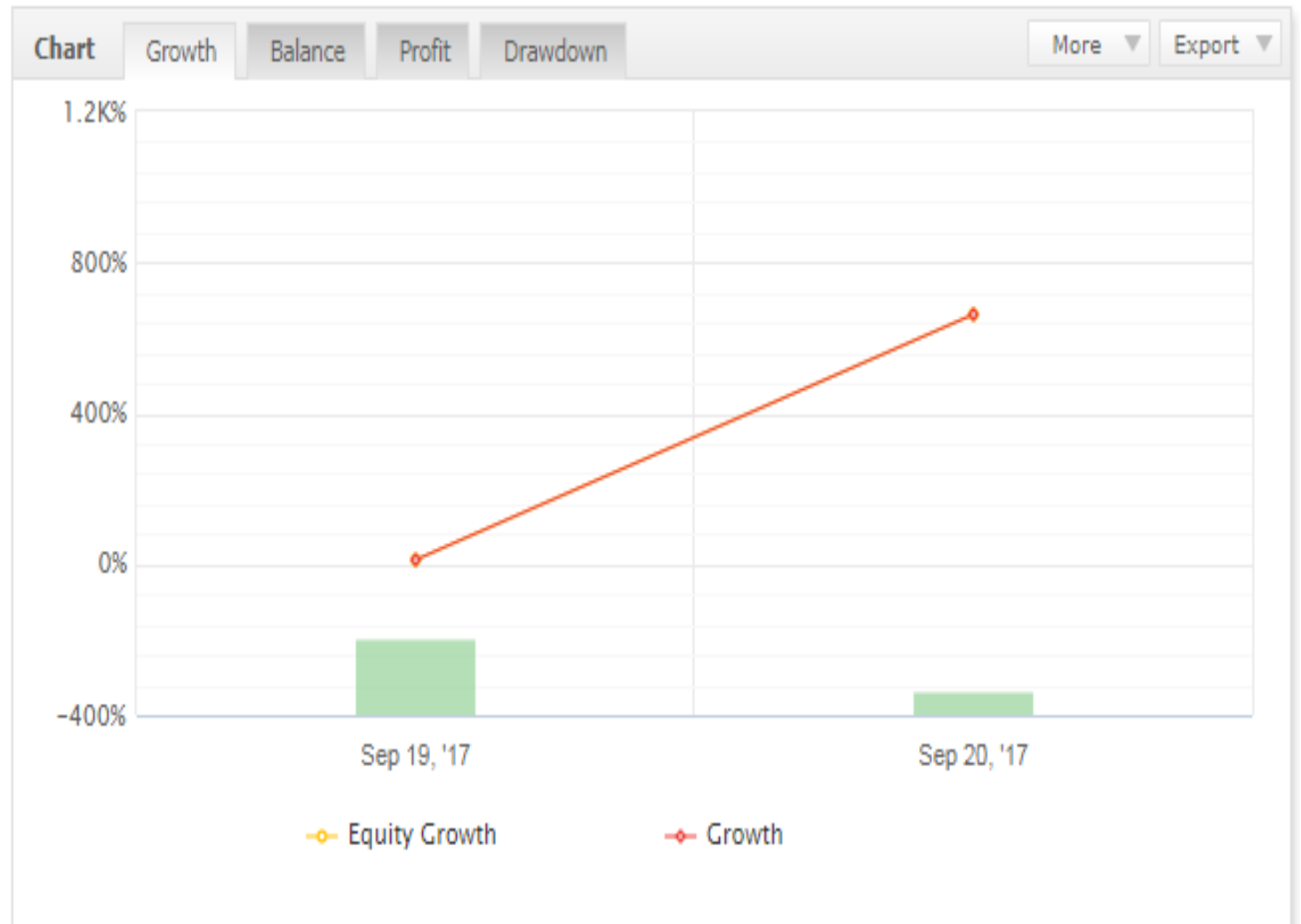
Advanced Statistics		Trades	Summary	Hourly	Daily	Risk Of Ruin	Duration	MAE/MFE	
Trades:		5	Longs Won:	(1/1) 100%	Profit Factor:	-			
Profitability:		<div></div>	Shorts Won:	(4/4) 100%	Standard Deviation:	\$121.90			
Pips:		255.7	Best Trade(\$):	(Sep 20) 273.79	Sharpe Ratio:	0.38			
Average Win:		51.14 pips / \$55.73	Worst Trade(\$):	(Sep 19) 0.08	Z-Score (Probability):	0.00 (0.00%)			
Average Loss:		0 pips / \$0.00	Best Trade (Pips):	(Sep 20) 248.2	Expectancy:	51.1 Pips / \$55.73			
Lots:		0.65	Worst Trade (Pips):	(Sep 19) 1.0	AHPR:	118.86%			
Commissions:		-\$4.81	Avg. Trade Length:	6h 59m	GHPR:	51.45%			

Monthly Gain(Change)

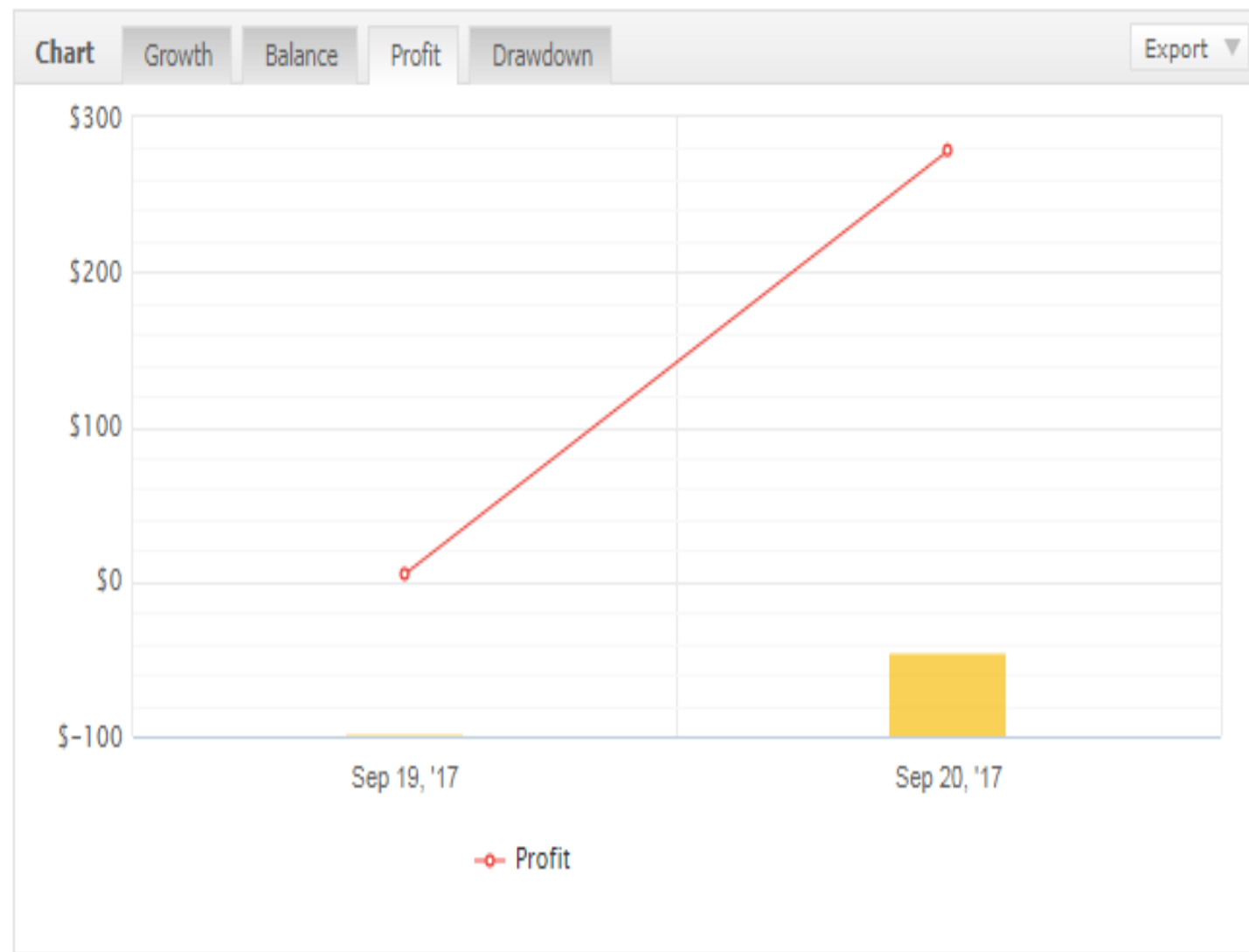


Please select a month

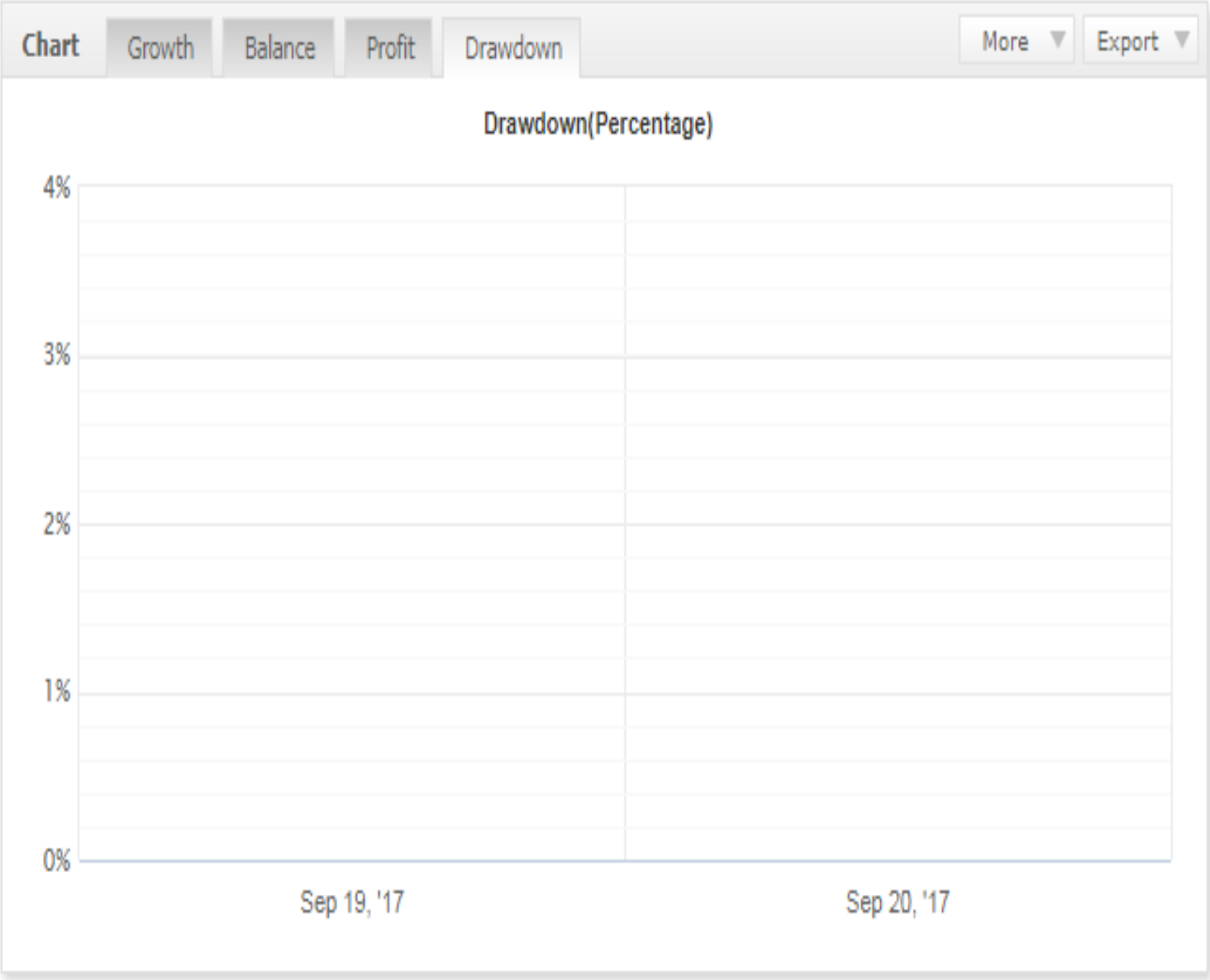
Info	Stats	General
Gain: +662.24%		
Abs. Gain: +662.24%		
Daily: 0.32%		
Monthly: 662.24%		
Drawdown: 0.00%		
Balance: \$320.75		
Equity: \$320.75		
Highest: (Sep 20) \$320.75		
Profit: \$278.67		
Interest: \$0.76		
Deposits: \$40.00		
Withdrawals: \$0.00		
Updated: 20 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +662.24%		
Abs. Gain: +662.24%		
Daily: 0.32%		
Monthly: 662.24%		
Drawdown: 0.00%		
Balance: \$320.75		
Equity: \$320.75		
Highest: (Sep 20) \$320.75		
Profit: \$278.67		
Interest: \$0.76		
Deposits: \$40.00		
Withdrawals: \$0.00		
Updated: 21 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +662.24%		
Abs. Gain: +662.24%		
Daily: 0.32%		
Monthly: 662.24%		
Drawdown: 0.00%		
Balance: \$320.75		
Equity: \$320.75		
Highest: (Sep 20) \$320.75		
Profit: \$278.67		
Interest: \$0.76		
Deposits: \$40.00		
Withdrawals: \$0.00		
Updated: 22 Minutes ago		
Tracking 0		



Advanced Statistics

Trades

Summary

Hourly

Daily

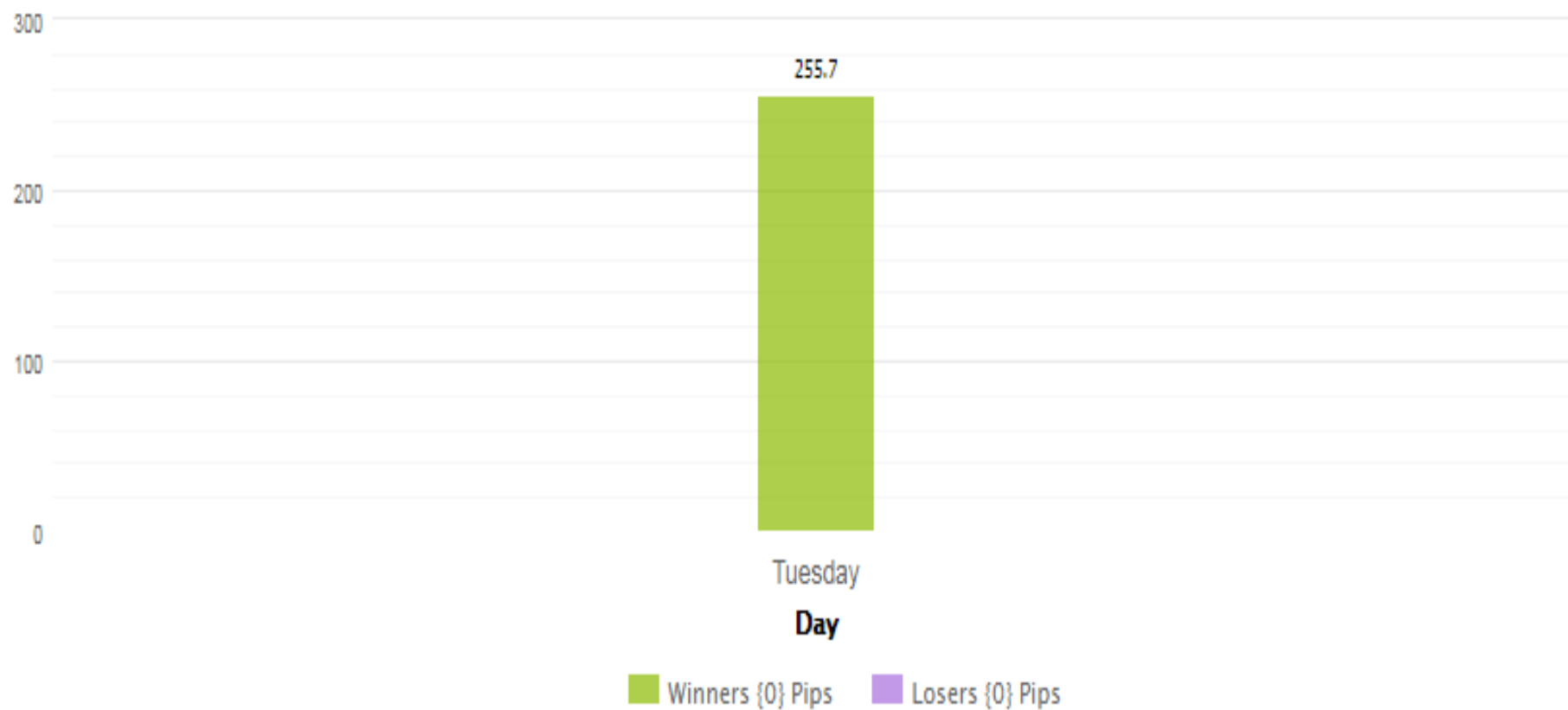
Risk Of Ruin

Duration

MAE/MFE

More ▼

Winners Profit Vs. Losers Losses



Trading Activity														
Open Trades (0)		Open Orders (0)		History (6)		Exposure		More ▼						
🔍	Open Date	Close date ▼	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain	🔍 🔍
✎	09.19.2017 03:20	09.20.2017 09:49	GBPNZD	Sell	0.15	-	-	1.86038	1.83556	248.2	273.79	1d	583.03%	✎
✎	09.19.2017 02:35	09.19.2017 03:06	EURJPY	Buy	0.25	-	-	133.31000	133.32200	1.2	0.90	30m	1.95%	✎
✎	09.19.2017 01:13	09.19.2017 02:36	EURJPY	Sell	0.05	-	-	133.32100	133.31100	1.0	0.08	1h 22m	0.17%	✎
✎	09.19.2017 01:16	09.19.2017 02:36	EURJPY	Sell	0.05	-	-	133.33300	133.31300	2.0	0.54	1h 20m	1.19%	✎
✎	09.19.2017 01:20	09.19.2017 02:36	EURJPY	Sell	0.15	-	-	133.34400	133.31100	3.3	3.36	1h 15m	7.98%	✎
✎	09.19.2017 01:07		Deposit								40.00			💡

Trade of the Week

September 24th, 2017 to September 29th, 2017

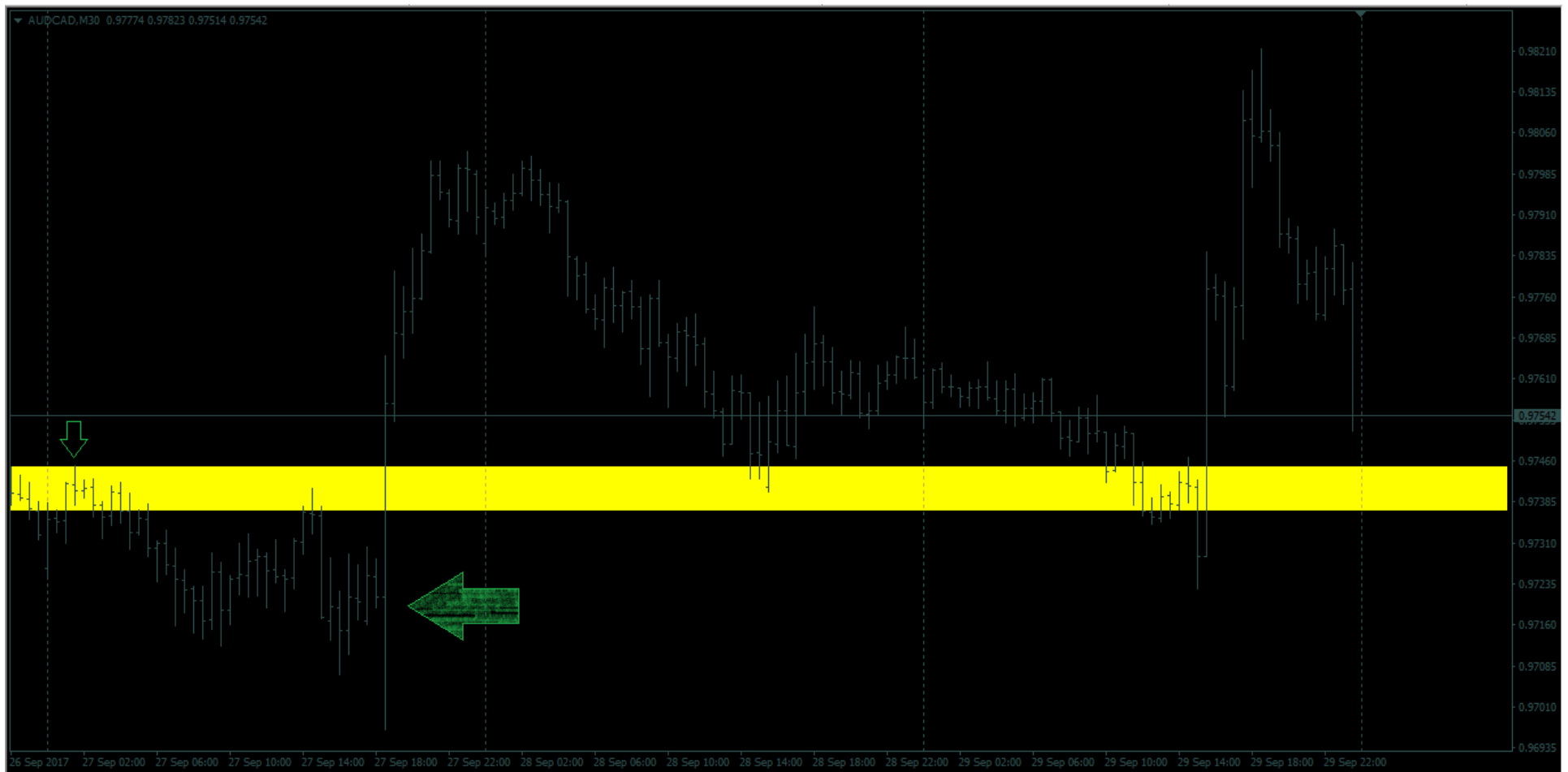
example.005(aud.cad)

the yellow brick road shows the overall area of interest temporary high of the day (vertical green arrow) major bullish candle easily breaks temporary high (horizontal green arrow)

example.006(aud.cad)

price temporarily breaks below yellow brick road and reverses for a buy (horizontal blue arrow)

Notes: Stop loss placed below major bullish candle (horizontal green arrow)



▼ AUDCAD,M5 0.97769 0.97798 0.97514 0.97542



"Can you tell us more about yourself?"

who:

suFresh

what:

I trade the foreign exchange markets. The foreign exchange spot market to be precise.

where:

Chicago, Illinois

when:

April 2000

why:

This is a very deep question that has many answers. At the end of the day the primary reason of why I trade is because I enjoy the challenge.

I will reveal more in due time. Thank you for the great question. 😊

Funds

Balance:	\$4,838.68
Unrealized:	na
Equity:	\$4,838.68
Deposits:	\$500.00
Net Transfers:	\$500.00

what you don't see... | Brokerage Account XXXX29 Starting Aug 18, 2017

Last Sync: 4 min ago

Sync

Expand

Settings


Overview

Trade Report

Trade Graph

Trade List

Equity Balance

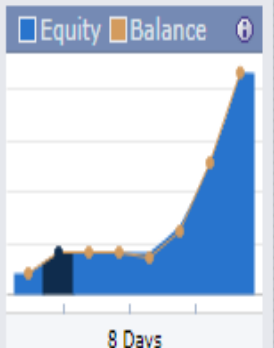
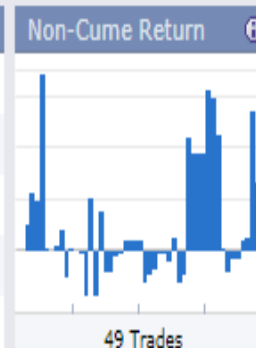
Trader:  suFreshFX
Broker: [Trader's Way](#)
Type: Live

Balance: \$4,839
Unrealized: na
Equity: \$4,839

Performance	Return	Profit	Pips	Entr/Exit	Lots
Today (Thu)	69.0%	\$1,976	209	3/3	4
This Week	435.8%	\$3,936	589	44/44	30.9
This Month	867.0%	\$4,338	802	49/49	32
This Year	867.0%	\$4,338	802	49/49	32
All Time	867.0%	\$4,338	802	49/49	32



Latest Closed Trades	Close	Closed	Lots	Return	Profit	Pips
GBP/NZD Buy 1.7698	1.7767	19 hr ago	1	17.0%	\$487	69
GBP/NZD Buy 1.7699	1.7768	19 hr ago	1	17.2%	\$492	70
GBP/NZD Buy 1.7698	1.7768	19 hr ago	2	34.8%	\$996	70
USD/JPY Sell 109.21	109.17	21 hr ago	3	3.7%	\$100	4
USD/JPY Sell 109.21	109.17	21 hr ago	3	3.1%	\$84	4



Performance		Trade Stats	
① Profit Factor:	5.84	① Closed Trades:	49
① Sharpe Ratio:	na	① Open Trades:	0
① Sortino Ratio:	na	① Long Trades:	25
① Return:	867.0%	① Short Trades:	24
① Time Return:	0.0%	① Avg Trade Return:	6.8%
① Annualized Return:	na	① Avg Trade Profit:	\$89
① Gross Gain:	\$5,236	① Avg Trade Pips:	16.4
① Gross Loss:	-\$897	① Avg Trade Lots:	0.65
① Profit:	\$4,338	① Avg Trade Duration:	5 hr
① Pips Gained:	980	① Win Rate:	61.2%
① Pips Lost:	-178	① Avg Winning Trade:	13.7% (\$175)
① Net Pips:	802	① Avg Losing Trade:	-4.3% (-\$47)
① Max Return Run-Up:	867.0%	① Winning Trades:	30
① Max Return Drawdown:	-38.3%	① Losing Trades:	19
① Max Profit Run-Up:	\$4,338	① Even Trades:	0
① Max Profit Drawdown:	-\$392	① Max Consec Wins:	8
		① Max Consec Losses:	6
		① Best Trade Return:	45.0%
		① Worst Trade Return:	-11.2%
		① Best Trade Profit:	\$996
		① Worst Trade Profit:	-\$140
		① Lots Traded:	32
		① Time in Trade:	63%

Averages	Return	Profit	Pips	Entries	Lots
Daily	59.9%	\$542	100	6.1	4.00
Weekly	258.1%	\$2,169	401	24.5	16.00
Monthly	na	na	na	na	na
Quarterly	na	na	na	na	na
Annual	na	na	na	na	na

Instruments	Return	Profit	Pips	Entries	Lots
GBP/NZD	194.4%	\$2,612	524	25	13.5
EUR/USD	131.2%	\$1,711	266	6	3.5
USD/CAD	6.7%	\$84	23	2	1
USD/JPY	6.7%	\$172	11	10	10
NZD/CAD	0.2%	\$2	3	3	1
AUD/USD	-8.3%	-\$242	-24	3	3



USD/JPY	Buy 109.331 Sell 109.322	Aug 21, 2017 10:06pm Aug 21, 2017 10:07pm	0.5	-0.9%	-\$7.12	-0.9		\$823.11	\$0.00 -\$3.00	1 min	Add
USD/JPY	Buy 109.324 Sell 109.323	Aug 21, 2017 10:05pm Aug 21, 2017 10:07pm	0.5	-0.4%	-\$3.46	-0.1		\$819.65	\$0.00 -\$3.00	3 min	Add
GBP/NZD	Buy 1.76152 Sell 1.75928	Aug 21, 2017 1:35pm Aug 21, 2017 9:43pm	0.5	-10.8%	-\$98.34	-22.4		\$816.07	-\$12.43 -\$3.87	8 hr	Add
GBP/NZD	Buy 1.76152 Sell 1.76038	Aug 22, 2017 3:24am Aug 22, 2017 6:07am	0.5	-5.4%	-\$45.35	-11.4		\$798.83	\$0.00 -\$3.86	2 hr 44 min	Add
GBP/NZD	Sell 1.76231 Buy 1.76151	Aug 22, 2017 7:05am Aug 22, 2017 11:56am	0.5	3.4%	\$25.30	8.0		\$761.39	\$0.00 -\$3.85	5 hr	Add
GBP/NZD	Buy 1.76131 Sell 1.76038	Aug 22, 2017 3:23am Aug 22, 2017 6:07am	0.5	-4.1%	-\$37.70	-9.3		\$761.13	\$0.00 -\$3.85	2 hr 45 min	Add
GBP/NZD	Buy 1.76212 Sell 1.76208	Aug 22, 2017 3:31am Aug 22, 2017 6:14am	0.5	-0.6%	-\$5.31	-0.4		\$755.82	\$0.00 -\$3.86	2 hr 44 min	Add
GBP/NZD	Buy 1.76212 Sell 1.76218	Aug 22, 2017 3:30am Aug 22, 2017 6:19am	0.5	-0.2%	-\$1.67	0.6		\$754.15	\$0.00 -\$3.86	2 hr 49 min	Add
GBP/NZD	Sell 1.76109 Buy 1.76148	Aug 22, 2017 6:11am Aug 22, 2017 11:56am	0.5	-2.4%	-\$18.06	-3.9		\$736.09	\$0.00 -\$3.84	6 hr	Add
GBP/NZD	Sell 1.75968 Buy 1.76145	Aug 22, 2017 12:53am Aug 22, 2017 11:57am	0.5	-7.5%	-\$68.38	-17.7		\$693.01	\$0.00 -\$3.87	11 hr	Add
GBP/NZD	Sell 1.76522 Buy 1.76072	Aug 17, 2017 7:17pm Aug 18, 2017 3:16am	0.2	12.9%	\$64.32	45.0		\$671.87	\$0.00 -\$1.54	8 hr	Add
GBP/NZD	Sell 1.76038 Buy 1.76152	Aug 22, 2017 6:07am Aug 22, 2017 11:58am	0.5	-5.4%	-\$45.39	-11.4		\$647.62	\$0.00 -\$3.84	6 hr	Add
GBP/NZD	Sell 1.76600 Buy 1.76087	Aug 17, 2017 7:15pm Aug 18, 2017 3:16am	0.2	14.7%	\$73.53	51.3		\$607.55	\$0.00 -\$1.54	8 hr	Add
GBP/NZD	Sell 1.76554 Buy 1.76084	Aug 17, 2017 7:18pm Aug 18, 2017 3:16am	0.1	6.7%	\$33.63	47.0		\$534.02	\$0.00 -\$0.77	8 hr	Add

GBP/NZD	Sell 1.76207 Buy 1.76142	Aug 21, 2017 6:03am Aug 21, 2017 10:47am	0.3	1.3%	\$11.96	6.5		\$916.04	\$0.00 -\$2.32	5 hr	Add
NZD/CAD	Sell 0.92101 Buy 0.92124	Aug 21, 2017 11:31am Aug 21, 2017 1:09pm	0.3	-0.7%	-\$6.81	-2.3		\$914.41	\$0.00 -\$1.32	1 hr 38 min	Add
GBP/NZD	Buy 1.76228 Sell 1.76088	Aug 21, 2017 11:06am Aug 21, 2017 1:09pm	0.5	-6.0%	-\$55.16	-14.0		\$912.37	\$0.00 -\$3.87	2 hr 3 min	Add
USD/JPY	Sell 109.320 Buy 109.266	Aug 21, 2017 10:08pm Aug 22, 2017 12:53am	0.5	2.7%	\$21.71	5.4		\$911.52	\$0.00 -\$3.00	2 hr 45 min	Add
GBP/NZD	Sell 1.76148 Buy 1.76131	Aug 21, 2017 6:04am Aug 21, 2017 10:46am	0.2	0.1%	\$0.94	1.7		\$904.08	\$0.00 -\$1.55	5 hr	Add
EUR/USD	Buy 1.17457 Sell 1.17525	Aug 18, 2017 11:38am Aug 18, 2017 11:43am	0.1	0.7%	\$6.10	6.8		\$903.14	\$0.00 -\$0.70	6 min	Add
GBP/NZD	Sell 1.76698 Buy 1.76072	Aug 17, 2017 9:22pm Aug 18, 2017 3:16am	0.5	45.0%	\$225.17	62.6		\$897.04	\$0.00 -\$3.86	6 hr	Add
USD/JPY	Sell 109.326 Buy 109.265	Aug 21, 2017 10:07pm Aug 22, 2017 12:53am	0.5	3.0%	\$24.91	6.1		\$889.81	\$0.00 -\$3.00	2 hr 46 min	Add
USD/JPY	Sell 109.228 Buy 109.325	Aug 21, 2017 9:49pm Aug 21, 2017 10:05pm	0.5	-5.1%	-\$47.36	-9.7		\$876.22	\$0.00 -\$3.00	17 min	Add
USD/JPY	Sell 109.323 Buy 109.266	Aug 21, 2017 10:08pm Aug 22, 2017 12:52am	0.5	2.8%	\$23.08	5.7		\$864.90	\$0.00 -\$3.00	2 hr 45 min	Add
GBP/NZD	Sell 1.75968 Buy 1.76142	Aug 22, 2017 12:53am Aug 22, 2017 3:23am	0.5	-7.4%	-\$67.34	-17.4		\$844.18	\$0.00 -\$3.87	2 hr 31 min	Add
USD/JPY	Sell 109.320 Buy 109.265	Aug 21, 2017 10:08pm Aug 22, 2017 12:52am	0.5	2.7%	\$22.17	5.5		\$841.82	\$0.00 -\$3.00	2 hr 45 min	Add
GBP/NZD	Buy 1.76162 Sell 1.75928	Aug 21, 2017 1:37pm Aug 21, 2017 9:44pm	0.5	-11.2%	-\$102.01	-23.4		\$833.82	-\$12.43 -\$3.87	8 hr	Add
GBP/NZD	Buy 1.76152 Sell 1.76705	Aug 22, 2017 11:58am Aug 22, 2017 7:28pm	0.5	28.5%	\$184.32	55.3		\$831.94	-\$12.34 -\$3.85	8 hr	Add
USD/JPY	Sell 109.229 Buy 109.323	Aug 21, 2017 9:49pm Aug 21, 2017 10:06pm	0.5	-5.0%	-\$45.99	-9.4		\$830.23	\$0.00 -\$3.00	17 min	Add

USD/JPY	Sell 109.213 Buy 109.170	Aug 23, 2017 10:37pm Aug 23, 2017 11:30pm	3	3.7%	\$100.16	4.3		\$2,862.96	\$0.00 -\$18.00	53 min	Add
AUD/USD	Buy 0.79092 Sell 0.78952	Aug 23, 2017 2:31pm Aug 23, 2017 10:28pm	1	-4.8%	-\$139.92	-14.0		\$2,780.94	\$4.83 -\$4.75	8 hr	Add
USD/JPY	Sell 109.208 Buy 109.171	Aug 23, 2017 11:12pm Aug 23, 2017 11:30pm	3	3.1%	\$83.68	3.7		\$2,762.80	\$0.00 -\$18.00	18 min	Add
AUD/USD	Buy 0.79008 Sell 0.78957	Aug 23, 2017 1:22pm Aug 23, 2017 10:28pm	1	-1.7%	-\$50.91	-5.1		\$2,730.03	\$4.83 -\$4.74	9 hr	Add
AUD/USD	Buy 0.79008 Sell 0.78957	Aug 23, 2017 1:22pm Aug 23, 2017 10:28pm	1	-1.7%	-\$50.91	-5.1		\$2,679.12	\$4.83 -\$4.74	9 hr	Add
EUR/USD	Buy 1.17543 Sell 1.18078	Aug 22, 2017 7:36pm Aug 23, 2017 9:46am	1	37.9%	\$527.95	53.5		\$2,483.47	\$0.00 -\$7.05	14 hr	Add
EUR/USD	Buy 1.17509 Sell 1.18078	Aug 22, 2017 7:32pm Aug 23, 2017 9:46am	1	40.3%	\$561.95	56.9		\$1,955.52	\$0.00 -\$7.05	14 hr	Add
GBP/NZD	Buy 1.76149 Sell 1.76712	Aug 22, 2017 11:56am Aug 22, 2017 7:29pm	0.5	24.7%	\$187.93	56.3		\$1,393.57	-\$12.34 -\$3.85	8 hr	Add
GBP/NZD	Buy 1.76144 Sell 1.76708	Aug 22, 2017 11:56am Aug 22, 2017 7:28pm	0.5	24.7%	\$188.30	56.4		\$1,205.64	-\$12.34 -\$3.85	8 hr	Add
GBP/NZD	Buy 1.76152 Sell 1.76708	Aug 22, 2017 11:57am Aug 22, 2017 7:28pm	0.5	24.4%	\$185.40	55.6		\$1,017.34	-\$12.34 -\$3.85	8 hr	Add
USD/CAD	Sell 1.25852 Buy 1.25715	Aug 21, 2017 11:34am Aug 21, 2017 1:09pm	0.5	5.6%	\$51.49	13.7		\$967.53	\$0.00 -\$3.00	1 hr 35 min	Add
EUR/USD	Buy 1.17474 Sell 1.18086	Aug 21, 2017 3:23am Aug 21, 2017 9:43pm	0.2	13.3%	\$119.76	61.2		\$935.83	-\$1.23 -\$1.41	18 hr	Add
EUR/USD	Buy 1.17625 Sell 1.18087	Aug 21, 2017 6:04am Aug 21, 2017 9:44pm	0.2	9.9%	\$89.76	46.2		\$923.58	-\$1.23 -\$1.41	16 hr	Add
NZD/CAD	Sell 0.92135 Buy 0.92123	Aug 21, 2017 11:05am Aug 21, 2017 1:09pm	0.5	0.3%	\$2.57	1.2		\$921.22	\$0.00 -\$2.20	2 hr 5 min	Add
NZD/CAD	Sell 0.92163 Buy 0.92118	Aug 21, 2017 11:02am Aug 21, 2017 1:09pm	0.2	0.7%	\$6.28	4.5		\$918.65	\$0.00 -\$0.88	2 hr 7 min	Add

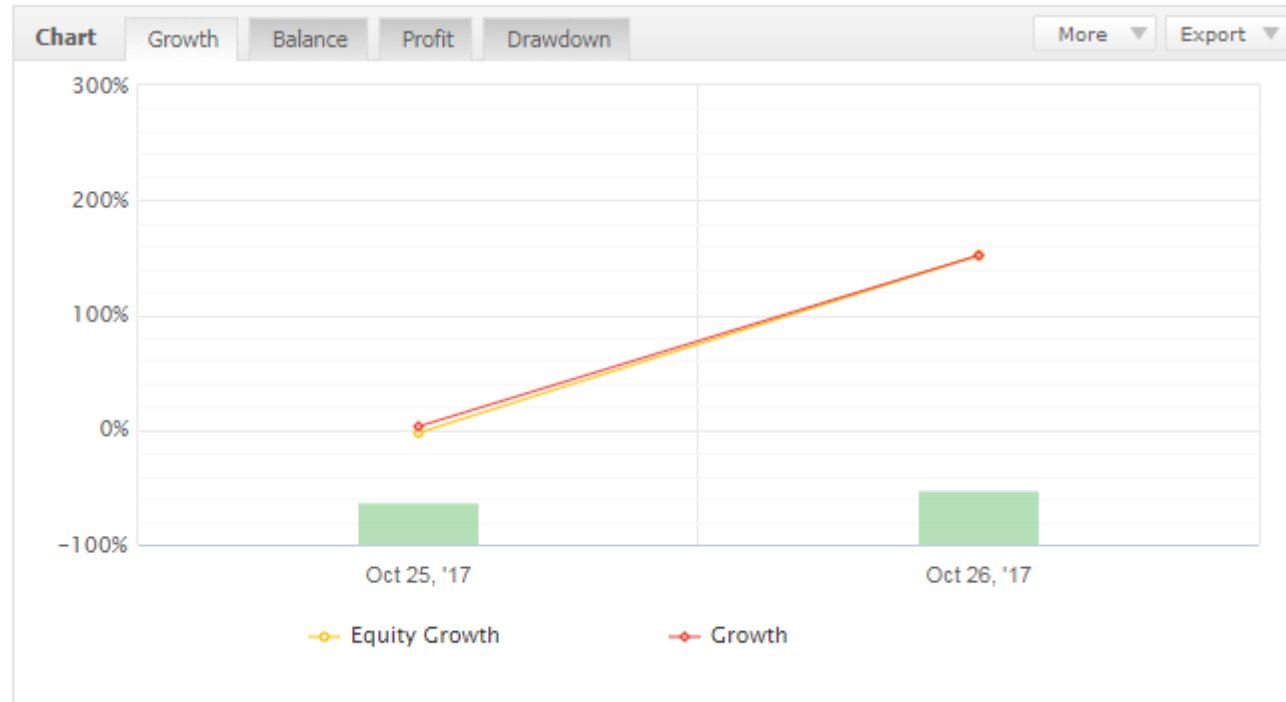
"Do you trade the news? Do you trade high impact news events or releases?"

Depends on market conditions.

As you may know a trader needs volatility to be able to make profit. If you study my trading history that is posted you will see that I try to set my trades well in advance of any major news event if possible. If the trade is in profit and charts technically indicate further movement is in favor, I will let the trade run during the release of a news event. Other times I will close prior to news if charts technically indicate a reversal. If plan doesn't go accordingly I will sometimes trade at the time when news is released with tight stop losses.

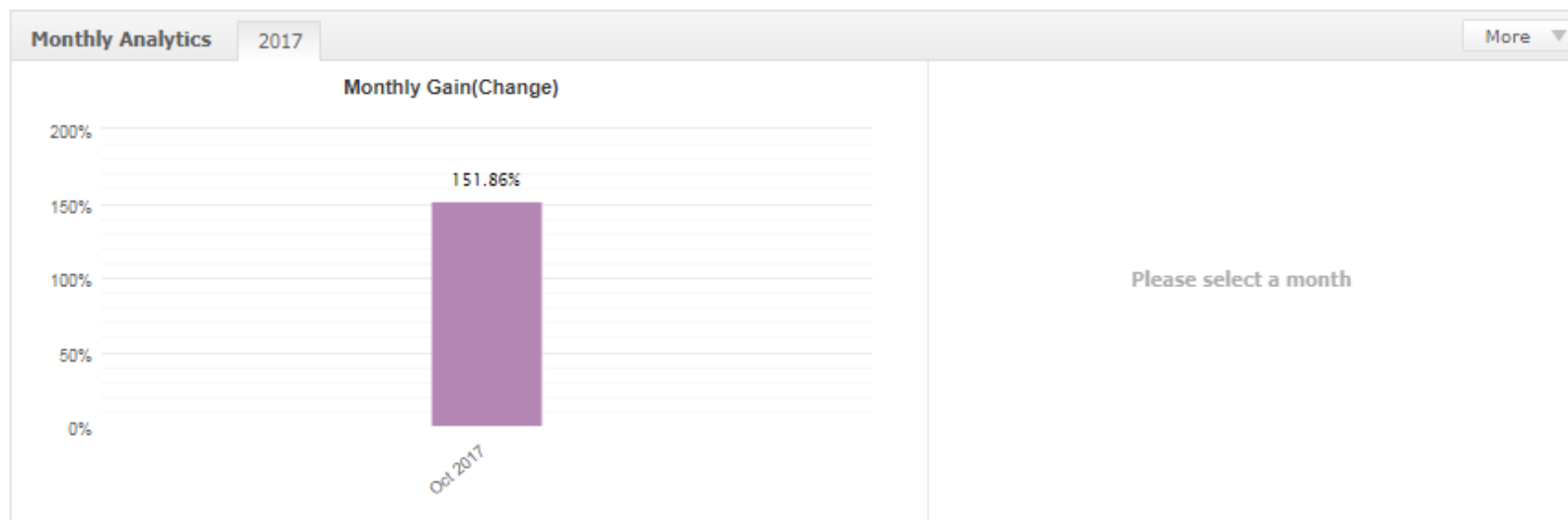
Hope this helps you understand how I trade any major news releases. Thank you.

Info	Stats	General
Gain: +151.86%		
Abs. Gain: +151.86%		
Daily:	25.98%	
Monthly:	151.86%	
Drawdown:	5.94%	
Balance:	\$0.00	
Equity:	(0%) \$0.00	
Highest:	(Oct 26) \$2518.60	
Profit:	\$1518.60	
Interest:	-\$34.29	
Deposits:	\$1000.00	
Withdrawals:	\$2518.60	
Updated:	2 Minutes ago	
Tracking	0	

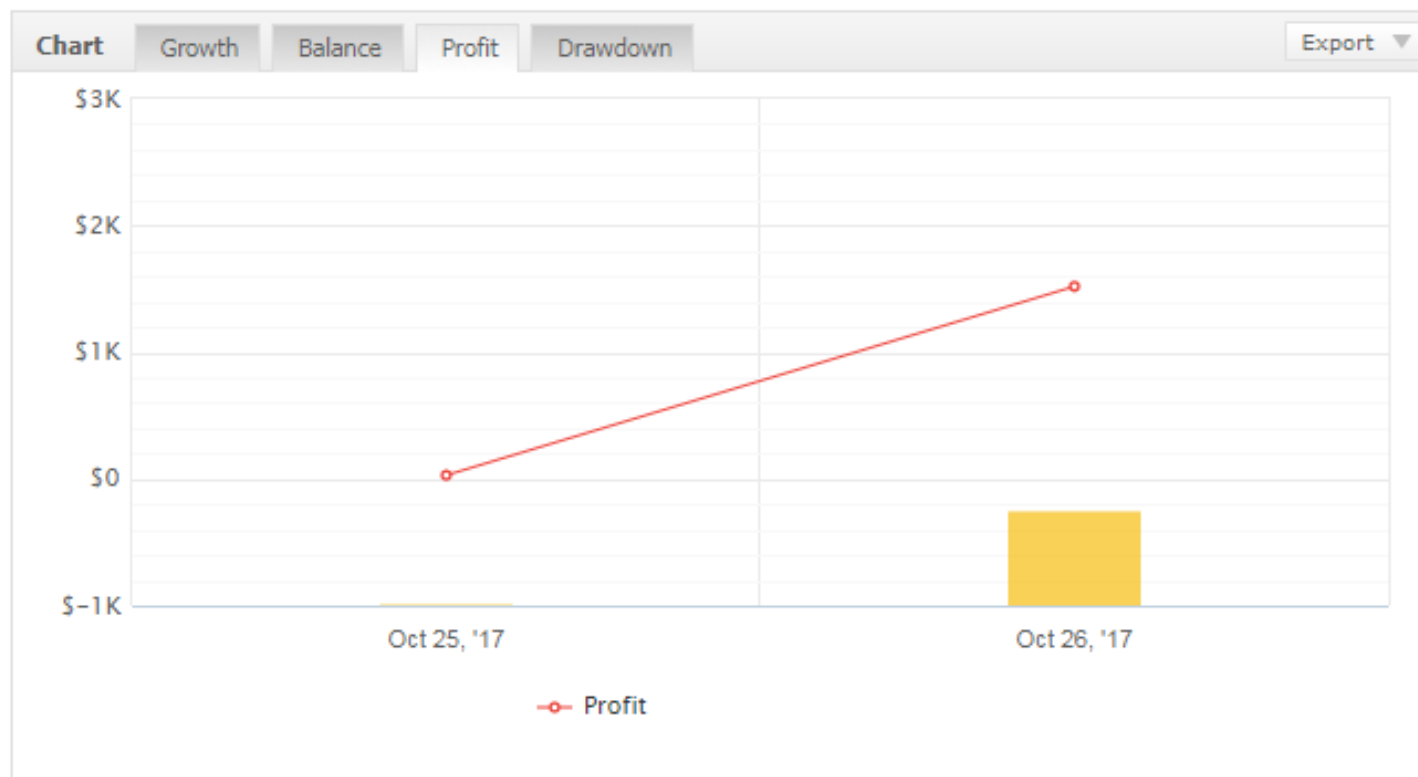


Trading	Periods	Goals	Browser			
?	Gain (Difference)	Profit (Difference)	Pips (Difference)	Win % (Difference)	Trades (Difference)	Lots (Difference)
Today	+0.0% (-)	\$0.00 (-)	0.00 (-)	0% (-)	0 (-)	0.00 (-)
This Week	+0.0% (-151.86%)	\$0.00 (-\$1518.60)	0.00 (-525.6)	0% (%)	0 ()	0.00 (-4.20)
This Month	+151.86% (-)	\$1518.60 (-)	525.60 (-)	57% (-)	14 (-)	4.20 (-)
This Year	+151.86% (-)	\$1518.60 (-)	525.60 (-)	57% (-)	14 (-)	4.20 (-)

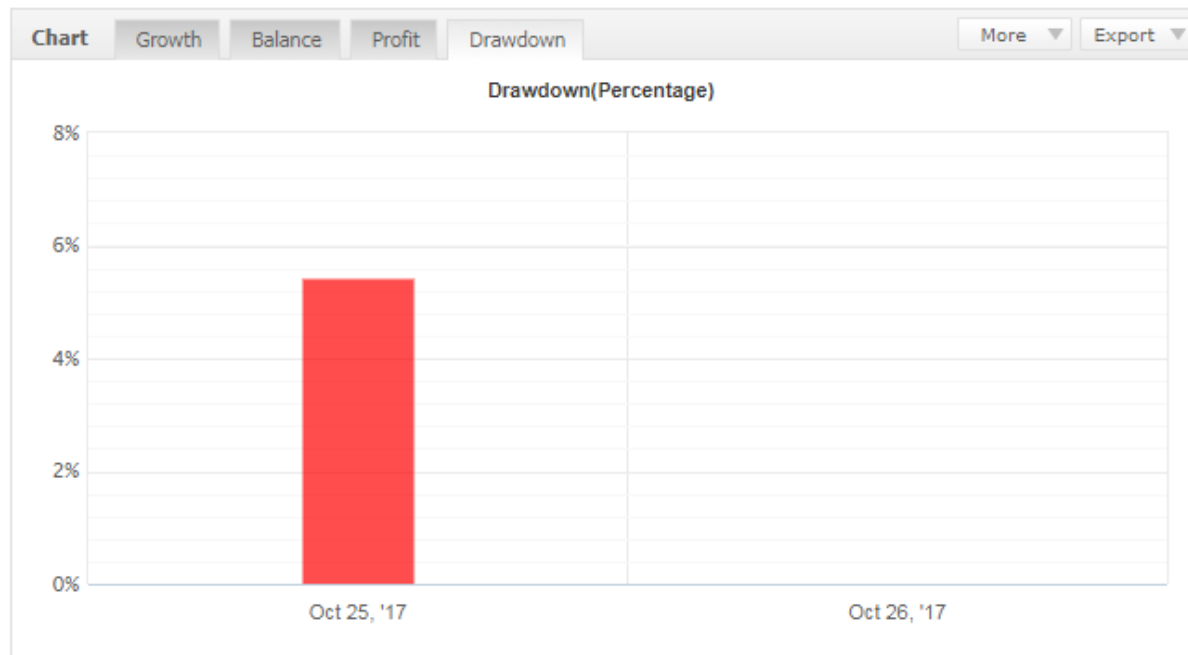
Advanced Statistics	Trades	Summary	Hourly	Daily	Risk Of Ruin	Duration	MAE/MFE
Trades:	14	Longs Won:	(2/5) 40%	Profit Factor:	20.05		
Profitability:	<div></div>	Shorts Won:	(6/9) 66%	Standard Deviation:	\$172.76		
Pips:	525.6	Best Trade(\$):	(Oct 26) 380.07	Sharpe Ratio:	0.00		
Average Win:	67.45 pips / \$199.79	Worst Trade(\$):	(Oct 25) -40.81	Z-Score (Probability):	-0.77 (55.87%)		
Average Loss:	-2.33 pips / -\$13.29	Best Trade (Pips):	(Oct 26) 127.4	Expectancy:	37.5 Pips / \$108.47		
Lots:	4.2	Worst Trade (Pips):	(Oct 25) -16.7	AHPR:	7.41%		
Commissions:	-\$26.81	Avg. Trade Length:	6h 44m	GHPR:	6.82%		



Info	Stats	General
Gain: +151.86%		
Abs. Gain: +151.86%		
Daily: 25.98%		
Monthly: 151.86%		
Drawdown: 5.94%		
Balance: \$0.00		
Equity: (0%) \$0.00		
Highest: (Oct 26) \$2518.60		
Profit: \$1518.60		
Interest: -\$34.29		
Deposits: \$1000.00		
Withdrawals: \$2518.60		
Updated: 13 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +151.86%		
Abs. Gain: +151.86%		
Daily: 25.98%		
Monthly: 151.86%		
Drawdown: 5.94%		
Balance: \$0.00		
Equity: (0%) \$0.00		
Highest: (Oct 26) \$2518.60		
Profit: \$1518.60		
Interest: -\$34.29		
Deposits: \$1000.00		
Withdrawals: \$2518.60		
Updated: 13 Minutes ago		
Tracking 0		



Advanced Statistics												More
Longs				Shorts			Total					
Currency	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Won (%)	Lost (%)	
USDJPY	1	-1.7	-6.27	0	0.0	0	1	-1.7	-6.27	0 (0%)	1 (100%)	
NZDUSD	1	-6.5	-20.74	0	0.0	0	1	-6.5	-20.74	0 (0%)	1 (100%)	
NZDCAD	2	2.0	1.88	0	0.0	0	2	2.0	1.88	1 (50%)	1 (50%)	
EURJPY	0	0.0	0	4	21.5	13.94	4	21.5	13.94	1 (25%)	3 (75%)	
EURGBP	0	0.0	0	1	11.9	45.23	1	11.9	45.23	1 (100%)	0 (0%)	
EURUSD	1	3.5	8.38	4	494.9	1476.18	5	498.4	1484.56	5 (100%)	0 (0%)	

Advanced Statistics

Trades

Summary

Hourly

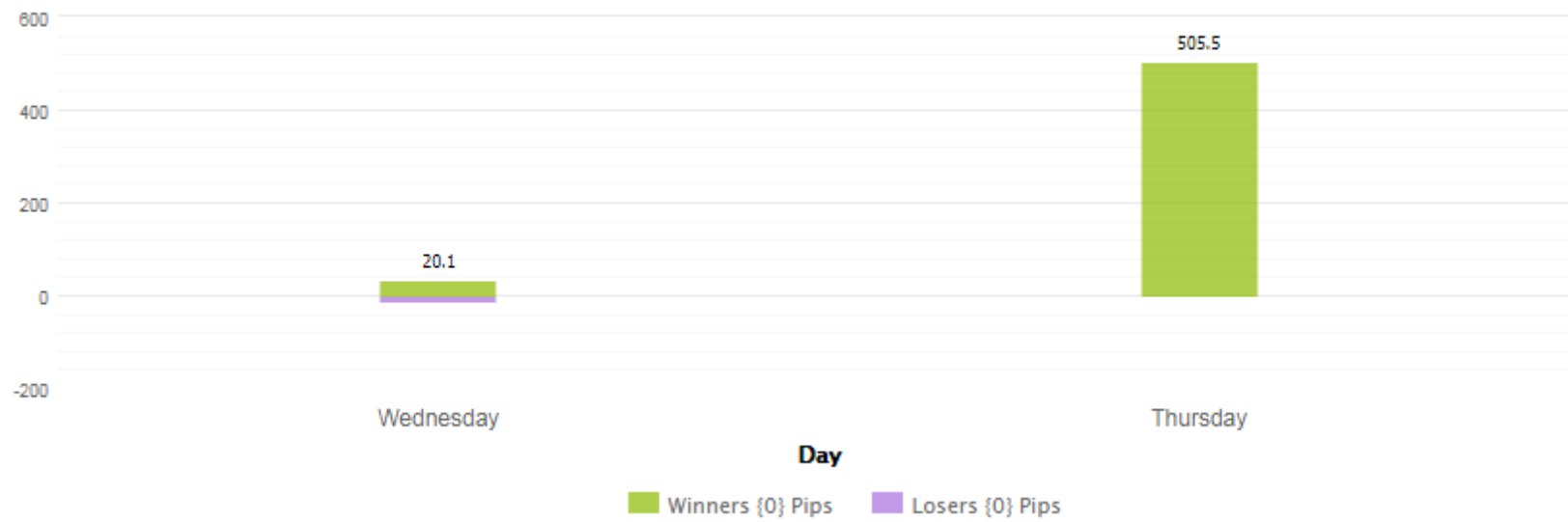
Daily

Risk Of Ruin

Duration

MAE/MFE

More ▼

Winners Profit Vs. Losers Losses

Trading Activity														Open Trades (0)		Open Orders (0)		History (16)		Exposure		More	
Open Date	Close date	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain											
Withdrawal														-2518.60									
10.26.2017 07:00	10.26.2017 18:35	EURUSD	Sell	0.30	1.18200	-	1.18253	1.16979	127.4	380.07	11h 34m	17.77%											
10.26.2017 07:01	10.26.2017 18:35	EURUSD	Sell	0.30	1.18200	-	1.18252	1.16982	127.0	378.87	11h 33m	21.53%											
10.26.2017 07:01	10.26.2017 18:35	EURUSD	Sell	0.30	1.18200	-	1.18252	1.16987	126.5	377.37	11h 33m	27.30%											
10.26.2017 13:09	10.26.2017 18:35	EURUSD	Sell	0.30	1.18200	-	1.18127	1.16987	114.0	339.87	5h 26m	32.60%											
10.26.2017 03:14	10.26.2017 13:04	EURJPY	Sell	0.30	134.550	133.500	134.35700	134.25100	10.6	25.85	9h 49m	2.54%											
10.25.2017 22:44	10.26.2017 13:04	EURJPY	Sell	0.30	134.550	133.500	134.28800	134.25000	3.8	-3.53	14h 19m	-0.35%											
10.25.2017 22:45	10.26.2017 13:04	EURJPY	Sell	0.30	134.550	133.500	134.28700	134.25000	3.7	-3.80	14h 19m	-0.37%											
10.25.2017 22:46	10.26.2017 13:04	EURJPY	Sell	0.30	134.550	133.500	134.28200	134.24800	3.4	-4.58	14h 17m	-0.45%											
10.25.2017 17:52	10.25.2017 18:06	EURGBP	Sell	0.30	-	-	0.89193	0.89074	11.9	45.23	14m	4.60%											
10.25.2017 17:00	10.25.2017 17:03	NZDCAD	Buy	0.30	-	-	0.87509	0.87696	18.7	42.69	3m	4.54%											
10.25.2017 16:09	10.25.2017 16:52	NZDCAD	Buy	0.30	0.87100	0.88000	0.87264	0.87097	-16.7	-40.81	43m	-4.16%											
10.25.2017 15:42	10.25.2017 15:50	EURUSD	Buy	0.30	-	-	1.17736	1.17771	3.5	8.38	7m	0.86%											
10.25.2017 15:37	10.25.2017 15:38	USDJPY	Buy	0.30	-	-	114.21500	114.19800	-1.7	-6.27	27s	-0.64%											
10.25.2017 15:22	10.25.2017 15:36	NZDUSD	Buy	0.30	-	-	0.68768	0.68703	-6.5	-20.74	14m	-2.07%											
Deposit														1000.00									

"How often do you trade?"

I only trade when I see an opportunity being presented on the charts.

There is always an opportunity, you just need to be able to decipher how long you want to be in a trade for. Some opportunities may be longer term, while others short term before they come into fruition.

Every account that I publish has a purpose. There are many accounts I trade with I wish not to reveal such as the one below because there is no value for me to publish them.

The primary focus for publishing my accounts is for the **suFreshFX Project**.

Thank you.



Performance		Trade Stats	
④ Profit Factor:	73.97	④ Closed Trades:	19
④ Sharpe Ratio:	na	④ Open Trades:	0
④ Sortino Ratio:	na	④ Long Trades:	3
④ Return:	74.9%	④ Short Trades:	16
④ Time Return:		④ Avg Trade Return:	3.3%
④ Annualized Return:	na	④ Avg Trade Profit:	🔒
④ Gross Gain:	🔒	④ Avg Trade Pips:	11.8
④ Gross Loss:	🔒	④ Avg Trade Lots:	🔒
④ Profit:	🔒	④ Avg Trade Duration:	2 hr 12 min
④ Pips Gained:	225	④ Win Rate:	94.7%
④ Pips Lost:	-1	④ Avg Winning Trade:	3.5%
④ Net Pips:	224	④ Avg Losing Trade:	-1.0%
④ Max Return Run-Up:	74.9%	④ Winning Trades:	18
④ Max Return Drawdown:		④ Losing Trades:	1
④ Max Profit Run-Up:	🔒	④ Even Trades:	0
④ Max Profit Drawdown:	🔒	④ Max Consec Wins:	16
		④ Max Consec Losses:	1
		④ Best Trade Return:	11.3%
		④ Worst Trade Return:	-1.0%
		④ Best Trade Profit:	🔒
		④ Worst Trade Profit:	🔒
		④ Lots Traded:	🔒
		④ Time in Trade:	10%

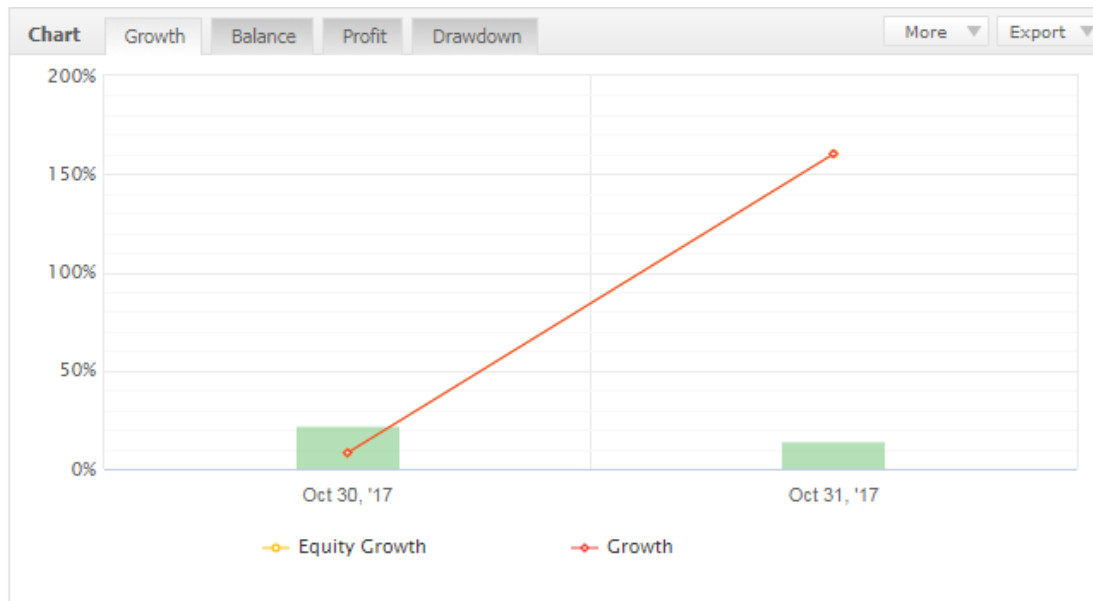
Averages	Return	Profit	Pips	Entries	Lots
Daily	5.9%		20	1.7	
Weekly	18.7%		56	4.8	
Monthly	na	na	na	na	na
Quarterly	na	na	na	na	na
Annual	na	na	na	na	na


Instruments	Return	Profit	Pips	Entries	Lots
NZD/USD	32.8%		104	6	
EUR/AUD	16.9%		53	4	
EUR/CHF	6.0%		16	4	
GBP/JPY	4.5%		23	2	
AUD/USD	1.2%		6	1	
EUR/JPY	0.5%		21	2	



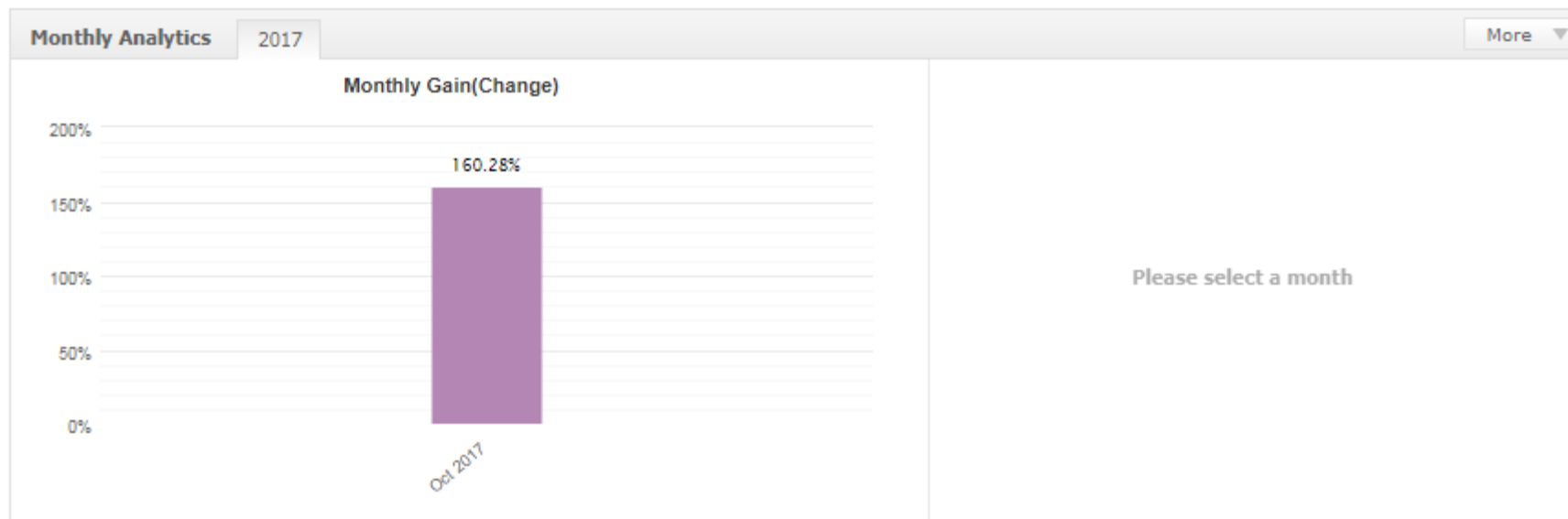
Instrument	Price Open/Close	Date Open/Close	🔒 Lots	📈 Return	📈 Profit	📈 Pips	Chart	🔒 Balance	🔒 Swap/Comm.	🕒 Duration	Note
NZD/USD	Sell 0.69729 Buy 0.69549	Oct 23, 2017 5:50pm Oct 23, 2017 10:26pm	🔒	5.7%	🔒	18.0		🔒	🔒	5 hr	
NZD/USD	Sell 0.69868 Buy 0.69564	Oct 23, 2017 7:21pm Oct 23, 2017 10:26pm	🔒	9.7%	🔒	30.4		🔒	🔒	3 hr	
NZD/USD	Sell 0.69729 Buy 0.69546	Oct 23, 2017 5:52pm Oct 23, 2017 10:26pm	🔒	5.8%	🔒	18.3		🔒	🔒	5 hr	
NZD/USD	Sell 0.69898 Buy 0.69545	Oct 23, 2017 10:02pm Oct 23, 2017 10:26pm	🔒	11.3%	🔒	35.3		🔒	🔒	25 min	
AUD/USD	Sell 0.78069 Buy 0.78010	Oct 23, 2017 11:26am Oct 23, 2017 12:59pm	🔒	1.2%	🔒	5.9		🔒	🔒	1 hr 34 min	
EUR/CHF	Sell 1.15936 Buy 1.15860	Oct 23, 2017 5:27am Oct 23, 2017 6:52am	🔒	3.2%	🔒	7.6		🔒	🔒	1 hr 25 min	
EUR/CHF	Sell 1.15923 Buy 1.15861	Oct 23, 2017 5:22am Oct 23, 2017 6:52am	🔒	2.6%	🔒	6.2		🔒	🔒	1 hr 30 min	
GBP/JPY	Sell 150.205 Buy 150.093	Oct 23, 2017 1:12am Oct 23, 2017 5:12am	🔒	2.2%	🔒	11.2		🔒	🔒	4 hr	
GBP/JPY	Sell 150.235 Buy 150.116	Oct 23, 2017 1:15am Oct 23, 2017 5:12am	🔒	2.3%	🔒	11.9		🔒	🔒	4 hr	
EUR/CHF	Sell 1.15803 Buy 1.15794	Oct 23, 2017 12:44am Oct 23, 2017 12:55am	🔒	0.1%	🔒	0.9		🔒	🔒	12 min	
EUR/CHF	Sell 1.15807 Buy 1.15794	Oct 23, 2017 12:45am Oct 23, 2017 12:55am	🔒	0.2%	🔒	1.3		🔒	🔒	11 min	
NZD/USD	Buy 0.69681 Sell 0.69687	Oct 22, 2017 10:52pm Oct 23, 2017 12:17am	🔒	0.0%	🔒	0.6		🔒	🔒	1 hr 25 min	
NZD/USD	Buy 0.69674 Sell 0.69686	Oct 22, 2017 10:59pm Oct 23, 2017 12:16am	🔒	0.2%	🔒	1.2		🔒	🔒	1 hr 18 min	
EUR/AUD	Sell 1.50551 Buy 1.50408	Oct 22, 2017 6:18pm Oct 22, 2017 10:41pm	🔒	0.6%	🔒	14.3		🔒	🔒	4 hr	
EUR/AUD	Sell 1.50553 Buy 1.50408	Oct 22, 2017 6:19pm Oct 22, 2017 10:41pm	🔒	6.1%	🔒	14.5		🔒	🔒	4 hr	
EUR/AUD	Sell 1.50667 Buy 1.50407	Oct 22, 2017 8:24pm Oct 22, 2017 10:41pm	🔒	11.3%	🔒	26.0		🔒	🔒	2 hr 18 min	
EUR/AUD	Buy 1.50648 Sell 1.50634	Oct 22, 2017 7:19pm Oct 22, 2017 7:32pm	🔒	-1.0%	🔒	-1.4		🔒	🔒	14 min	
EUR/JPY	Sell 134.046 Buy 133.937	Oct 22, 2017 5:01pm Oct 22, 2017 6:12pm	🔒	0.3%	🔒	10.9		🔒	🔒	1 hr 11 min	
EUR/JPY	Sell 134.043 Buy 133.939	Oct 22, 2017 5:03pm Oct 22, 2017 6:12pm	🔒	0.2%	🔒	10.4		🔒	🔒	1 hr 10 min	

Info	Stats	General
Gain:	+160.28%	
Abs. Gain:	+160.28%	
Daily:	160.28%	
Monthly:	160.28%	
Drawdown:	11.63%	
Balance:	\$0.00	
Equity:	(0%) \$0.00	
Highest:	(Oct 31) \$5205.58	
Profit:	\$3205.58	
Interest:	\$0.00	
Deposits:	\$2000.00	
Withdrawals:	\$5205.58	
Updated:	2 Minutes ago	
Tracking	0	

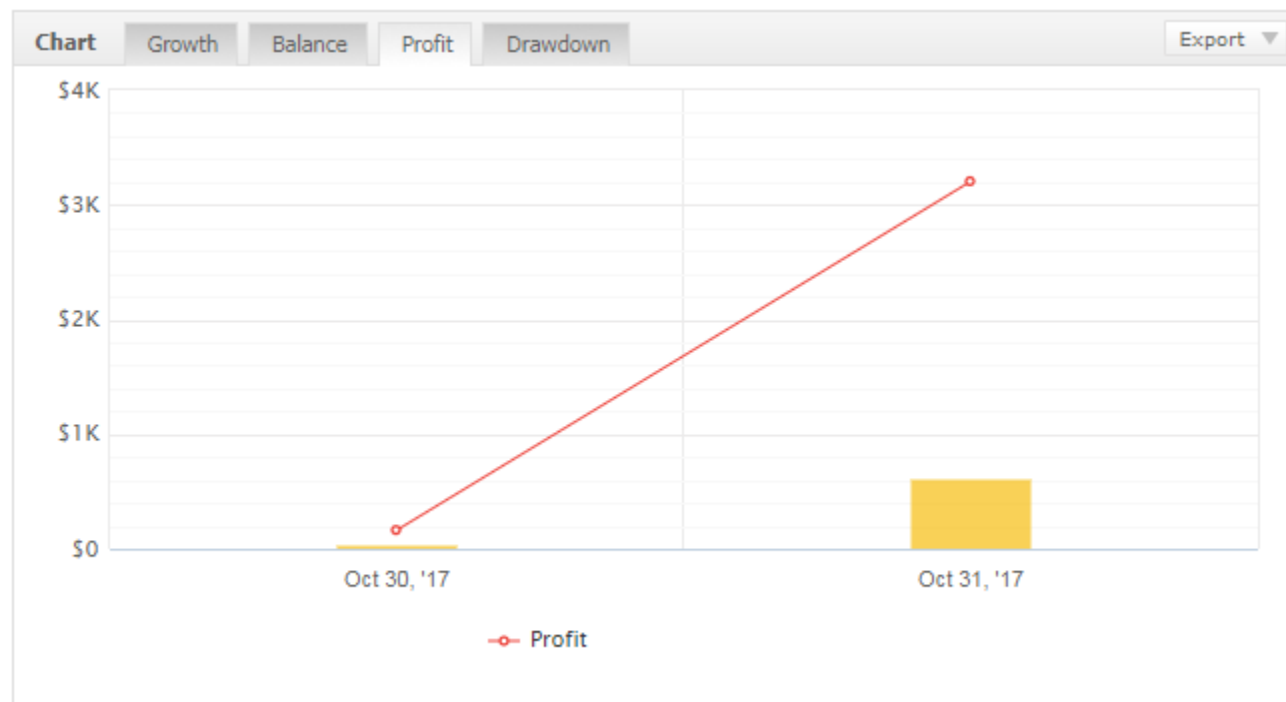


Trading	Periods	Goals	Browser			
	Gain (Difference)	Profit (Difference)	Pips (Difference)	Win % (Difference)	Trades (Difference)	Lots (Difference)
Today	+0.0% (-140.62%)	\$0.00 (-\$3042.18)	0.00 (-426.4)	0% (%)	0 ()	0.00 (-13.60)
This Week	+160.28% (-)	\$3205.58 (-)	460.50 (-)	66% (-)	36 (-)	35.20 (-)
This Month	+0.0% (-160.28%)	\$0.00 (-\$3205.58)	0.00 (-460.5)	0% (%)	0 ()	0.00 (-35.20)
This Year	+160.28% (-)	\$3205.58 (-)	460.50 (-)	66% (-)	36 (-)	35.20 (-)

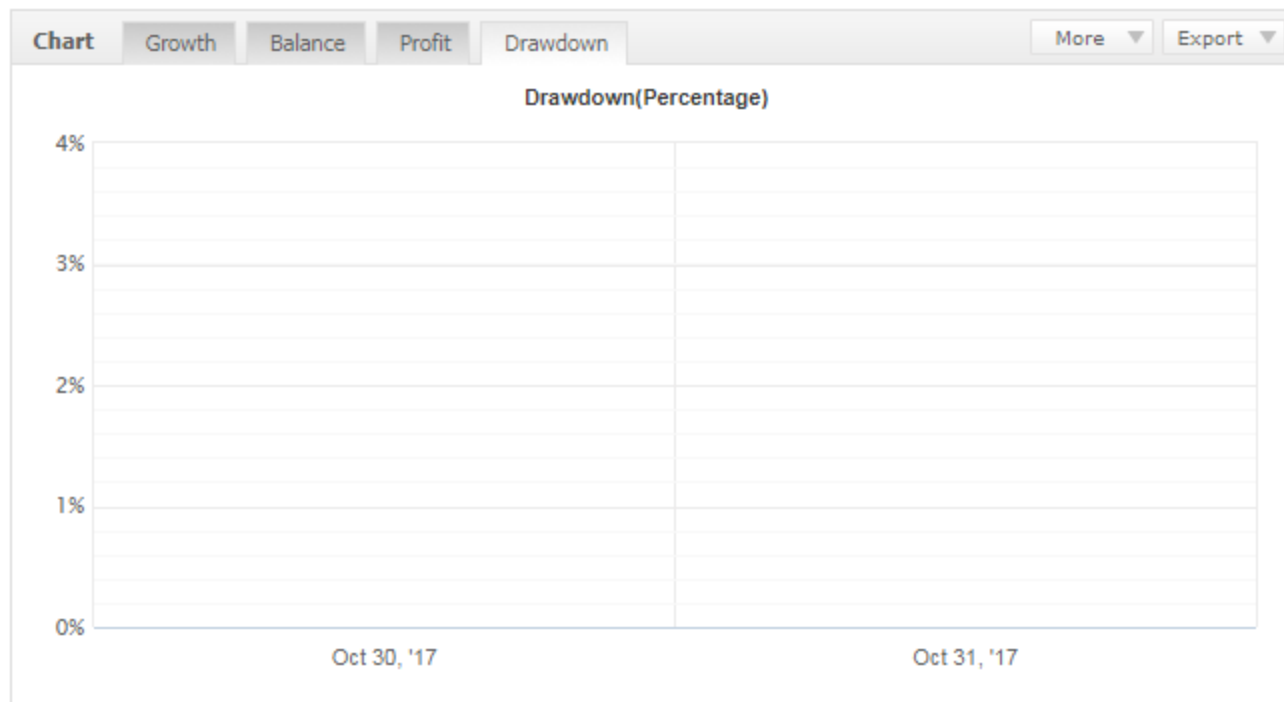
Advanced Statistics	Trades	Summary	Hourly	Daily	Risk Of Ruin	Duration	MAE/MFE	
Trades:	36	Longs Won:	(19/23) 82%	Profit Factor:	4.57			
Profitability:		Shorts Won:	(5/13) 38%	Standard Deviation:	\$210.66			
Pips:	460.5	Best Trade(\$):	(Oct 31) 787.47	Sharpe Ratio:	0.00			
Average Win:	23.37 pips / \$170.96	Worst Trade(\$):	(Oct 30) -112.40	Z-Score (Probability):	-2.48 (99.99%)			
Average Loss:	-8.36 pips / -\$74.78	Best Trade (Pips):	(Oct 31) 73.5	Expectancy:	12.8 Pips / \$89.04			
Lots:	35.2	Worst Trade (Pips):	(Oct 30) -13.3	AHPR:	2.88%			
Commissions:	-\$254.36	Avg. Trade Length:	1h 31m	GHPR:	2.69%			



Info	Stats	General
Gain: +160.28%		
Abs. Gain: +160.28%		
Daily: 160.28%		
Monthly: 160.28%		
Drawdown: 11.63%		
Balance: \$0.00		
Equity: (0%) \$0.00		
Highest: (Oct 31) \$5205.58		
Profit: \$3205.58		
Interest: \$0.00		
Deposits: \$2000.00		
Withdrawals: \$5205.58		
Updated: 6 Minutes ago		
Tracking 0		



Info	Stats	General
Gain: +160.28%		
Abs. Gain: +160.28%		
Daily: 160.28%		
Monthly: 160.28%		
Drawdown: 11.63%		
Balance: \$0.00		
Equity: (0%) \$0.00		
Highest: (Oct 31) \$5205.58		
Profit: \$3205.58		
Interest: \$0.00		
Deposits: \$2000.00		
Withdrawals: \$5205.58		
Updated: 7 Minutes ago		
Tracking 0		



Advanced Statistics												More		
Trades			Summary			Hourly	Daily	Risk Of Ruin		Duration		MAE/MFE		
Longs						Shorts			Total					
Currency	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Won (%)	Lost (%)			
GBPUSD	0	0.0	0	1	1.7	8.19	1	1.7	8.19	1 (100%)	0 (0%)			
AUDUSD	2	8.9	71.82	1	-6.5	-62.64	3	2.4	9.18	2 (67%)	1 (33%)			
EURAUD	1	34.1	763.40	0	0.0	0	1	34.1	763.40	1 (100%)	0 (0%)			
GBPCAD	1	4.0	20.95	0	0.0	0	1	4.0	20.95	1 (100%)	0 (0%)			
GBPJPY	10	17.3	65.23	6	-26.0	-249.19	16	-8.7	-183.96	7 (44%)	9 (56%)			
EURUSD	3	39.8	339.38	5	5.3	16.31	8	45.1	355.69	6 (75%)	2 (25%)			
EURNZD	6	381.9	2232.13	0	0.0	0	6	381.9	2232.13	6 (100%)	0 (0%)			

Advanced Statistics

Trades

Summary

Hourly

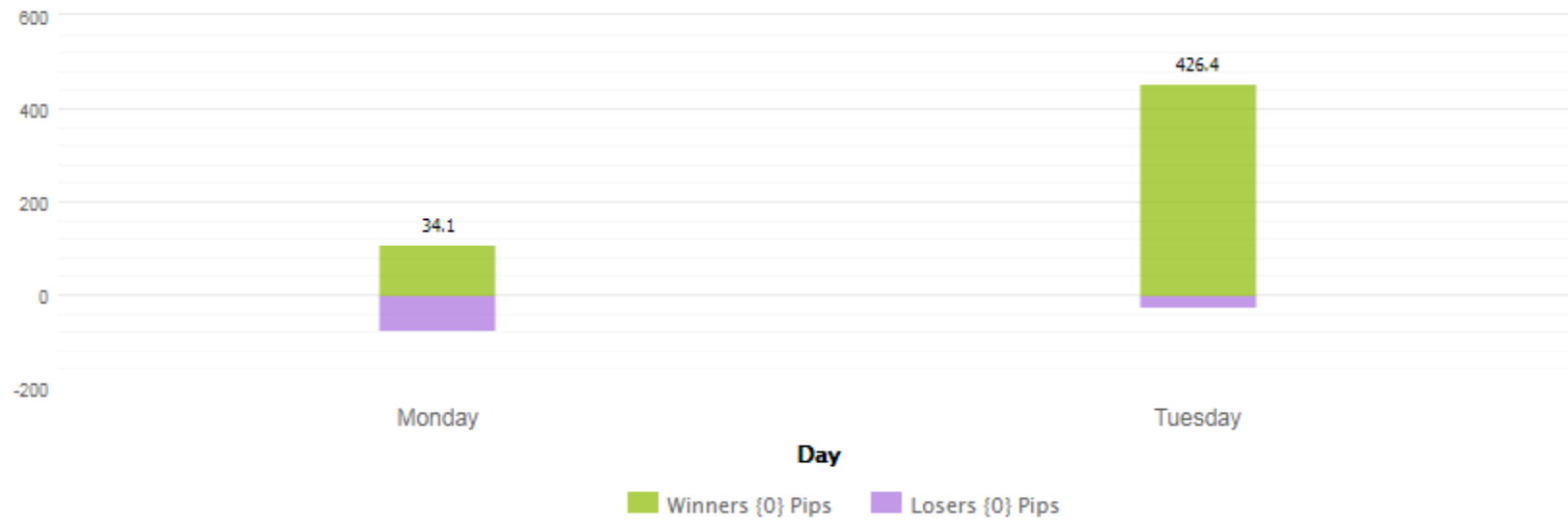
Daily

Risk Of Ruin

Duration

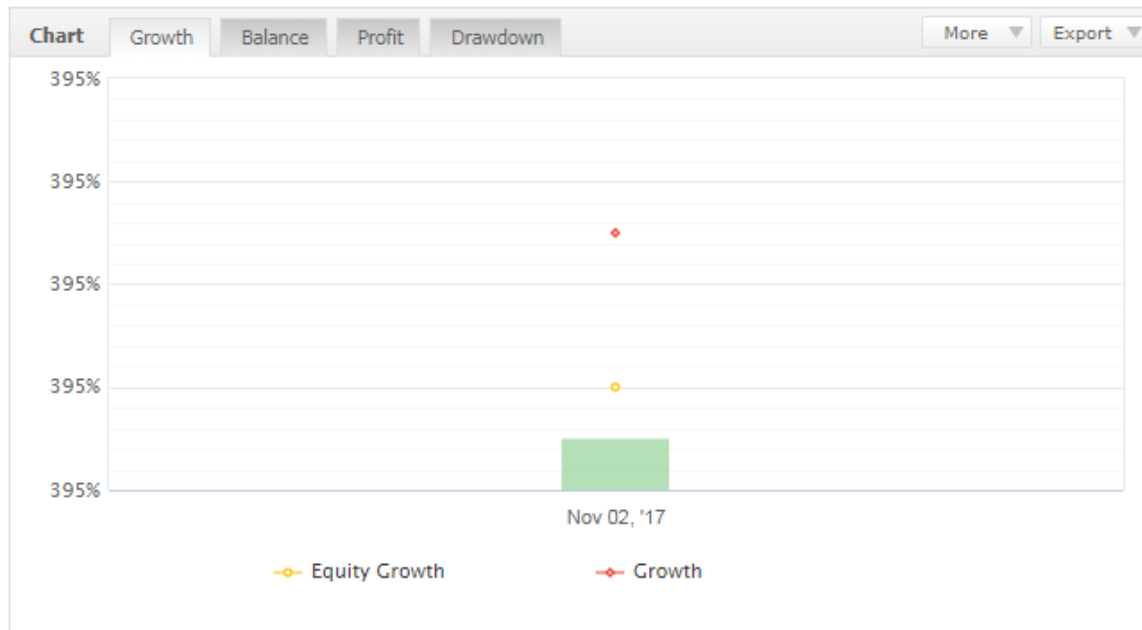
MAE/MFE


More ▼

Winners Profit Vs. Losers Losses

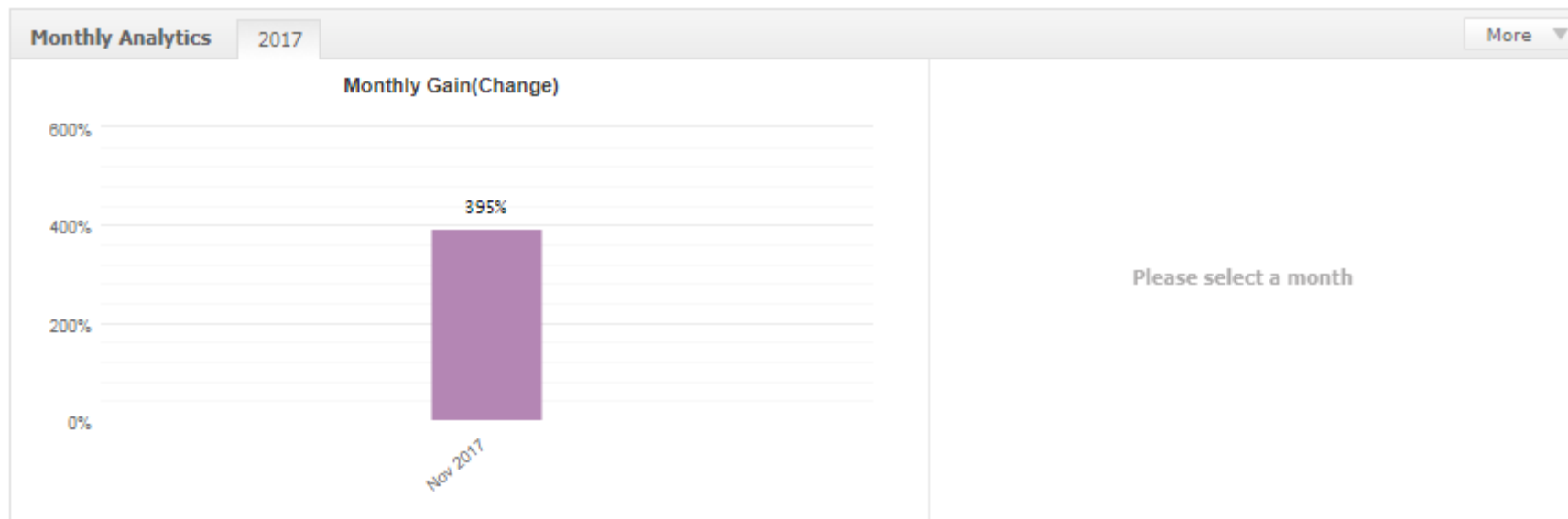
Trading Activity															Open Trades (0)		Open Orders (0)		History (38)		Exposure		More	
Open Date	Close date	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain												
	10.30.2017 18:08	10.30.2017 18:16	GBPJPY	Buy	0.90	-	-	149.35100	149.22300	-12.8	-108.96	8m	-4.77%											
	10.30.2017 16:00	10.30.2017 17:53	EURUSD	Buy	0.90	-	-	1.16204	1.16319	11.5	97.22	1h 52m	4.44%											
	10.30.2017 15:58	10.30.2017 17:53	EURUSD	Buy	0.90	-	-	1.16188	1.16327	13.9	118.83	1h 54m	5.75%											
	10.30.2017 15:58	10.30.2017 17:52	EURUSD	Buy	0.90	-	-	1.16187	1.16331	14.4	123.33	1h 54m	6.34%											
	10.30.2017 15:49	10.30.2017 15:59	EURUSD	Sell	0.90	-	-	1.16133	1.16194	-6.1	-61.17	9m	-3.05%											
	10.30.2017 15:50	10.30.2017 15:59	EURUSD	Sell	0.90	-	-	1.16142	1.16199	-5.7	-57.57	9m	-2.79%											
	10.30.2017 12:37	10.30.2017 15:23	GBPJPY	Sell	0.90	-	-	149.60800	149.61400	-0.6	-11.87	2h 45m	-0.57%											
	10.30.2017 12:14	10.30.2017 15:23	GBPJPY	Sell	0.90	-	-	149.47800	149.59500	-11.7	-99.94	3h 8m	-4.59%											
	10.30.2017 13:18	10.30.2017 15:23	GBPJPY	Sell	0.90	-	-	149.75200	149.57700	17.5	131.74	2h 4m	6.45%											
	10.30.2017 12:01	10.30.2017 12:03	GBPUSD	Sell	0.90	-	-	1.31618	1.31601	1.7	8.19	2m	0.40%											
	10.30.2017 10:30	10.30.2017 10:34	GBPCAD	Buy	0.90	-	1.69200	1.68909	1.68949	4.0	20.95	4m	1.04%											
	10.30.2017 10:07	10.30.2017 10:11	GBPJPY	Buy	0.90	-	-	149.63600	149.72200	8.6	60.94	4m	3.12%											
	10.30.2017 10:07	10.30.2017 10:11	GBPJPY	Buy	0.90	-	-	149.65500	149.73600	8.1	56.99	3m	3.00%											
	10.30.2017 10:06	10.30.2017 10:08	GBPJPY	Sell	0.90	-	-	149.54800	149.68100	-13.3	-112.40	1m	-5.59%											
	10.30.2017 10:03	10.30.2017 10:05	AUDUSD	Buy	0.90	-	-	0.76696	0.76739	4.3	34.56	2m	1.75%											
	10.30.2017 10:02	10.30.2017 10:05	AUDUSD	Buy	0.90	-	-	0.76694	0.76740	4.6	37.26	2m	1.92%											
	10.30.2017 09:51	10.30.2017 10:03	AUDUSD	Sell	0.90	-	-	0.76661	0.76726	-6.5	-62.64	12m	-3.13%											
	10.30.2017 09:46		Deposit								2000.00													
															Previous	1	2	Next						

Info	Stats	General
Gain: +395.0%		
Abs. Gain: +395.0%		
Daily: 395.00%		
Monthly: 395.00%		
Drawdown: 0.00%		
Balance: \$49.50		
Equity: (100.00%) \$49.50		
Highest: (Nov 02) \$49.50		
Profit: \$39.50		
Interest: \$0.00		
Deposits: \$10.00		
Withdrawals: \$0.00		
Updated: 4 Minutes ago		
Tracking 0		

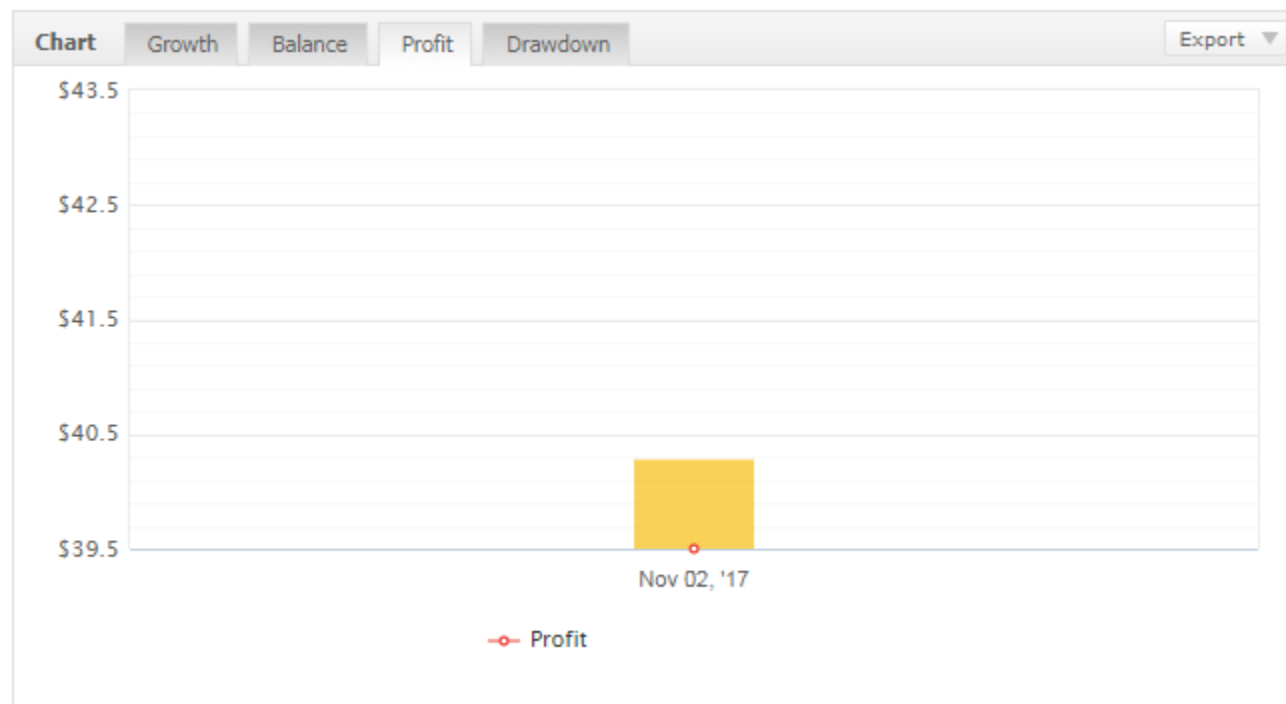


Trading	Periods	Goals	Browser				
		Gain (Difference)	Profit (Difference)	Pips (Difference)	Win % (Difference)	Trades (Difference)	Lots (Difference)
Today		+395.0% (-)	\$39.50 (-)	80.40 (-)	100% (-)	2 (-)	0.10 (-)
This Week		+395.0% (-)	\$39.50 (-)	80.40 (-)	100% (-)	2 (-)	0.10 (-)
This Month		+395.0% (-)	\$39.50 (-)	80.40 (-)	100% (-)	2 (-)	0.10 (-)
This Year		+395.0% (-)	\$39.50 (-)	80.40 (-)	100% (-)	2 (-)	0.10 (-)

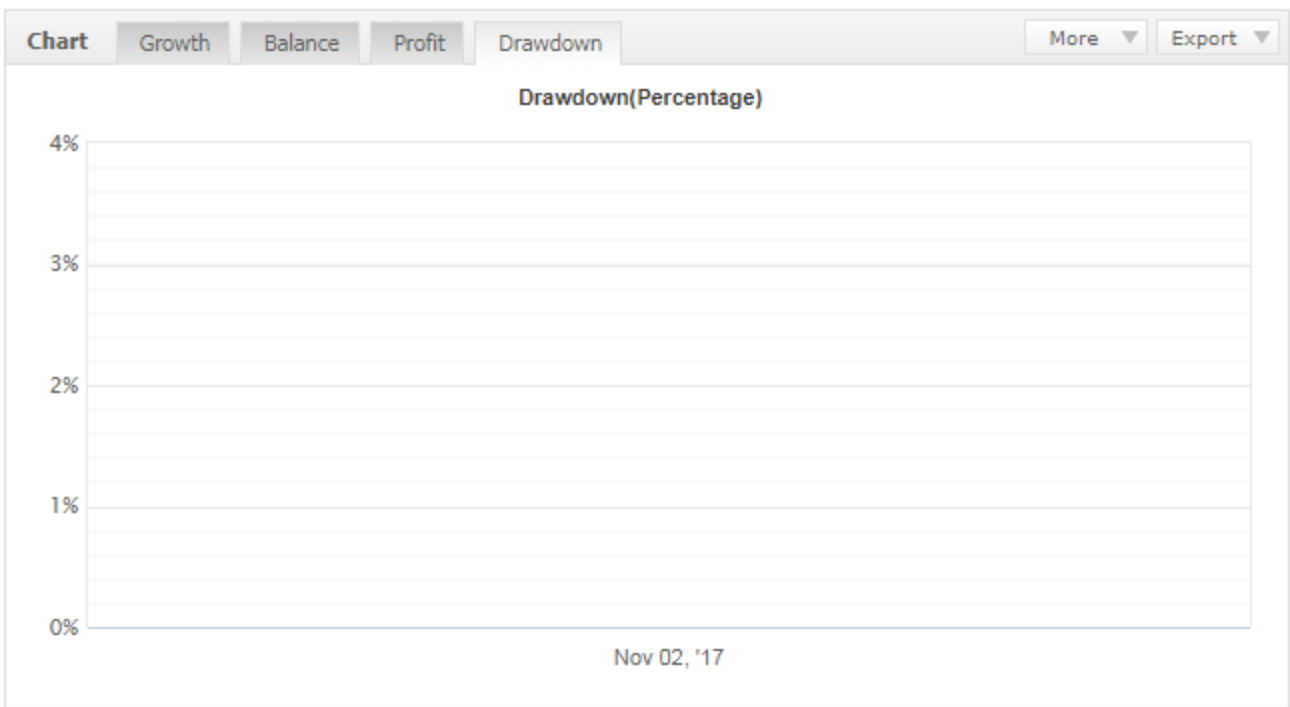
Advanced Statistics		Trades	Summary	Hourly	Daily	Risk Of Ruin	Duration	MAE/MFE
Trades:	2	Longs Won:		(2/2) 100%		Profit Factor:		-
Profitability:	<div></div>	Shorts Won:		(0/0) 0%		Standard Deviation:		\$1.98
Pips:	80.4	Best Trade(\$):		(Nov 02) 21.1500		Sharpe Ratio:		0.92
Average Win:	40.20 pips / \$19.75	Worst Trade(\$):		(Nov 02) 18.35		Z-Score (Probability):		0.00 (0.00%)
Average Loss:	0 pips / \$0.00	Best Trade (Pips):		(Nov 02) 43.0		Expectancy:		40.2 Pips / \$19.75
Lots:	0.1	Worst Trade (Pips):		(Nov 02) 37.4		AHPR:		135.21%
Commissions:	-\$0.70	Avg. Trade Length:		2h 2m		GHPR:		122.49%



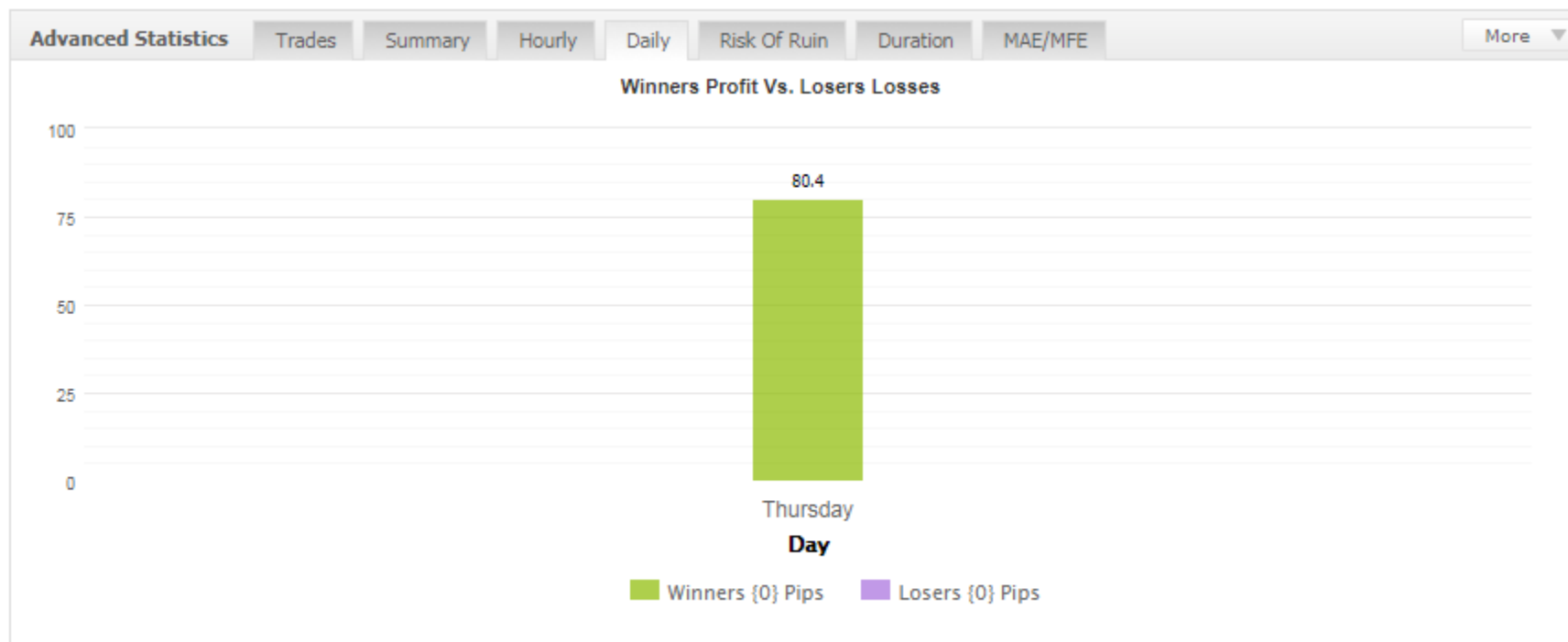
Info		Stats	General
Gain:		+395.0%	
Abs. Gain:		+395.0%	
Daily:		395.00%	
Monthly:		395.00%	
Drawdown:		0.00%	
Balance:		\$49.50	
Equity:		(100.00%) \$49.50	
Highest:		(Nov 02) \$49.50	
Profit:		\$39.50	
Interest:		\$0.00	
Deposits:		\$10.00	
Withdrawals:		\$0.00	
Updated:		7 Minutes ago	
Tracking		0	



Info	Stats	General
Gain: +395.0%		
Abs. Gain: +395.0%		
Daily: 395.00%		
Monthly: 395.00%		
Drawdown: 0.00%		
Balance: \$49.50		
Equity: (100.00%) \$49.50		
Highest: (Nov 02) \$49.50		
Profit: \$39.50		
Interest: \$0.00		
Deposits: \$10.00		
Withdrawals: \$0.00		
Updated: 8 Minutes ago		
Tracking 0		



Advanced Statistics												More	
Trades			Summary			Hourly	Daily	Risk Of Ruin		Duration		MAE/MFE	
Longs				Shorts				Total					
Currency	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Trades	Pips	Profit(\$)	Won (%)	Lost (%)		
EURUSD	2	80.4	39.50	0	0.0	0	2	80.4	39.50	2 (100%)	0 (0%)		



Trading Activity Open Trades (0) Open Orders (0) History (3) Exposure More ▾

?	Open Date	Close date ▾	Symbol	Action	Lots	SL(Price)	TP(Price)	Open Price	Close Price	Pips	Net Profit	Duration	Gain	?	?
	11.02.2017 02:01	11.02.2017 03:45	EURUSD	Buy	0.05	-	-	1.16304	1.16678	37.4	18.35	1h 44m	58.91%		
	11.02.2017 01:24	11.02.2017 03:45	EURUSD	Buy	0.05	-	-	1.16244	1.16674	43.0	21.15	2h 21m	211.50%		
	11.02.2017 01:23			Deposit							10.00				

"What pairs do you trade?"

All pairs as long as an opportunity is being presented.

I typically stay away from exotic pairs due to the difference between the bid and ask price.

"What time frames do you trade?"

All time frames as long as an opportunity is being presented.

"What money management strategy do you recommend?"

Most will say 1% to 3%. I do not disagree with this.

I recommend most traders to use a money management strategy as it will help with emotions.

Myself personally I tend to build a small profit before I increase my risk. I always protect my equity before I take on greater risks. Hope it helps.

"Do you have any tips for trading?"

Learn how to trade properly.

Once you learn how to trade, build a small profit before increasing your risk.

Do not invest large sums of money into an account. You will be able to trade any amount with proper money management and grow the account once you learn how to trade properly

Stay away from everyone that boasts how they made a great trade and is now looking for gratification.

Treat trading as a business not a hobby.

"Do you use a stop loss?"

Yes absolutely.

"Do you trade other financial instruments?"

Yes, but I primarily focus on the foreign exchange spot market.

Trade of the Week

October 29th, 2017 to November 3rd, 2017

example.007(eur.usd)

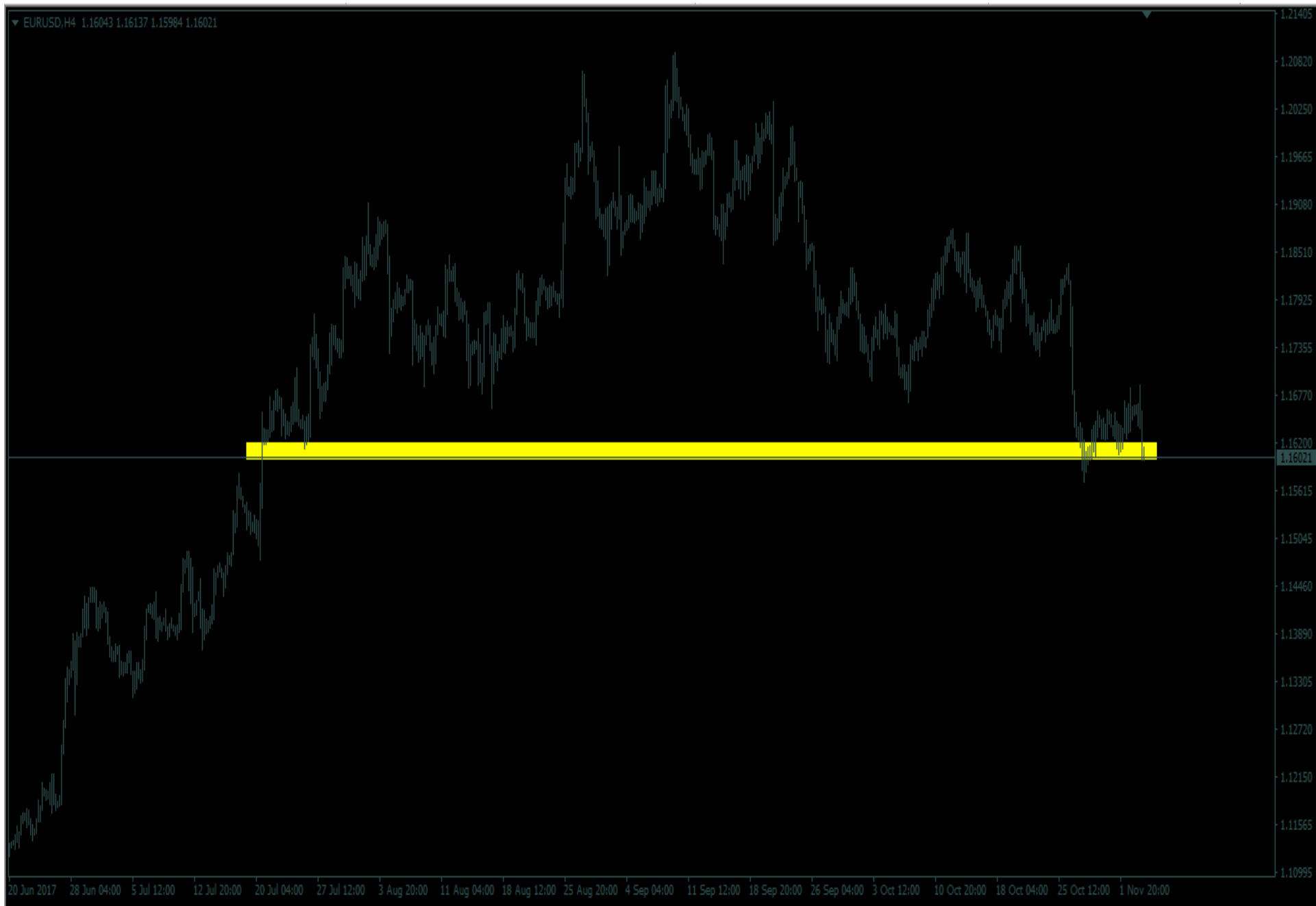
the yellow brick road shows the overall area of interest

example.008(eur.usd)

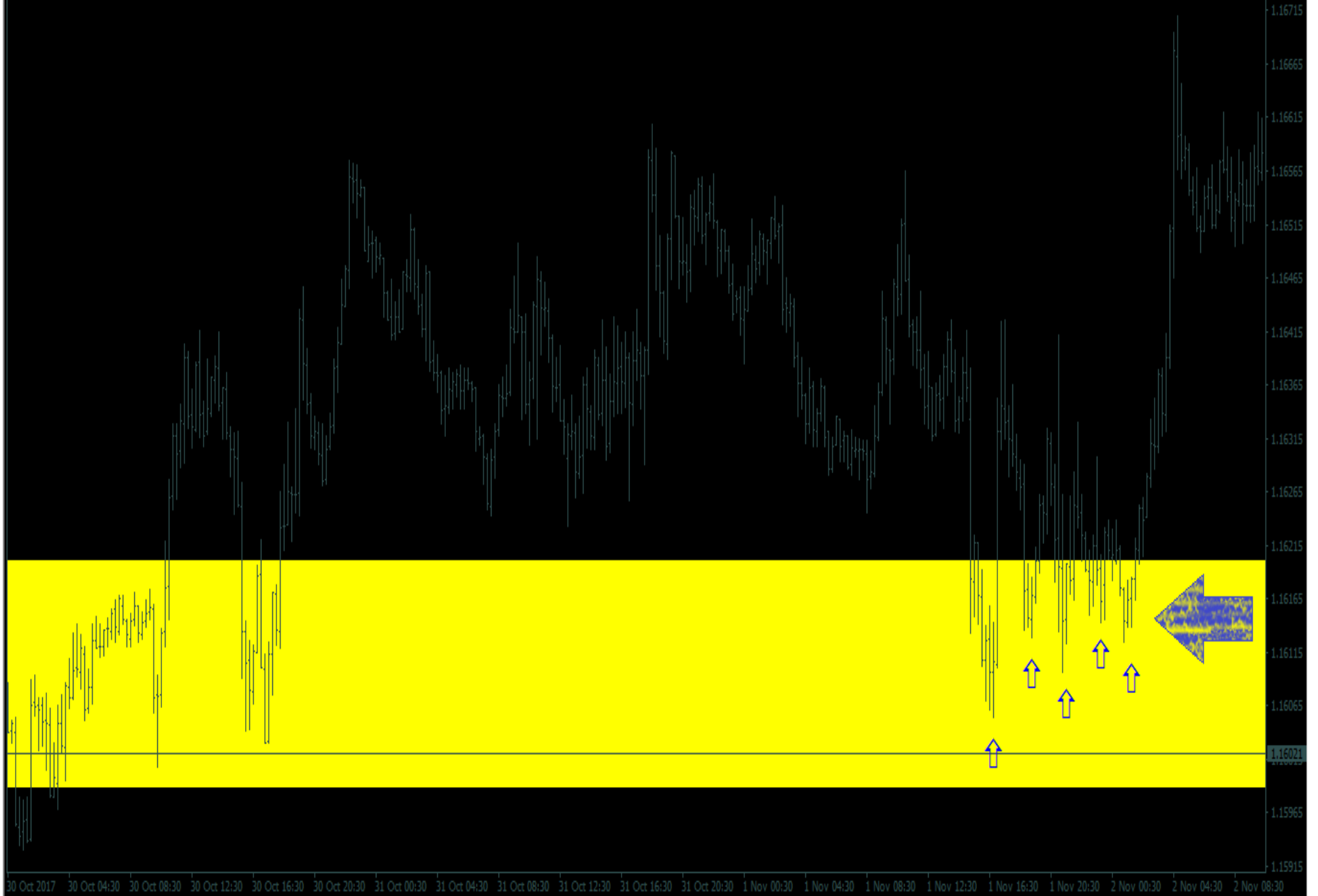
5 candles reveal buying opportunities (vertical blue arrows)

buy in 1 of the 5 buying opportunities (horizontal blue arrow)

Notes: Stop loss placed at 1.16



EURUSD,M15 1.16087 1.16093 1.16021 1.16021



The mission and values of the suFreshFX Project stems to the origins of why many of us became traders; to be able to do something great and to be able to move forward by taking one step at a time.

The suFreshFX Project is to set itself apart from what is currently going on in the trading industry. A place where many of us have come to learn and be encouraged has been slowly turning into a place of fraudulent educators, automated robots that make money while you sleep, and motivational speakers who have never traded an account.

The suFreshFX Project's purpose is to build and grow a small investment into something that becomes inspirational to others. To prove that once a trader learns how to trade properly, only a small investment will be needed. The vision is to inspire to those who dream big.

Trade of the Week

January 7th, 2018 to January 12th, 2018

example.009(gbp.aud)

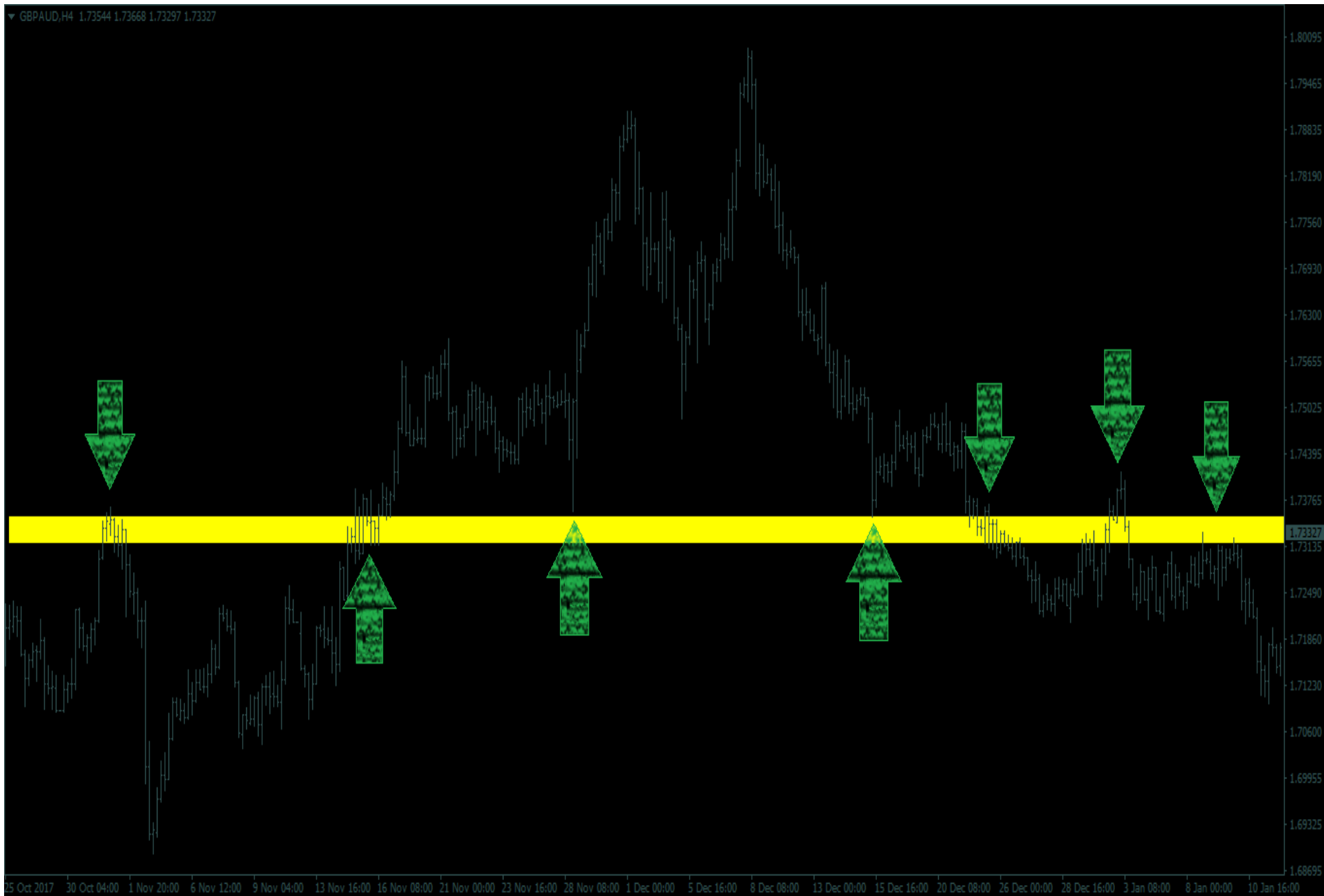
the yellow brick road shows the overall area of interest (vertical green arrows)

example.010(gbp.aud)

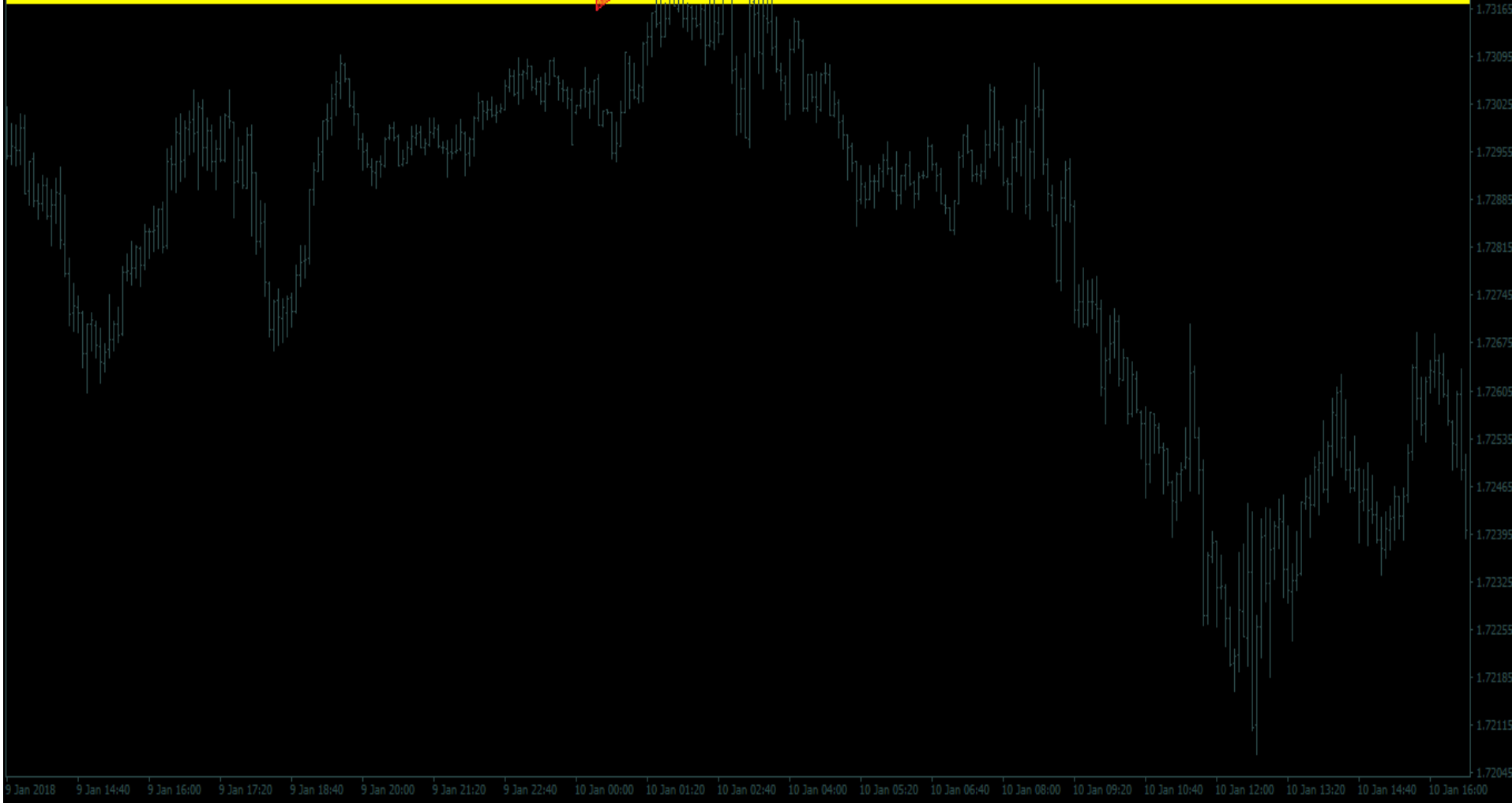
The red candle reveals a selling opportunity (horizontal red arrow)

Notes: Stop loss placed above the yellow brick road

▼ GBPAUD,H4 1.73544 1.73668 1.73297 1.73327



▼ GBPAUD,M5 1.73417 1.73455 1.73325 1.73327



basic on what I see, your strategy is just buy/sell on the support/resistance area with a big lot?

Yes the yellow brick road (support and resistance levels) is what I draw on each chart at the start of the week and also on daily basis depending on what time frame I am looking at.

U just put a limit order on that area or u need some confirmation candle like inside bar, pinbar or something else?

Yes I wait to see how price reacts around the yellow brick road (support and resistance levels) and if I see good price action around this area of interest I will make an order for a buy or sell.

You got it exactly! I am not here to re-invent the wheel. I am here to prove that the wheel works extremely well.

Trade of the Week

January 14th, 2018 to January 19th, 2018

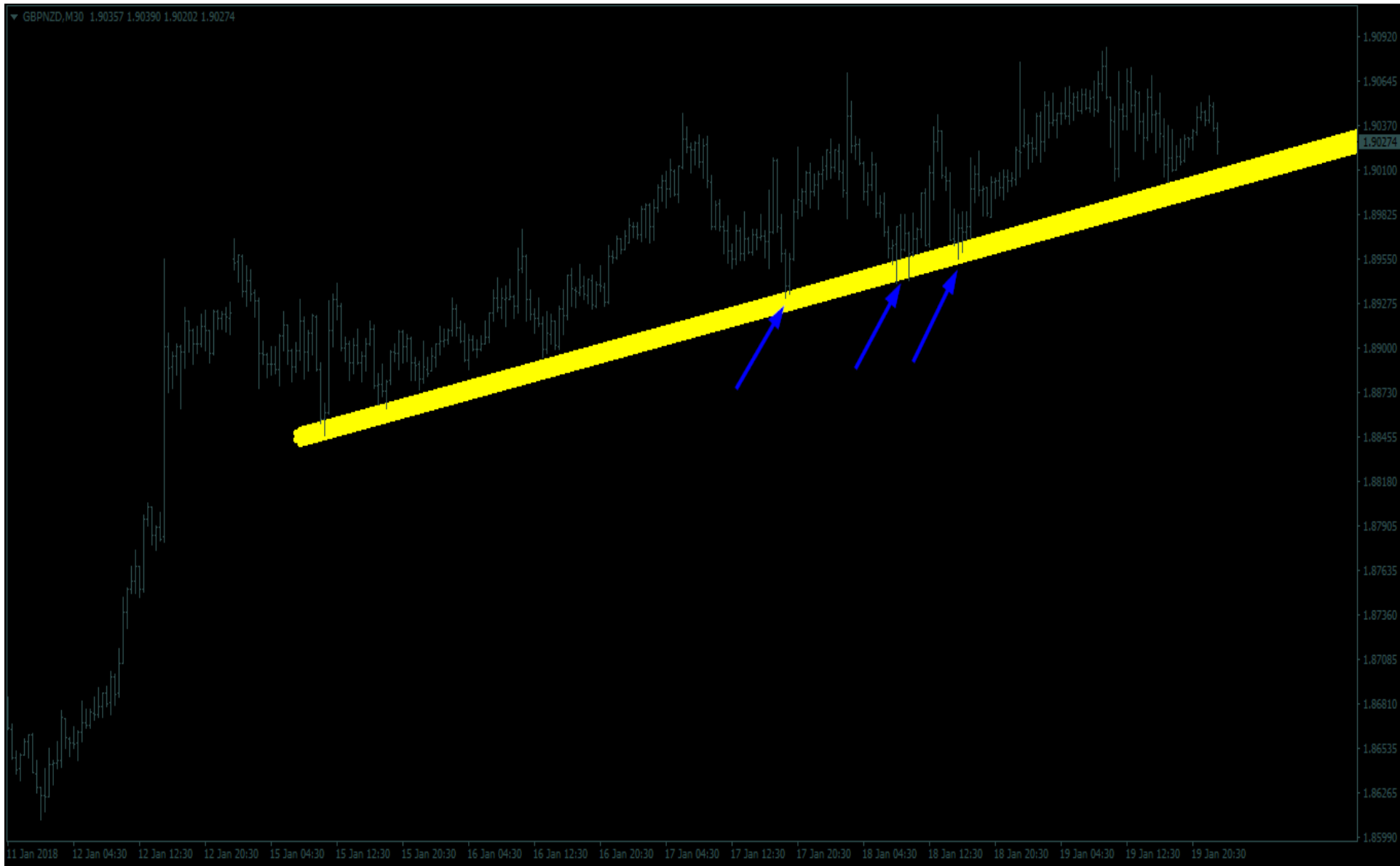
example.010(gbp.nzd)

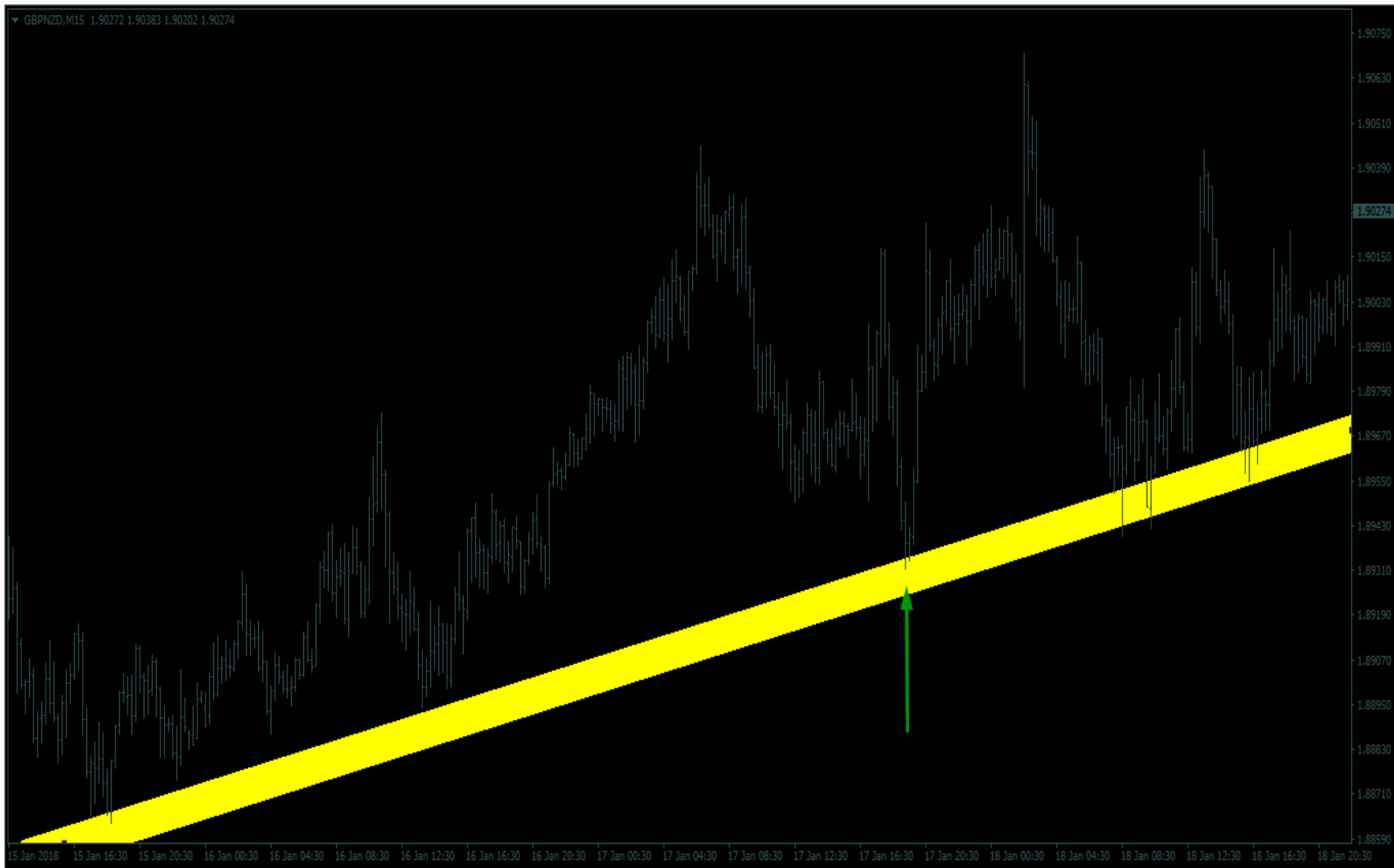
the yellow brick road shows the overall area of interest (blue arrows)

example.011(gbp.nzd)

The green arrow reveals a buying opportunity

Notes: Stop loss placed 10 to 20 pips below the yellow brick road





"Do you use Market Execution or Limit Orders when you trade?"

I only use Market Execution for 2 reasons:

- 1.** I need to see how price reacts around the yellow brick road. Many times, price will go thru the yellow brick road and won't stop. Other times price will go thru the support / resistance, but then retrace back and go accordingly to plan.
- 2.** I need to be fully engaged in the charts when I am trading on a computer or mobile device. I will not walk away until the trades have closed or my positions are in profit and I feel comfortable in doing so.

"How do you determine when to Take Profit?"

When I start my trading week I have a starting balance. My goal is not to go below the starting balance.

On the first day I will aim for a profit or a small amount of pips. I do not have a set amount of pips I see how price reacts and normally will set a small target when I start. So I primarily will be looking at intraday trades and or scalping situations. Once I hit my target the next trades can have a little more risk or go for a larger target as long as my balance is protected. This is where I will look at higher timeframes.

There are many days when I have profit of over 3k, but price reverses quickly and I get out with only \$500, leaving \$2,500 on the table. Other days I will profit \$1,000, but easily could have made over \$5,000 if I let the trade run, leaving \$4,000 on the table. Also, those days when you are in profit \$2,000, but price suddenly reverses and you close out at -\$500.

These examples are many and there will never be a perfect way to take profit as markets can be chaotic and unpredictable at times.

Always, always protect your original balance. If you go below your original balance, take safe trades until you recover. Take small profits when you start and then you can go for larger targets as long as your balance is protected.

Here is an example:

I started with 10k this week to start trading. takeprofit.A shows my profit after Day 1. takeprofit.B shows me taking riskier trades on Day 1, and unfortunately they did not come to fruition, but my balance was well protected at all times.

It is easy to think about the money we leave on the table, but do not let this effect you're trading. Live to fight another day!

Hope this helps.

A substantial portion of trading is how you are doing physiologically. This is a very big topic, and in fact one of the reasons why you will find traders failing at a successful trading method. When issues arise the point of trading is not to find the solution within trading. You should always be aware of how you are doing physiologically as this will be reflected in your trading. I can tell you on days when I feel physiologically good, I know those results will show in trading even before I look at the charts. Why? Well one of the reasons is that when I will examine the charts I know I am looking for trades that have little risk. If I do not see any, I will not take any trades to prove anything. Maybe I can show this somehow in the near future...

