

Now I am going to use snippets representing the moment.

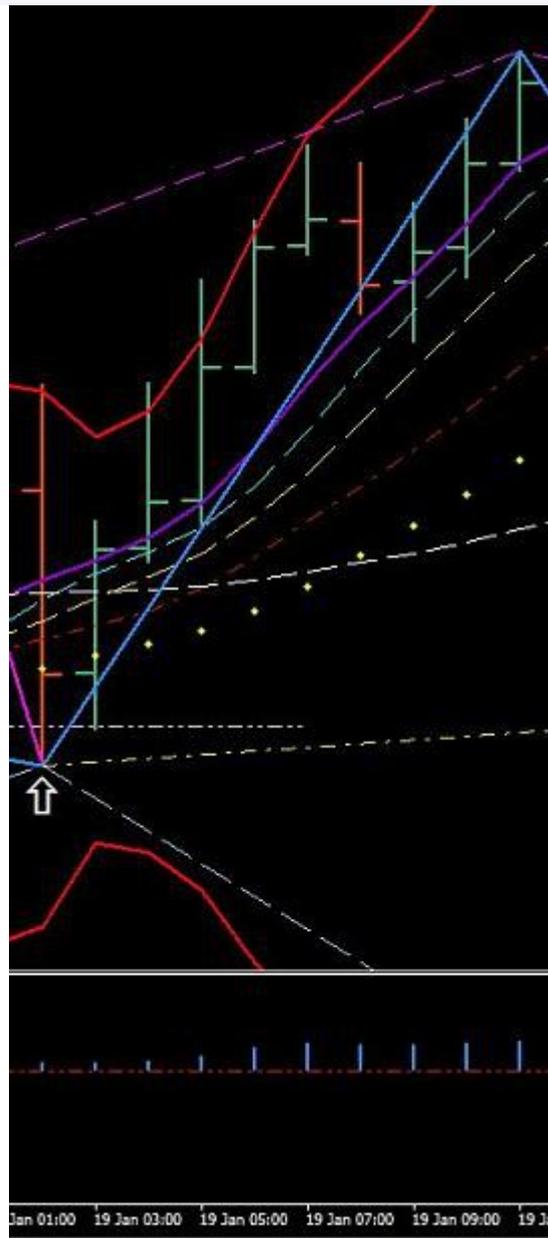
This first snippet is the 2 hour chart after opening of the 17:00 candle and what is showing? First we recognize the trend with White Smooth and EMA had crossed Purple for the uptrend with the Parabolic in trend; in which all four are supports. Next we have ROMAR as resistance.



The 1 hour: On the same two hour candle we have the same trend: White Smooth and **EMA** in the uptrend trend with the Parabolic in trend. We also have ROMAR crossing Purple as a signal of changing trend for this swing. You also had the SAR attached to the previous two candles at the upper band. This attachment means a retrace back to support; and the SAR did reattached on the second 1 hour candle. And this is where I took my entry as low as possible at the Daily Open line at 117.272. Because of taking the entry as low as possible ROMAR was no longer a threat of losing my trade in using B/E.



This next 1 hour is showing the market getting above ROMAR which is now support and crossing EMA for the change of trend. And Traders that was an easy 40 pips.



And here is the 2 hour.



Next Trade:

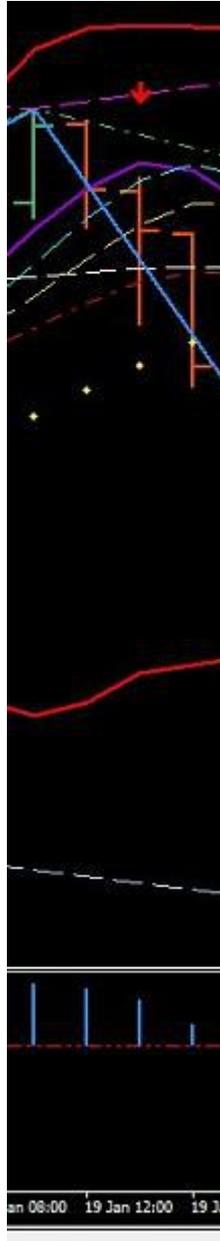
One thing you have to always keep in mind and that is the Daily supports and resistance. On the trade above in the uptrend; the market also hit the Daily EMA resistance. This is why you always have a trading plan right there at your trading station.

Showing here:



The Daily trend is down but also in consolidation. Both ROMAR and EMA are still in the downtrend. And this trend will not change until EMA crosses Purple and then: Well ROMAR will be one tough wall to break until EMA is within striking distance. So be looking at a lot of up and down days.

On this next trade you have the 2 hour showing the turn back into the downtrend and especially with the hit on the Daily EMA. You have showing a Red Arrow with the market breaking EMA and the Open Candle below Smooth. As support you have ROMAR and the Parabolic.

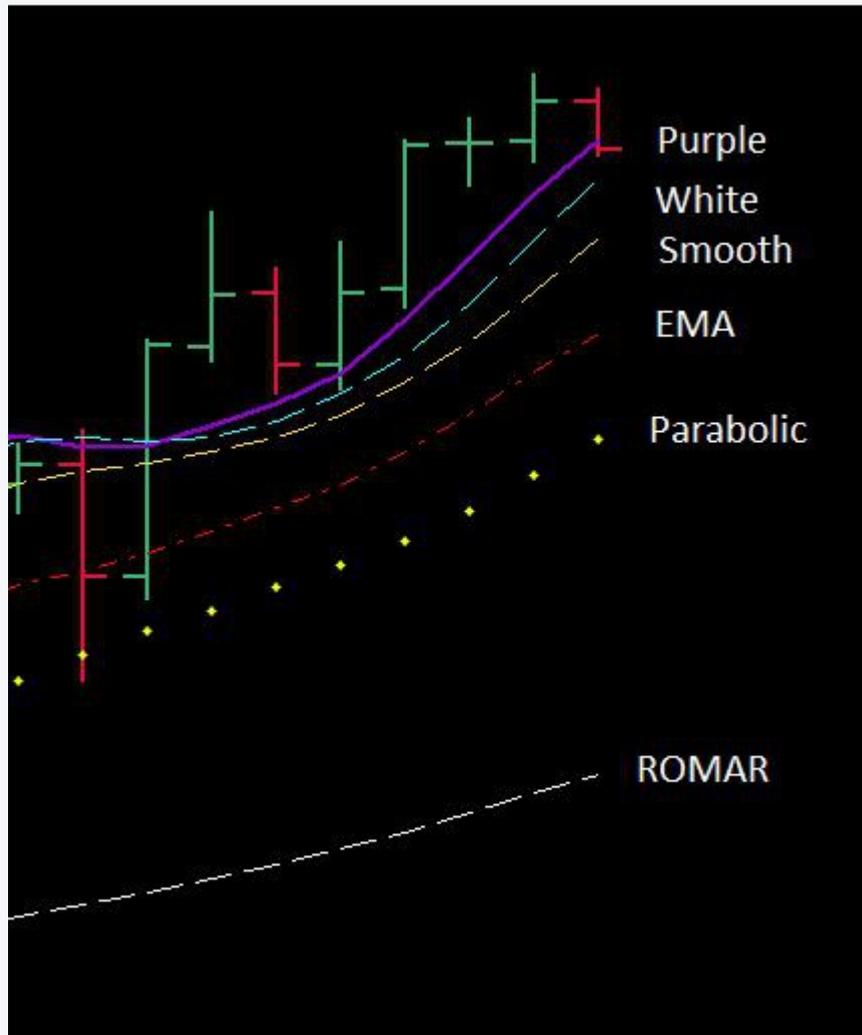


But what I will do though is wait on the Parabolic to flip on the 2 hour before I risk any money on a trade.

And here is the entry with the Parabolic flip and open at Purple with the **EMA** crossing. Take note of change of trend with the four horsemen in trend. This is trading in the moment catching the trend at the top; and just letting the market give up the pips: Another 40 pip trade compounding.



Here is a picture for end of day Friday with the name of the Indicators:



Each indicator is both support and resistance. The Purple, White, and Smooth are the 3 leaders in reversing trends. ROMAR is the Primary trend indicator. EMA is the Secondary trend indicator. And the Parabolic sets the trend.

On a reversal White is your first indication of a reversal by crossing Purple; then follows Smooth.

Smooth is a great indicator for you letting you know if the trend will reverse. If Smooth crosses Purple then you have a beginning reversal. If Smooth slides under Purple on an uptrend; or above Purple on a downtrend; you have what is called a slider and will continue in the trend and not reverse. EMA will also stay in the slider for the continuance of the trend. But if Smooth crosses Purple then EMA will cross Purple and the reversal is set provided the Parabolic had also flipped.

Now this picture above is from the 1 hour chart and lets says a reversal is in the makings and the Parabolic had flipped. This only means the 1 hour chart is set up for the reversal but does not mean the 2 hour is also set up for the same reversal. So you must check your 2 hour for the Parabolic flip. If it has not then you must wait on the 2 hour Parabolic. Otherwise you will have continuance retraces on the 1 hour until the Parabolic on the 2 hour had flipped. This is known as Confluence Factors.

ROMAR is your leading trend indicator for the market. In this picture you see ROMAR as the leading trend for the up. The reversal for ROMAR is with crossing EMA.

Do not ever anticipate these crossings. If you do you could possibly be running into a SLIDER.

On the 1 hour it got below the ROMAR support and became resistance. It then created a new low and turned. But also take note of ROMAR sliding just under EMA. It did not cross EMA so the trend is still up. With this new low there were three entries going up. 20 - 40 pips depending on entry.



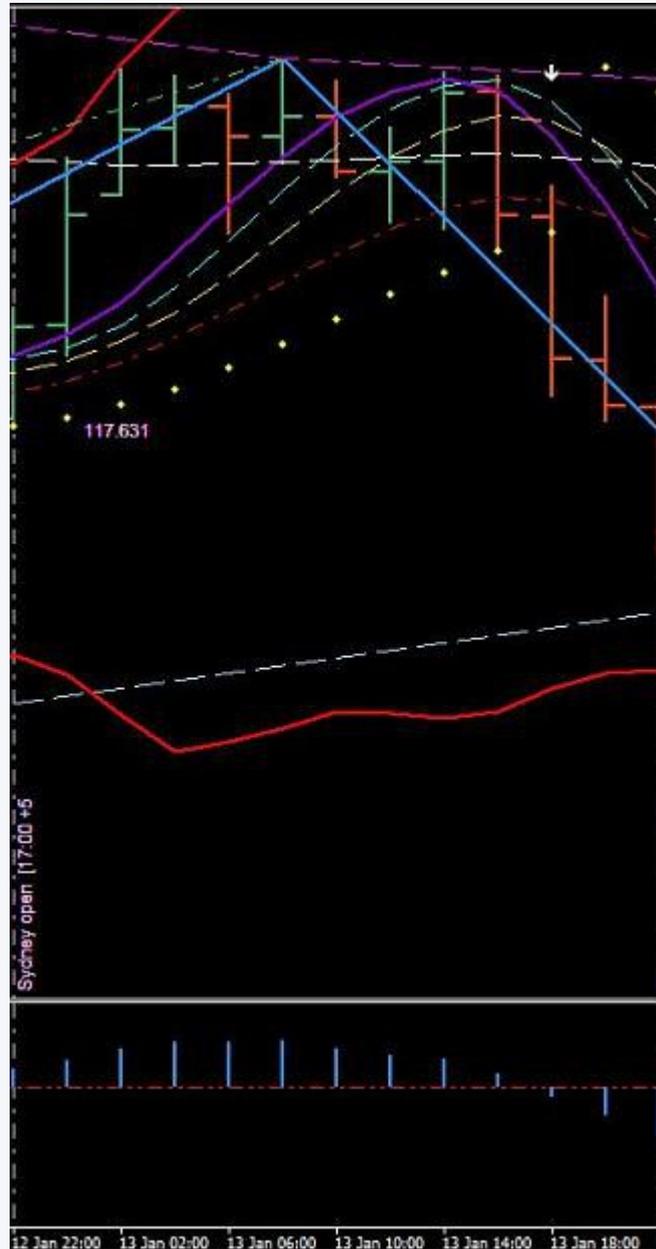
The 2 hour is still under **EMA** for the uptrend which means that 2 hour candle had broken the rule and must return back to trend on retrace; or on the next candle.



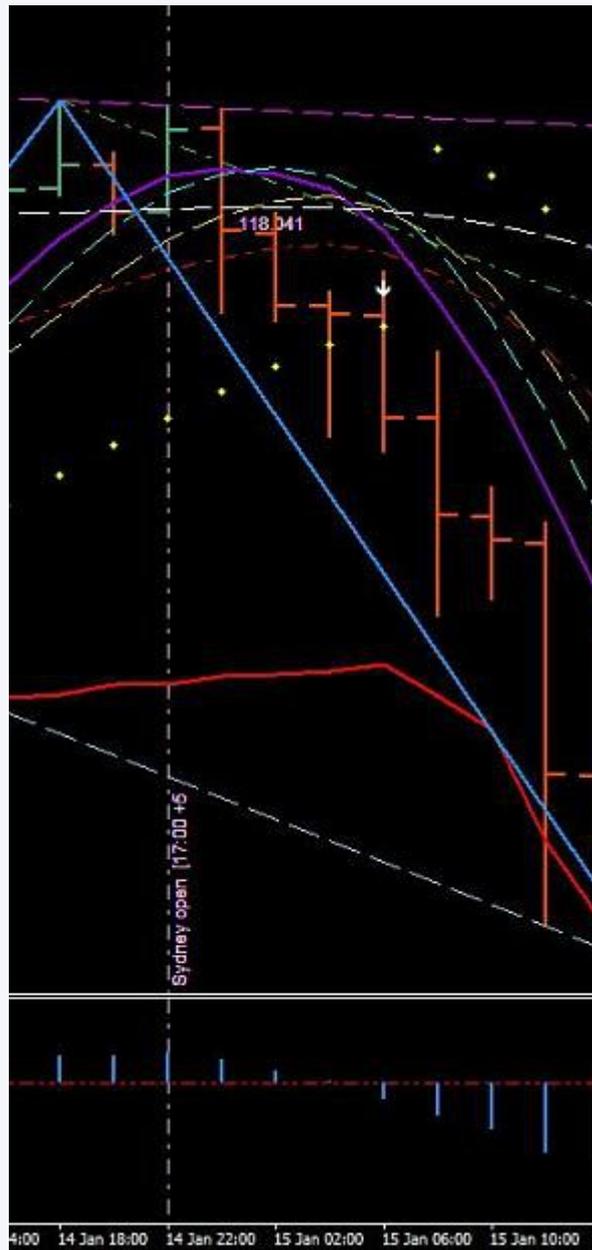
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OK Traders - let me give scenarios with the ROMAR vs EMA. And the 2 hour chart is the TREND CHART. Not the 1 hour. The 1 hour is your trading chart for the entries. Support and Resistance determines your entries between the two charts:

These scenarios are with the 2 hour chart and you use the 2 hour chart to determine what is happening with the trend. This picture below is showing the market getting above the ROMAR DOWNTREND. This means ROMAR is above EMA for the down and the trend is down. This scenario is showing ROMAR sliding over EMA and the entry was at the OPEN candle below EMA.

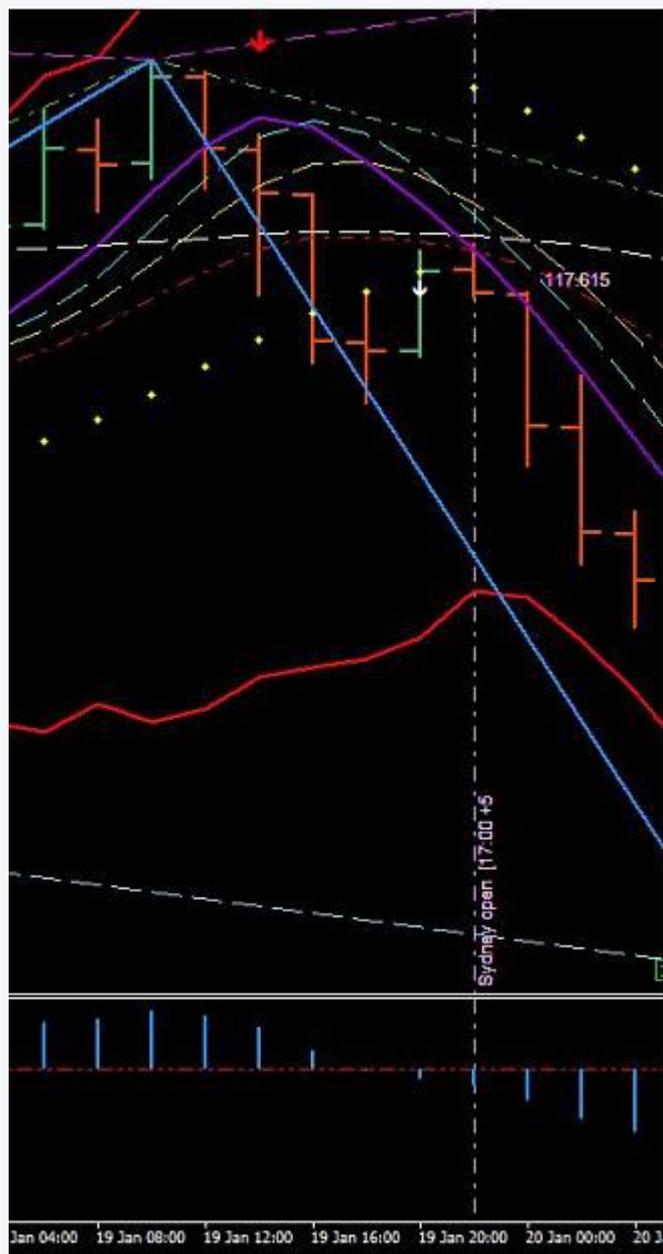


On this scenario is the same as the one above. ROMAR sliding over EMA for the down and the OPEN candle below EMA is entry for the downtrend.



On this scenario you have the same situation but ROMAR is at the crossing and just sliding over EMA for the down. Take note of two things.

You have 1; Purple/White crossing and 2; with an open candle below SMOOTH showing the crossing of Purple. And that is not anticipating because it is showing the crossing before it even happens.



Next: "White - Crossing - Purple".

You have the White crossing Purple for another swing. EMA is resistance and so is the Parabolic's. But the Parabolic is ELIMINATED.

Let's get a better understanding of what it means for the Parabolic to be eliminated. Once White crosses Purple with the parabolic opposite of the crossing; one of two things will happen in consolidation.

One: it will bounce off the Parabolic.

Two: The market will break the Parabolic with an open candle on the other side of the Parabolic.

If it bounces the Parabolic will stay in trend. If the market breaks the Parabolic the Parabolic will flip on the next 1 or 2 candles. That is what being eliminated means. You do not know what will happen with the Parabolic until it happens.

Next: "EMA - White - Smooth - Parabolic".

The Parabolic's held as resistance with the market bouncing off the Parabolic's and is now in the downtrend against ROMAR support with ROMAR coming back into the trading area. You have an open candle below both EMA/Smooth as resistance; and the 4 horsemen are set for the trend down.

This is the 1 hour chart and is not the same as the 2 hour. This means the 1 hour ROMAR will be hit first and then the 2 hour will be next. If the market bounces off the 1 hour ROMAR then that is it; if the trend is not strong enough for the continuance of the 2 hour ROMAR. In this situation the 4 horsemen are strong in the trend with White showing no crossing. So the market continues on for the 2 hour ROMAR. In this trade the market got below the 2 hour ROMAR as SUPPORT and closed as support. On the next 2 hour open candle the retrace back across the 2 hour ROMAR Support was automatic. And the reason is because the 2 hour ROMAR **(IS)** support until crossing its own EMA.

NEXT: "ROMAR - EMA - White".

You now have the White crossing Purple to end this swing. ROMAR is still Support and the market must get above ROMAR **as** support. EMA is resistance and sliding over ROMAR for the support. The Parabolic was eliminated with the open candle above the Parabolic and flipped on the next candle. The entry for this 1 hour was with the 2 hour open candle below the 2 hour ROMAR **SUPPORT**.

Next: : "White Crossing Purple".

The White crossing Purple had **ENDED** this swing up. The next open candle was at the crossing and was also entry for this swing down to ROMAR. And the reason is because White had automatically changed from support with the Purple crossing to resistance; and the Parabolics had then been eliminated as support.

Spend a lot of time with this post and structure what is happening with these indicators. This post is the only way you will beat the consolidation. And that is understanding what the Paradox is saying to you. Gain the knowledge and use it.

In the swings with ROMAR Resistance and EMA as Support or vice-versa; is when you are in consolidation and the swings are short lived. So, during trading you must always have the separation with trend/consolidation as for ROMAR and EMA. This should always be on your trading plan so you can keep reference.

ROMAR:

If you had the 1 hour ROMAR cross its EMA opposite of the 2 hour ROMAR trend - you are then in the first stage of a consolidation and/or reversal. The market behavior on the 1 hour is now under pressure from the trend.

When this happens then the 1 hour is looking for the 2 hour ROMAR crossing. When the 1 hour ROMAR crosses its EMA you are then in opposite trend of the 2 hour which places both the 1 and 2 hour in consolidation and under pressure for a reversal and/or a slider within the 2 hour trend.

This now becomes a much distorted picture and no advance indication of market movement. Or at least it seems so.

The reason for this happening is because of the barriers within support and/or resistance. In this system there are 5 such barriers and they are:

- 1). 23.6 or 61.8 of the Fibo
- 2). ROMAR
- 3). Parabolic
- 4). EMA
- 5). 4 horsemen

The first step is to identify the barrier of support and/or resistance in order to trade any further. Now - the issue that some are facing is what charts to look for - with the consolidation - and the answer is this:

All major consolidations are feed off the 2 hour and Daily. If the consolidation occurrence were feed off the Daily and then it affects all the trading charts. All you need to do is wait on the 1 hour support/resistance being in consistence with the 2 hour. The 1 hour sets you up for the 2 hour trend.

In order to understand consolidation lets define the word:

Definition of CONSOLIDATION:

1: the act or process of consolidating: the state of being consolidated

2: the process of uniting: the quality or state of being united; specifically: the unification of two or more corporations by dissolution of existing ones and creation of a single new corporation.

Example of CONSOLIDATION in the market:

"The consolidation of several intelligence agencies into one super agency"

When the market consolidates it is then in submission of changing power from Bear to Bull and vice-versa. Any time we go into consolidation; ROMAR/EMA will show this consolidation period by crossing one another. And all it takes is **one** of the three charts to reverse from the trend into consolidation.

A SLIDER: The sliders are most frequent in consolidations; especially with the 4 horseman's. This is when Smooth does not cross Purple but slides over/under Purple (depending on trend) and keeps the swing intact. This is also true with EMA. You can have White/Smooth crossing Purple but EMA does not cross Purple but slides under/over Purple to keep the Swing/Trend intact. And for your longer term trends ROMAR can also slide under/over EMA to keep the trend intact.

VARIOUS CONSOLIDATIONS:

- 1). Crossings of ROMAR and EMA in changing the trend.
- 2). Change of trend in one chart from the others.
- 3). Out of "sync" with charts; such as Swings, ROMAR, EMA, and Parabolic's.

This is why the market is 80% consolidations.

All these variables stated above makes up the moving Paradox.

This system also has what is known as the consolidated paradoxes trend and consists with the Daily disruption of market exhaustion in regards with the ROMAR crossing EMA and the Market is in between Both ROMAR and EMA with a 50 or less pip spread. This disruption can last a long time within the Daily chart as the Ranging Mode is strictly between the Two: ROMAR and EMA. Variables in indicators can change dramatically from hour to hour; from chart to chart. And frustration can set in as the hours pass by while you are sitting at the computer trying to find a decent trade within the indicators.

This type of disruption can only be solved with trading support and resistance which are: ROMAR and EMA on the Daily chart.

Highs and Lows:

When it comes to highs and lows I do not use the Daily candle as most traders do accept for breaking these levels in my daily trading plan. What I use is the 2 hour lows and highs of the "Fibonacci Retracements" as a marker for previous highs and lows during cycles. The 2 hour Fibo is a great resource for trading; it is accurate and dependable.

You have to always remember the 2 hour is your TREND chart and the 1 hour is your reference for entry with the 2 hour. For a good trade to be established is when the 1 hour 4 horsemen are sync with the 2 hour. In other words; they both are in the same direction. Otherwise you will be counter-trading for a loss.

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All I am doing today is only posting summaries and rules. I am not hear to answer questions; but only give details to help you all:

Rules for Trading

Basic rules:

- a: Do not trade against the trend.
- b: Trade objectively and not subjectively using support and resistance.
- c: Do not chase the market but let the market come to you.
- d: The 2 hour chart is your trend chart for the system.
- e: The Daily is your reference for the Daily trend, support, and resistance.

Rules for uptrends:

- a: ROMAR and EMA must be in sync on all three charts to trade long.
- a: The 1 hour is your reference chart with the 2 hour trend chart.
- b: You are looking for sync of both ROMAR and EMA uptrend on both the 1 and 2 hour charts to enter a trade.
- c: Trades are made from the support area to go long.

Rules for downtrends:

- a: ROMAR and EMA must be in sync on both 1 and 2 hour to trade short.
- a: The 1 hour is your reference chart with the 2 hour trend chart.
- b: You are looking for sync of both ROMAR and EMA uptrend on both the 1 and 2 hour charts to enter a trade.
- c: Trades are made from the resistance area to go short.

Rules for consolidation:

- a: The 2 hour is your trading/trend chart.
- b: Use the Daily Chart S/R as reference for consolidation.
- c: You can trade either short or long in consolidation.
- d: Trade from resistance to support and vice-versa. Do not trade from center in consolidation.
- e: Both upper and lower bands are resistance and support in consolidation.

Rules for Support and Resistance:

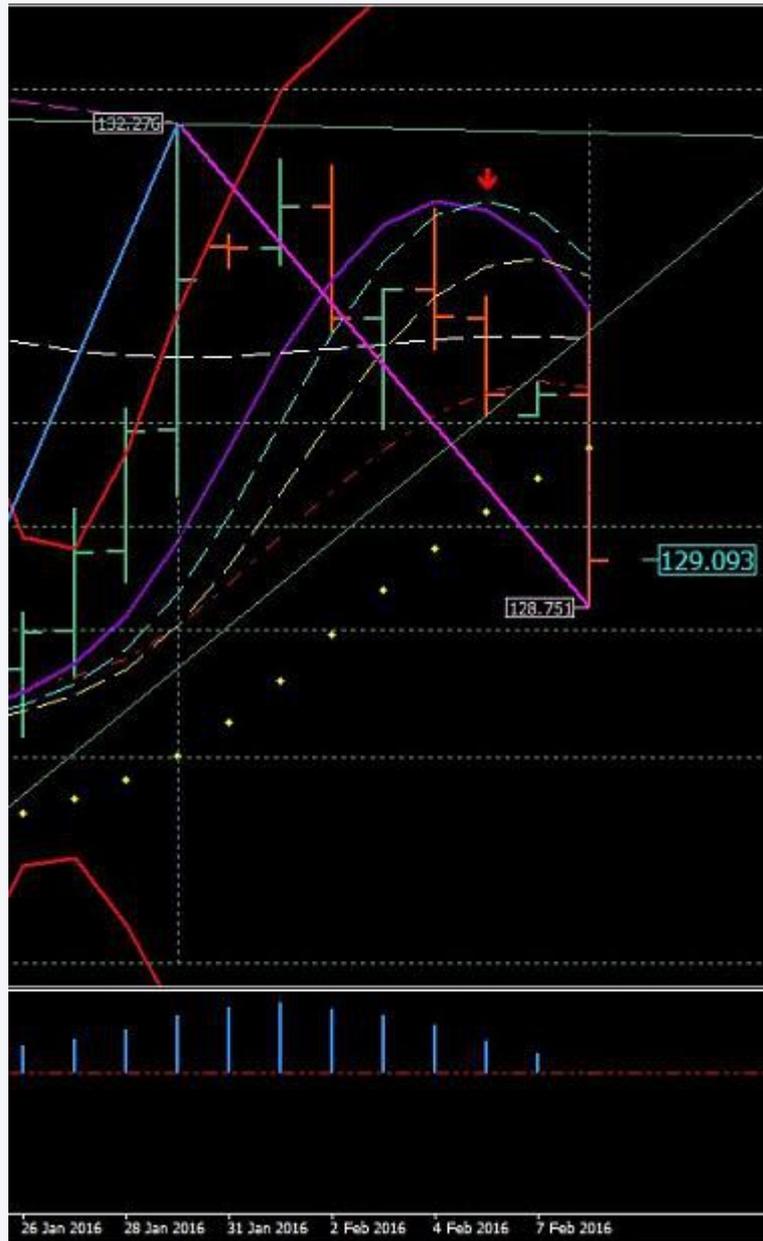
- a: The 2 hour ROMAR is the Major Support and Resistance for the whole system.
- b: The 2 hour EMA is the secondary Support and Resistance for the whole system.
- c: The Daily ROMAR is the Major Support and Resistance for the Daily.
- d: The 2 hour Fibo determines cycles for high/low support and resistance.

There are some of you flip-flopping between support and resistance and not paying attention at all.

Basic rules:

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- d: The 2 hour chart is your trend chart for the system.
- e: The Daily is your reference for the Daily trend, support, and resistance.

What does rule e: say? And what does this Daily screen-shot below say?



What is sad is when a trader will defeat himself. What rule I have stated is the greatest of them all? That RULE is "trading in the moment". And all I have seen from posting to posting is traders all over the charts trying to figure out how to get into a trade. That is sad because there hasn't been one posting in the moment.

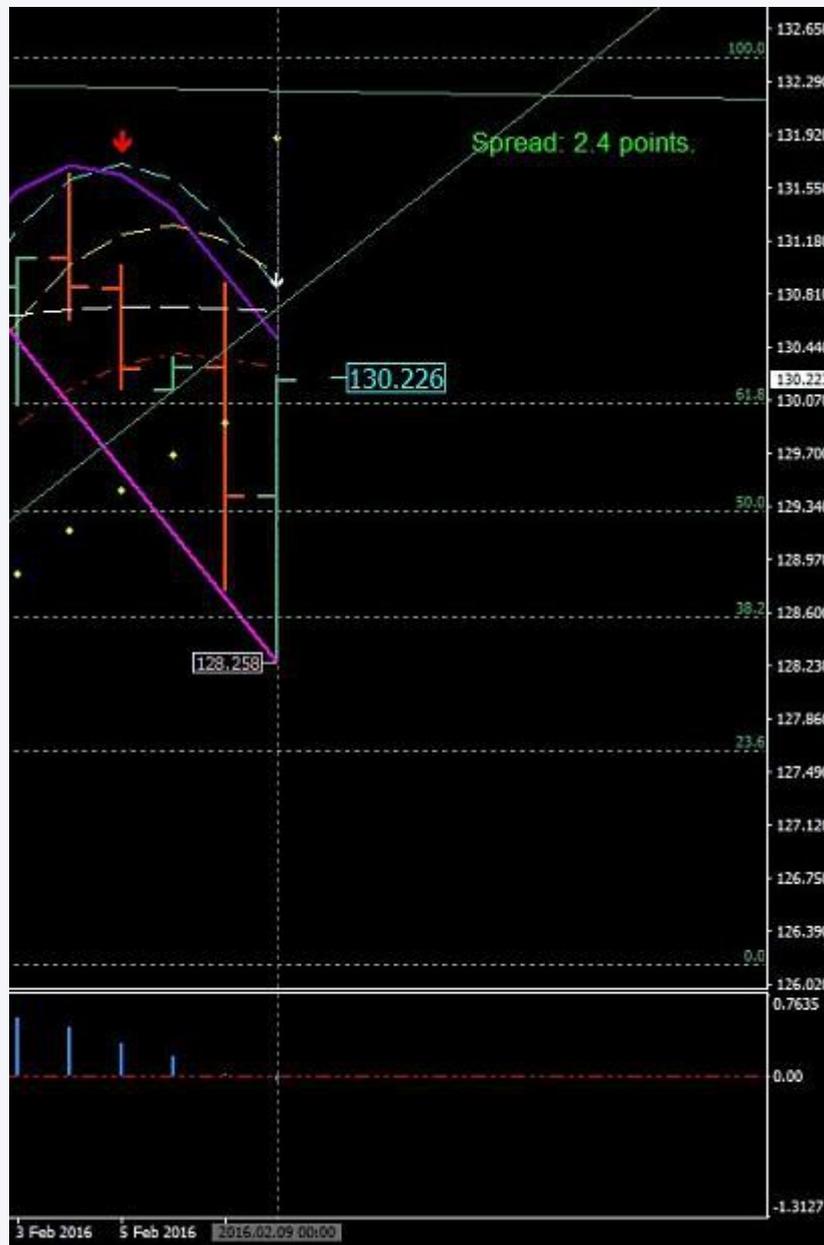
First thing you have is the FIBO showing the bottom and flipped for the up on all three charts; and not one posting indicating this very fact.

Secondly you have all three charts in downtrend with ROMAR, on each chart, above EMA for the downtrend.

Thirdly - you are all trading the 1 hour chart instead of the 2 hour trend.

Rules after rules are being broken.

With the Fibo's up and the ROMAR's down - you are in consolidation. But the major reason for consolidation is the Daily EMA. The Daily EMA is still support in not crossing the Daily Purple as of yet. And one trader did mention that fact. And here is the Daily showing that fact:



Now let's take a look at yesterday's opening. Two hours after the opening you had an open candle below Purple WITH THE 1 HOUR. To eliminate the risk factor you wait for the open below Smooth for entry and the reason is because the 2 hour trend is still in the downtrend. At entry you had the Purple/White crossing Purple, below Smooth, and the Parabolic was eliminate as support for a 40 pip trade.

The 2 hour was showing this fact by opening below the EMA resistance.

This is one trade since opening.

The second trade you had was with the 1 hour EMA crossing Purple for the uptrend with the 4 horsemen.

But the 2 hour was consolidating for the swing and the Parabolic was also an issue of being stopped for a long entry. And name of the game is called PATIENCE.

With patience you wait on the 1 hour for the 2 hour retrace in consolidation and take the hit off the 1 hour 4 horsemen; which was also the 2 hour White/Purple crossing for entry for another 40 pips to the 2 hour ROMAR.

With the 1 hour White/Purple crossing and the opening above EMA was also an entry; but because of the 2 hour consolidating you would had to wait on the 2 hour before getting into profit. If you get into the right trade your 40 stop will never be hit.

If you do not trade in the moment you will NEVER find your entry. And that is with a PERIOD.



DAILY CHART - DATE: 02-21-16

ROMAR: Resistance
EMA: Resistance
Parabolic: Resistance

NOTES: All three support/resistance are in compliance for a strong downtrend. The Fibro is at the bottom indicating an oversold market. Because of the 4 horsemen being strong in trend then lower/low could be in compliance.

2 HOUR CHART:

Opening: 125.026
ROMAR: Resistance
EMA: Resistance
Parabolic: Resistance

NOTES: The 2 hour had opened with a gap just above the Fibro low at 125.006. A retrace back to Fridays closing will also close the gap. The trend is down and strong. The Parabolics are no-where near EMA so any reverse on a swing would be short lived in giving the 2 hour a consolidated move sideways.

1 HOUR CHART:

ROMAR: Resistance
EMA: Resistance
Parabolic: Resistance

Notes: The 1 hour is in the beginning of a new swing going up with White/Smooth at Purple for a crossing. EMA is also in the target area for crossing Purple with the Parabolic giving an indication of flipping.

Entry: With all three charts being oversold with the Fibro at 125.006 for a new low and the 1 hour showing a possible flip of the swing; is giving a picture of 2 elements.

1. A slider on the 1 hour for the continuance of the downtrend.
2. An open candle above the 2 hour Smooth at the Purple crossing for an entry going long with EMA holding resistance.

If a slider is in the makings then the 2 hour EMA will hold resistance. So taking these two elements into consideration the best entry would be off the 2 hour EMA for the short without the 2 hour Smooth crossing or waiting for an open above the 2 hour EMA for the long with both White/Smooth crossing of Purple.



As you can see both normdiploom and mine are pretty much the same. The only difference is taking the Fibro into consideration of being oversold. But that does not mean it would not go lower/low -- the only thing that can stop this from reversing is the 2 hour EMA holding resistance.

Without these trading plans the 2 hour EMA would NOT had been recognized as the stopper for a reversal. Also - you would not had been able to see an entry on the conditions that is happening in the market.



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Quoting rcbarrow

Then how do you know when the trend has ended and you can get into a swing trade in the opposite direction?

When **EMA** crosses purple on the 2 hour chart. You should know that by now.

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Quoting JMaurice

{quote} Thank you again for the response; I guess I need more time trying to understand this and appreciate your patience. In that moment, the market had fulfilled conditions for the short entry ('off the 2 hour EMA for the short without the 2 hour Smooth crossing [of White and Purple]') as detailed in your trading plan. Hypothetically, for the sake of understanding, if the market had taken longer to reach the EMA, White may have crossed Smooth by the time the market reached the EMA, and then the close above the EMA would have satisfied the trading...

Hypothetically - that is true. That is why my trading plans always have an entry for the short and an entry for the long. I am never bias. But the plan has to be constructed in such away that hypothetically both short and long are configured on the same 2 hour bar.

Just as yesterday's plan the 2 hour **EMA** was the root of the plan in being the only resistance from stopping the reversal. And being both ROMAR and **EMA** having the power as stoppers in the market; you have to visually see this as you are creating the trading plan. And by seeing the 2 hour Purple sliding with Smooth not crossing White; but to hold **EMA** in power, I was able to take the trade short. If Smooth had crossed White then Purple would have allowed the crossing for the **EMA** crossing going long. And all this was happening on the same 2 hour bar. And that my friend is trading in the moment with just one 2 hour bar. In other words - you have 2 hours to make a decision.

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Just like last night - the 2 hour **EMA** was the only Resistance for a trade going short. And the set up for the short was showing with the 2 hour Smooth in not crossing White. And it doesn't matter if the crossing happened 2 hours, or 4 hours later; and the reason is because Purple was not in line for the **EMA** crossing without the Smooth/White crossing on the same bar of the entry. This meant that **EMA** would slide over Purple for the continuance of the downtrend. And that my friends is looking into the future.

Now - everyone get your mind wrapped around that and study in how **EMA** slid right over Purple without crossing.

