BEST TIME TO TRADE CURRENCIES

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HOW TO GET THE MOST OUT OF THIS BOOK

Thank you for downloading "Best Time to Trade Currencies". This book is designed for beginning, intermediate and advanced traders. The authors in this book are leading experts in trading the Forex markets.

As you read this book, you will be exposed to multiple strategies that have high probabilities of success and/or high profit. Most of the strategies in this book are divided into three sections:

- "**The Game Plan"** – An introduction to a charting technique. The strategy is then thoroughly explained along with illustrations and examples.

- **"The Movie"** – Once you have read the chapter, you can view the complete webinar on the strategy. You will gain a better understanding of the strategy along with multiple examples not covered in the chapter. In some cases, the presenter switches in to live trading to demonstrate the strategy in action. In many of the webinars, the presenter also fields questions from attendees.

- **"Special Offers"** – If you really like a strategy, you can follow the presenter and the strategy. There are thousands of dollars' worth of trading tools, indicators, training and mentoring services, books and videos available at steeply discounted prices.

In short, you will have all of the information you need to trade your new favorite strategy tomorrow. Some of the things you will learn in this book are:

- How to Choose the Best Performing Currency Pairs
- How to Trade Active Zones vs. Dead Zones
- How to Stay One Step Ahead of the Market Makers
- A Simple "Break and Go" Forex Trading System

At **www.TradingPub.com**, it is our sincere hope that you take away several strategies that you can use when you are done reading this book. You will also learn about markets that you currently don't trade, and you will find out if they are suited to your trading personality.

Finally, make sure to subscribe to **www.TradingPub.com**, we provide free eBooks, webinars, on-demand videos and many other publications for active traders in all of the markets. Our presenters are world-renowned industry experts and our content is provided free of charge in a relaxed and friendly setting. Cheers to your trading success!

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HOW TO DETERMINE THE BEST TIME TO TRADE CURRENCIES

By Jed Norwood, Forexstrategysecrets.com

The best time to trade the market is when you have a moving market. That may sound obvious to many, but there are a lot of traders that would ask the question, “How do you know when the market is moving”?

First of all let’s talk about how to determine when the market is moving. One of the biggest ways to determine when the market is moving is to watch the market around the time that major news will be released. This does not mean that you would trade the news per se, but we suggest to trade around the time that the news may be released because the market does seem to have big moves at those times.

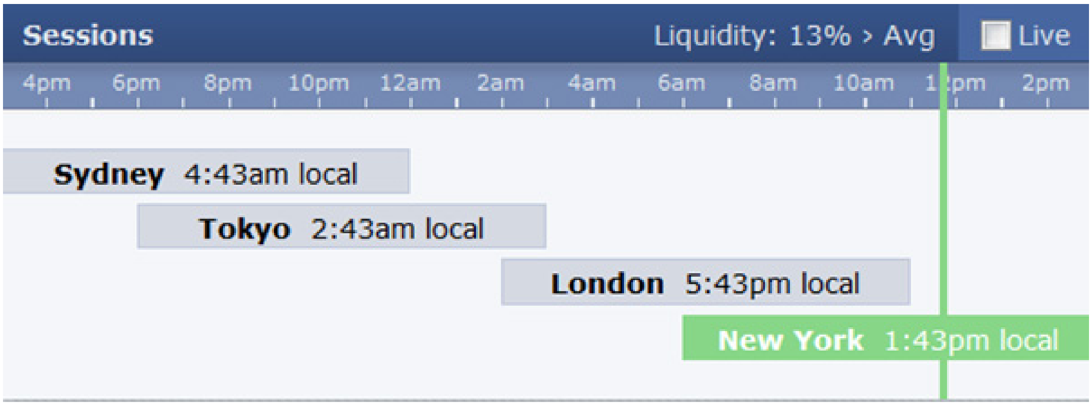
Another time to determine when the market might be moving is when there are two or more major markets open at the same time. For example the Asian, New Zealand, and Australian markets all open around the same time and this is usually referred to as the Asian session. Many times the market will have good moves at this time and especially if one of these countries has some big news is that it’s announcing.

Another time when the market will move is when the European session opens. You will also find it this time it is overlapping the Asian session. So once again there are several markets open at the same time. And finally when the US session opens which overlaps with the European session you many times find happening at that time as well.

You can refer to the chart below and see when the different trading markets are open and when they are overlapping.

You can find this chart in Forex Factory under the tab …Market … at the top of the page.

Then you would scroll down the page until you come to the graph that we've shown below. Notice that when it is green it indicates which markets are open at that time. There is a vertical line that actually shows you what time of day you're in when you're looking at the graph. So it is an active chart the keep you current and see the different times at each of the different markets whenever you look at the chart.



There is no set time that any given currency pair may move. Any currency pair may have a move at any given time which generally is caused by some type of news announcement or political action that may be taking place in that particular country. So the following are just guidelines as to when certain currency pairs would most likely be moving.

We've talked about a general awareness of when the market might be most active. Now let's talk about which currency pairs might be the best candidates to trade during the different market sessions.

When the Sydney and Tokyo markets are open, the pairs that many times will be most active would be anything that has the Australian dollar as part of the pair, New Zealand kiwi part of the pair, and the Japanese yen

When the London session is open you might see the euro or the pound pairs showing the greatest amount of volatility.

In the New York session or US session is open and you might find that the US dollar and the Canadian dollar may be most active.

We talked about the market moving around news times, when two or more major markets are open at the same time, and which currency pairs might be moving at those specific times.

You should also take note that when you see an individual currency pair moving you need to check both sides of the pair for secrets that may be causing the move. For example, if you see the AUD/JPY moving, you'd want to check the Australian dollar and the Japanese yen to see which side of the pair is causing the move. Once you determine whether it's the Australian dollar or the Japanese yen that is moving, then check the other pairs that have that currency as part of the pair. So if the Japanese yen is moving check all the pairs that have the Japanese yen in them and you will most likely find other currency pairs are moving to provide you more opportunities for greater profits.

Not only have we talked about what is the best time, but we've also touched on which currency pairs you may want to be trading during those times.

We feel that to be a more profitable trader you should learn to trade indicators rather than trading one or two currency pairs only. We have found that if you only trade one or two currency pairs and they are not moving at the time you are trading you are more likely to start forcing trades and taking trades that are less likely to be profitable. So once you learn how to trade indicators than you can trade the currency pairs are moving during the highest probability times that the market will give you some good trades.

What's the best time to trade currencies? The real answer is that there are many good times to trade in any 24 hour period of time.

FAVORITE CURRENCY PAIRS TO TRADE

We are generally looking at 25 to 28 currency pairs. Depending on the time of day, we generally tend to focus on the pairs that are most likely to be active during that time period. But there are about 15 to 16 pairs that we would lean towards more than others.

Why would we lean towards one currency pair over another? The bottom line is that we tend to favor the currency pairs that have the greatest movement during any given trading day.

Let's refer to the following illustration:

We call this a Currency Pairs Volatility chart. This is created on a weekly basis.

You will notice that the currency pairs are color-coded red, green, blue, and gray. The red color marks the pairs that have the highest volatility throughout the week and the gray color marks the pairs having the lowest volatility on average during the week.

Let's take the GBP/NZD for example: on average it shows that it moves about 360 pips a day for the week. So if we had a choice to choose between the GDP/AUD pair which is in the red zone or the AUD/USD which is in the blue zone we would choose the GDP/AUD because it will move more and potentially give us more pips in the same time period as the AUD/USD pair.

If you are able to take 25% of the actual move a currency pair made during the day you may considerably more by trading the GDP/AUD than trading the AUD/USD.

The AUD/USD would give you about 22 pips a day where the GDP/AUD would give you around 64 pips a day. So keep this in mind as far as making more pips by putting the same amount of effort throughout the time you have available to trade.

We know other traders that choose only to trade pairs that have the US dollar as part of the pair. While other traders like to trade the currency pairs associated with the country that they live in.

Whatever method you used to choose the currency pairs you will trade, we would suggest that you have between 8 and 12 pairs to choose from. This way there will usually be something that is moving so you are not forcing trades.

Currency Pairs Volatility – 10/26/2015

Pair	Pips	$	%
GBP/NZD	360.6	2952.2	1.59
EUR/NZD	309.6	2534.7	1.90
GBP/AUD	256.9	2323.2	1.21
EUR/AUD	250.5	2264.6	1.64
GBP/CAD	199.9	1809.5	0.99
EUR/CAD	198.7	1798.9	1.37
GBP/JPY	196.9	1840.0	1.06
GBP/CHF	155.2	1660.8	1.04
AUD/JPY	139.3	1301.2	1.59
NZD/JPY	135.0	1260.9	1.65
EUR/JPY	125.3	1171.0	0.94
CAD/JPY	122.0	1139.8	1.32
CHF/JPY	120.5	1125.9	0.97
EUR/USD	118.3	1182.9	1.07
AUD/NZD	117.0	958.1	1.10
USD/CAD	115.3	1044.0	0.88
GBP/USD	113.6	1135.5	0.74
NZD/CAD	112.1	1014.9	1.26
NZD/CHF	110.0	1177.9	1.67
USD/JPY	107.9	1008.1	0.89
AUD/CHF	107.8	1153.6	1.53
USD/CHF	99.9	1069.0	1.02
AUD/CAD	98.2	888.6	1.03
NZD/USD	98.0	980.0	1.45
CAD/CHF	95.7	1024.7	1.29
AUD/USD	88.8	888.3	1.23
EUR/CHF	73.9	790.9	0.69
EUR/GBP	73.5	1193.1	1.02
USD/CNY	72.3	117.5	0.12

OUR TRADING STRATEGY

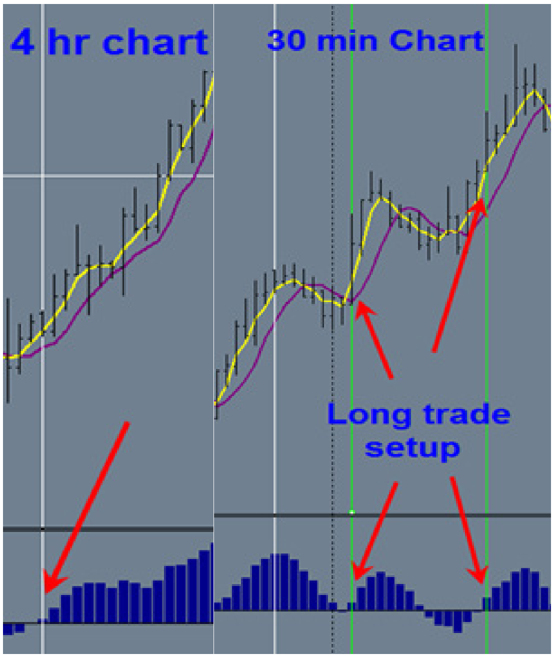
As an introduction to the way we trade, we have a trading strategy that we would like to share with you. In a short period of time you'll be able to see how to find high probability entries on the currency pairs that you choose to trade.

As part of the strategy, we share with you a concept or technique that will give you one year of experience in 30 days. That's a lot of experience in a short period of time

You can use this technique on any strategy that you are wanting to test. Once you understand how to use this technique, you will quickly become a better trader.

Take a look at the following snapshots of trade setups in this trading strategy. You will see how easy it can be to follow a few simple rules and be able to know when to enter and exit trades in such a short period of time.

What you'll be looking for in the following illustrations is a set up signals on a larger time frames then taking your entries on smaller time frames. You are finding the direction of the trend on a larger time frame then timing your entry on a smaller time frame always trading in the direction of the larger time frame.



CONCLUSION

Why should you care about the news and currency forecasts? Because we need to remember that the forex markets are driven firstly by the fundamentals. The fundamentals are the news, and news drives the market sentiment. Sentiment is a measure of how the market perceives its exuberance, or distain for what is going on economically and politically. The market is the buyers and sellers, along with the banks and institutions exchanging value for value. This all drives the price action that we see on our charts. At the very least, a trader should take advantage of the headlines to keep themselves apprised of at least a rudimentary understanding of where the markets are going. Because the news (fundamentals) affects our daily trading.

We have our own Forecasting team for our members to take advantage of if you are interested in joining the group. You can take advantage of that each week and trade alongside us as we share what we are seeing in the markets.

We look forward to connecting with other traders and strengthening our growing network. Hope to see you in our Trading room, starting out with our foundation strategy or following us in the weekly forecast membership.

INVITATION TO OUR LIVE TRADING ROOM

We conduct the trading room with an open forum format. This is a place where you can see firsthand which currency pairs we trade, how we trade around the time of the news announcements. We can give the microphone to those who would like to share by talking or those who attend can type in a question or comment and we can respond to it.

When you visit for the first time you will see our complete trading system in action. Sometimes it might be a little confusing, but once you understand our trading plan, you will be much more comfortable with the conversations in the room. You can also mention the indicators that you are using and we can relate it to how we would trade the same situation or set up.

Most people find it very educational and informative and have enjoyed the interaction with other successful traders. You will be able to ask questions of and trade with traders that have many years of experience. Many of the traders are making 200 to 500 pips a week on a regular basis. And many of the traders are also experience win loss ratios of over 80%.

We would like to invite you to attend our trading room. Click here for a **FREE TRIAL.**

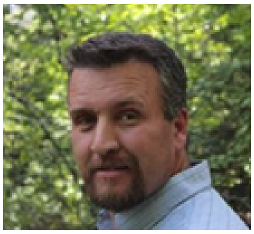
THE SPECIAL OFFERS

Click Here to get your copy of this trading strategy (Requires a onetime sign-up fee of only $49.00).

THE MOVIE

Learn how and when to exit your Forex trades to maximize your gains and minimize your losses, SIMPLY CLICK HERE

ABOUT THE AUTHOR



My desire to work for myself and be my own man, rather than someone else, began in early childhood. My father was an entrepreneur and he encouraged me to "work for myself" as well.

Working at a J.O.B. taught me many things. But I was never completely satisfied in the first place or even working at a job for 30 years was a frightening thought for me. Ultimately, a "real" job didn't cut it for me because I just couldn't stand the lack of freedom over my own time.

Then I was introduced to Forex through a friend and later my father suggested we start trading it together. This began a series of events that would bring me to where I am today.

I had lost in the market before and was bound and determined to not suffer those types of losses again.

Through trial and error I started eating up everything I could find about the Forex. What brokers to use, what systems worked and what didn't what indicators worked well together and which ones do not? How each of them worked individually.

Over time Dad and I found a simple little system that worked for us. But what became apparent early on is that others would see what we were doing and started asking us if we would teach them how to do the same.

We began building the framework for a course to teach others how to trade successfully. Eventually we came together on the concept and put our heads together and thus the Jump Start strategy and Launch Pad trading system were born.

Over the past seven years we have developed the Norwood Alert, Trend Alert, and Early Bird Alert, along with the Norwood Stop and the Early Bird Stop. The Nth Degree trading system and Nth Degree Plus trading strategies were a big addition to our total package. Gladiator Trading Room for the US session and the European Trading Room during the European trading session.

Then came the individual and group coaching, and our inner circle trading group. At each stage of development, our trading success has increased and I have personally watched this happen to many others. The journey has been extremely rewarding.

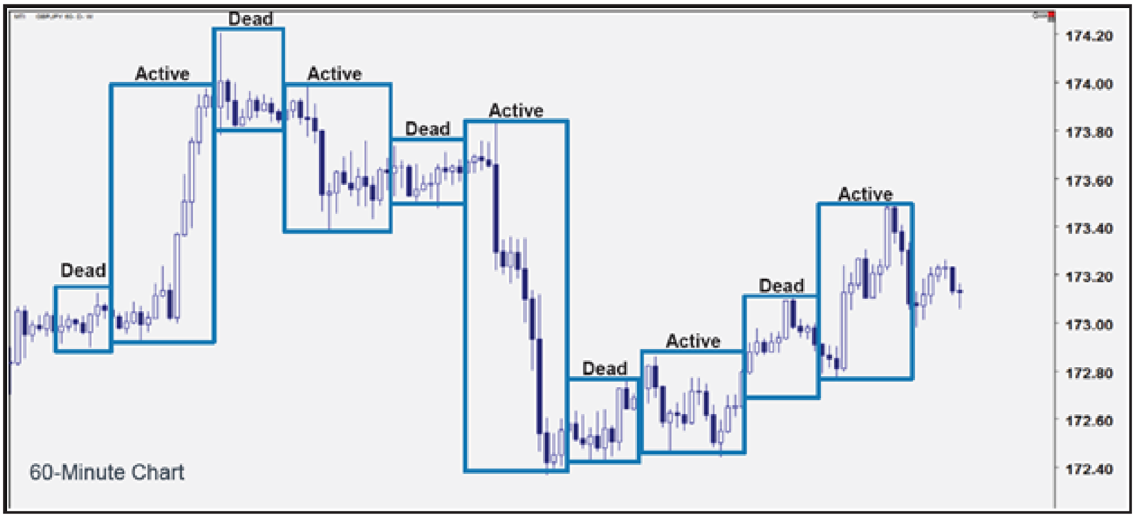
TRADING ACTIVE ZONES AND DEAD ZONES WITH FOREX

By Joshua Martinez, Market Traders Institute

The Active Zone takes place between 2:00 am and 12:00 pm ET the Dead Zone follows from 12:00 pm to 2:00 am ET. Using these two zones you can judge when it could be a good time to enter into a trade and when to stay out of the market.

In the Active Zone you have the most directional movement of the day this is where you will see the low to high and high to low pushes. In the Dead Zone you will see more sideways movement.

The Active Zone is shown below making high/low to the high/high to low movements alongside the choppiness of the Dead Zone.



For example, the GBP/NZD is on its way towards a D extension at 7:00 pm EDT and you have 70 pips left, more than likely from 7:00 pm to 2:00 am the market will drift bearish towards the D extension and at 2:00 am it will hit the D extension and the next day the market will run bullish (fast and aggressive). During the Dead Zone it took 7 hours (7:00 pm to 2:00 am) for the market to hit the D extension however during the Active Zone it would take 3 hours to cover the same distance in the market.

SO WHAT CAUSES THIS TO HAPPEN?

The zones are created by volume and directional movements stemming from the 3 major trading sessions.

- At 5:00 PM ET - 7:00 AM ET, The Asian Session opens. It includes Japan, China, Asia and the pacific rim of New Zealand and Australia.
- At 3:00 AM ET – 11:00 AM ET the European Session opens. It overlaps Asia from 3:00 AM ET – 7:00 AM ET.
- At 8:00 AM ET – 5:00 PM ET, The US Session opens and overlaps Europe from 8:00 AM ET – 11:00 AM ET

The majority of directional Forex transactions take place during the European session. When the Euro session opens the banks begin to process bulk transactions which causes a push in the market creating the Active Zone.

The image above shows the Active Zone in green and the Dead Zone in red. The movements shown green illustrate the volatility that takes place in the Active Zone as compared to the sideways movement in the Dead Zone.

During the 4 hour window when the European and US session are overlapping one another (8:00 am to 12:00 pm) you are going to see a lot of volatility from the large volume of transactions taking place.

This image shows the green and red markers from the previous image. In this side by side comparison you can see how steep the Active Zone movements are compared to the Dead Zone.

When the European session ends at 12:00 pm ET leading into the Dead Zone we begin to see that the volume and directional movements are beginning to enter a pullback.

With this information and knowing when to expect the volatility, you have the advantage of planning your trading day and knowing when to stay out of the market.

BEST CURRENCY PAIRS TO USE FOR THIS?

EUR/AUD

EUR/CAD

EUR/CHF

EUR/GBP

EUR/JPY

EUR/NOK

EUR/NZD

WHAT TYPE OF TRADER WOULD THIS BE BEST FOR?

Trading during the Active and Dead Zones is perfect for the type of trader that is looking for immediate profits up front. Scalper, Swing, Intra and Day traders would benefit from the higher volatility.

Beginning traders will love this because it is important to having winning trades when they are first starting out which will provide the confidence needed to take the next step in their trading career.

Position traders would not typically trade off of the Active and Dead Zones seeing as they will not be concerned about the drawn down and will hold a negative position for a month and then look to be positive in their trade.

CONCLUSION

The Active Zone is faster, you can time your trade from it, you can judge whether you have a push up or down as well have higher confidence in your trades. Several automated trading systems work well in this zone as opposed to the Dead Zone.

The Dead Zone is where you will see false signals, you are holding much longer trades and it is not as accurate.

THE MOVIE

CLICK HERE to see a video on how you can grow your account with Forex.

THE SPECIAL OFFER

CLICK HERE to sign up for the Live Forex Market Trading Club and sign up to receive:

- 1-Hour of LIVE Market Analysis every week so you can see how a real trader sets up their trading plan
- 4-Hour LIVE Trading Session every week where our pro trader will be finding potential trading opportunities, sharing their charts, and going over technical analysis during peak trading hours
- Introduction to Currency Trading - 4 on-demand video lessons that will teach you the basics of becoming of a Forex trader covering everything from how the market works to equity management and so much more
- 30-Days of Analyst on Demand™ - an online chatroom where MTI's Forex experts are analyzing the charts, sharing their Forex strategies, and so much more. Hours: Monday at 12:00am - Friday 11:00am ET (GMT-4)

ABOUT THE AUTHOR

Joshua Martinez is Market Traders Institute's product expert and has trained thousands of investors to trade the Forex market. Joshua initially began his trading career with a $500 investment which he turned into over $39,000 in profit. He is a published author, professional FX analyst and most importantly he is a full time trader.

Joshua is one of MTI's most followed Forex analysts and is head of MTI's Analyst on Demand. His time is spent training and coordinating its' team of analysts as well as monitoring and evaluating the overall trader experience for quality assurance. You can find him in the Analyst on Demand chat room sharing his trading insight to MTI Clients.

WHAT IS THE BEST TIME TO TRADE CURRENCIES?

By Ricardo Menjivar, PhoenixTradingStrategies.com

THE IMPORTANCE OF VOLUME AND ORDER FLOW TRADING

I created my business for the purpose of helping active individual traders to understand the importance of Volume and Order Flow trading. I think that you might find more in common with me than you think. I say this because I started as a novice retail trader twelve years ago and like yourself have spent years, months, days, hours and minutes searching for the right strategy that would work for me.

Eight years ago, I decided that I could no longer trade in ignorance and decided that I had to figure out a way to break into the industry and find out what was happening behind the scenes. Living in Los Angeles, California I found it very difficult because the industry leaders in Forex were located at the time in New York, Chicago and San Francisco.

All I could find in Los Angeles were Independent Introducing Brokerage (IIB) firms. These were small boutique Futures and Forex Firms that referred their clients to large clearing firms. Since I could not relocate to any other place because I was too old and without experience, I applied to a small IIB as an assistant to get my foot in the door. Since I also had some experience trading Forex, they gave me an opportunity.

For a year and a half I worked there as a Broker's Assistant learning the business and simultaneously studying for the Series 3 License. What did I learn working for young brokers was that they were more ignorant than I was when it came to trading and advising their clients. Let's just say that I don't want to name who they are because they don't matter anymore. However, they were relevant to my growth in this industry because if not for them I would have never gotten my foot in the door.

Once I passed my Series 3 exam, I had to move on and was hired by PFGBEST in 2008 as a Futures and Forex Broker. This is where I stayed there until 2011 right before PFGBEST went down due to the CEO's embezzlement of client funds. Although PFGBEST leaves a bad taste in everyone's mouth, it allowed me to work with some of the best software developers the company had in the industry. A team of innovators that created one of the first Electronic Communications Networks an (ECN) that pioneered straight through processing.

We were the first group to bridge multiple bank feeds into one master bank feed. Here is where my school of digital manipulation of order flow began. This is where I learned the protocols that the banks/market makers created and implemented to trade against the retail trader. But more importantly, I learned what was happening behind the scenes that a retail trader would only dream of discovering but never gets to see.

As a broker, it allowed me to work with many educators and traders. I was able to create one of the largest client books in the industry, which consisted of over 1,100 clients. I had clients from retail traders to professional Commodity Trading Advisors (CTA's), to Institutional Traders that were Proprietary Desk Traders. And because I was able to provide them the technological solution that they were looking for, my reputation and business grew exponentially. This also allowed me to work with software developers and traders that were on the forefront of High Frequency Trading, which at the time was a fad just like Expert Advisor (EA's). So my experience as a broker and trader grew to levels of knowledge that few individuals ever get to aspire too. I lived it, I learned it, I worked it and I enjoyed it. A true blessing from God.

So I believe that what I will share with you will change the way you trade forever, because I will change your perspective from looking at the market from the eyes of a retail trader to an institutional trader. I will let you be the judge of that as you continue to read.

THE TRADING STRATEGY

My trading strategy is based on four concepts:

1. Order Flow (High Frequency Trading)
2. Volume Divergence
3. Volume Price Analysis
4. Volume Spread Analysis

It is because I have a more profound understanding of how the banks have designed their strategies under the umbrella of these four (4) concepts that I have been able to reverse engineer their protocols and create a strategy and suite of indicators that can intercept and interpret their real trades before anyone is aware of the real plan of action.

I know it sounds arrogant to make a statement like this, but you will discover that what most so-called experts and educators teach is outdated and cannot be applied in this new world of digital warfare. You need a guide that truly understands the new order of trading because what is being presented to the retail trader is incomplete and delayed information. That is why you may not have been able to progress.

I'll show you that trading is like a game of chess where you must think 4 to 5 steps ahead of your opponent. And this opponent does not care that you have emotions. This is why you are now trading against robots that are programmed with algorithms to confuse and out-think you.

I have learned to see through the smoke and mirrors and catch them make the mistake of a century. Yes, I said mistake of the century. Sometimes you have to know what you are looking for in order to find the right solution. Now it is at your fingertips and when you see that I have streamlined the trade identification process so that anyone can learn how to do this.

You see, while everyone is talking about Moving Averages, Stochastics, MACD, RSI, Elliot Wave, Fibonacci Levels, Regular Volume Indicators, Candle Sticks, Ichimuko Cloud, Pivot Levels, Chart Patterns, etc... They are leading you in the wrong direction. I say this because I have studied the mathematical formulas behind these indicators and now that I know how the banks manipulate their volume and order flow I can show you how they have counter programmed these indicators. Don't despair. There is always a solution to the problem and an answer to a question.

You will learn that my strategy is defined by 4 algorithms and a systematic five (5) step process that anyone can learn without having to go through a big learning curve. Trading was hard until now. Now it has become too easy to predict, I don't care if I miss a trade because there will be another that will make up for it. And since I have designed the strategy to give me time to determine the best entry, determine the best stop loss, and even forecast the best exit.

I trade with a calm demeanor and my students come the same conclusion. This can't be that easy. They are right it was never meant to be easy but it has evolved in a strategy that we can trust and believe in. So when others began the race with decoding volume it is Phoenix Trading Strategies that has finished the race and is the winner.

Once you see what I do, you will be inspired to learn to trade without fear and doubt. Yes, fear and doubt? Fear and doubt cloud your decision process because you are unable to analyze the real risk of the trade. How can you when you have never had the right guidance or information?

I now look for a specific set up that identifies the point of control that the buyers and sellers have chosen in each candle where they prefer to buy and sell. Identify where there is real volume divergence, determine the real support or resistance level that they are going to use to rebalance their risk and exposure. Isolate the price level that I can use to make my entry into the trade. Establish my risk because I now know the price level that will not be penetrating as a support or resistance level because the decision has been made by the market makers to take the trade in the opposite direction and finally forecast the exit to maximize the best outcome of the trade.

IDENTIFYING THE BEST CURRENCY PAIRS AND TIME OF DAY TO TRADE

I am sure that you are aware that market conditions change and that finding trade opportunities as well. At this particular moment I find that there are better opportunities to find trades at the close of the U.S. Session - 5 pm EST. Why is this?

China has become such a big player that they are affecting the following currency pairs in FX that I see great opportunity almost every day. Those pairs that I like to trade the most are GPB/AUD, GBP/NZD , EUR/AUD, EUR/NZD, NZD/USD, AUD/USD … You will discover that these are great pairs to trade because they are at this moment more active than the regular pairs such as the USD/JPY, EUR/USD , GBP/USD, USD/CHF etc. I have found that these pairs usually move somewhere between 50 to 100 pips during the Asian session. But I feel that the Asian session is underrated by many traders because they are looking for trades in the wrong pairs when they should be looking at these six (6) pairs. That would excite everyone's trading and not require those that live in the U.S. to lose sleep and try and trade during the European Session.

I also favor trading the European Session at times because you can find some good trades with the EUR/USD , GBP/USD , and USD/JPY that are much more active. Now if you are like me and you live in Southern California you must value your sleep, so I only trade the European session on Wednesday evening into the early morning of Thursday. Yes, once a week. I find that one cannot make good trading decisions if you have a lack of sleep and are very tired.

I am sure that some of you like trading the U.S. Session but you really can't find any good trades at this moment because they have already occurred during the Asian and European Sessions. Now this is not to say that this won't change in a few months. For the time being do fear trading during the Asian session because others claim that banks and market makers set the trade up for the European session. That is a lie that I cannot support because the banks and market makers are always rebalancing their risk in the market and choose the FX Pairs where they have more exposure to do what I call Currency Portfolio Rebalancing. Think about it they have exposure than you and I because they are constantly in the market 24/7. Remember the retail trader is just in the market from a few minute to a few hours while the banks maintain their positions and exposure for days weeks and months.

USING PHOENIX POWER DOTS

If you are in love with trading as I am, I think you will appreciate the cutting edge technology break through that I bring to the table. I have developed my own proprietary indicators that describe the market from a different perspective than you are accustomed to seeing. So have an open mind because if you were truly interested in learning how decode the banks high frequency order flow trading then you are going to love what I have done.

Let us begin with my pride and joy, a super algorithm that I call the Phoenix Power Dots and you will understand why they are so powerful. These Gold dots announce three things. They establish a new support or resistance levels that form based on the manipulation of order flow caused by high frequency around those price levels that the banks and market makers are doing to offset their risk to the downside before driving the trade long as the picture below describes. Upon forming they also announce that volume and momentum will come into the market to drive the pair.

As you can see the Phoenix Power Dots in the picture above show that they established the support level that would give an hour notice before they took the trade long. Can you think of any indicator out there that gives you 30 min to an hour notice before volume and momentum come in to drive the trade? I can assure you that no such indicator exists, thus making my Phoenix Power Dot Algorithm unmatched.

More importantly, you can see that we would be entering a trade long on the 4th or 5th candle because we have an established support level that will not be challenged. This is because when the Phoenix Power Dots form, the banks/market makers are offsetting their risk to the downside. You will discover that the longer they take to rebalance their short positions the bigger the trend of that trade once it begins. The Trend Dots, and Trend Stop help to keep you in the trade once it begins to trend. The Pivots outline new support and resistance levels as the trade begins to trend.

The next Algorithm that you are going to see will change the way you look at Order Flow forever if you have a little understanding of how it works. You see there are people out there that have complicated indicators to demonstrate their sophistication, but in actuality they have the wrong formula. I am not here to correct them, because they have failed and I have succeeded in decoding what is probably the most complicated program that evades even institutional traders. But I am going to put it at your fingertips. So pay attention because you may have to read this again.

You see all traders want to know, what is the preferred price level in the candle that the buyers prefer to bid (buy) at and what is the price level that the sellers prefer to offer (sell) at. It is the one piece of information that can explain the conspiracy theory of whether the banks communicate amongst themselves. The new Phoenix Price Identifier does exactly that, that now we can forecast when the buyers are in disagreement with the sellers or vice versa and see with clarity that the trade will change directions within the next two candles. You see we now have the ability to detect a trade imbalance that you can bank on.

The picture below shows Green and Red Dashes in each candle. That is another super Algorithm that we created to show that how the buyer and sellers communicate amongst themselves. I'll give a brief explanation of what happens here in the picture below. I have numbered a few candles from 1 to 4. Candle No. 4 being the one where the first Power Dot formed. Normally, I look back 2 to 3 candles once a Power Dot has formed. Why because I want to verify that the banks are going to establish a support level because they are planning on taking the trade long which did happen here.

What you are about to discover will now change the way you look at trading forever. You see how in candle No. 4 the Point of Control (Green Dash) for the buyers it at the top of the candle that will give a two (2) candle warning before they take the trade long. You see even though that candle is bearish the candle is showing an imbalance between buyer and sellers because the buyers are giving the sellers notice that they are not going to allow the trade to go down any further and that they are going to increase their order flow to establish a support level and drive the trade long. So what happened in the next 3 candles after candle No. 4 … Now here is the tricky part. Can you see the same imbalance in candles No. 3,2, and 1? The answer is yes.

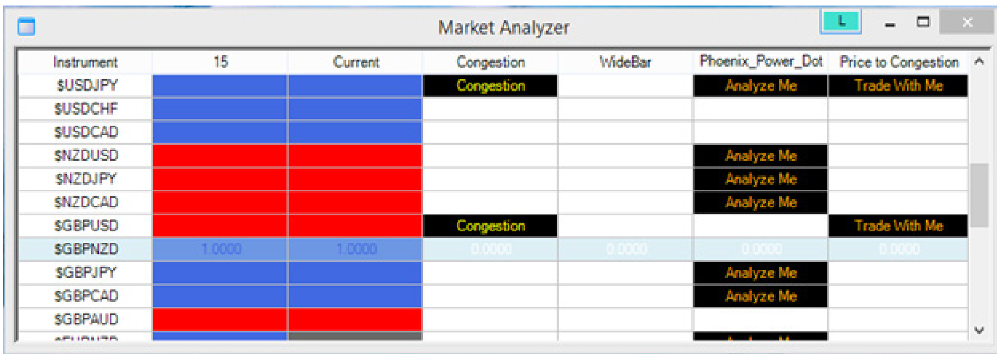
When the sellers took control and started to drive the trade short the buyers were not in agreement and communicated to the seller that they were going to slow the trade to short side and eventually take control again to take the trade long. So you see when combining the Phoenix Power Dots with the Phoenix Price Identifier you get the most magical combination. Now this will be better explained in the video so make sure to watch it.

Here comes the 3rd Super Algorithm that we created called the Phoenix Volume Indicator.

What makes this volume indicator different than any other out there for Forex traders is that we synthetically created volume to interpret the High Frequency Order Flow. In the Example below you will see what I mean. This is the only volume indicator that give you a visual describing Volume Divergence but also a numerical value of divergence through the high frequency trading in each candle. Let's use candle No.3 . You see the Data Box show the buying volume, selling volume and cumulative volume in Panel 2. So the top of the volume bar is represents the maximum buying volume in that bar, the bottom of that bar represents the maximum selling volume and the grey dash represents where that bar settled which in this case was 32 million negative volume. But that 32 million represents order that did not get filled by the buyers. Again you will be able to understand it further in the video.

The Fourth Algorithm is called the Phoenix Congestion Zones. What this indicator does is identify support and resistance levels where Power Dots have formed in the past in different time frames. The example below will show blue and light green lines. The Blue Lines represent strong support levels in the 30 min time frame and the light green line represents strong support levels in the 60 min time frame.

Last but not least is the Market Analyzer that makes identifying trades easy as 1,2,3. I have over 20 pairs on it and I have programmed it to alert me when there are Phoenix Power Dot formations so that I can go to those pairs and take my time analyzing whether they are the type of trade setups that I look for.



LET'S TAKE A LOOK AT A TRADE EXAMPLE

Here is an example of a trade set up that I normally look for in the GBP/NZD. You can see in the example below that we had a Resistance Level Power Dot Formation, You have an imbalance in the candle giving to two candle warning before going short and you have volume divergence confirming a short trade even further.

SUMMARY

If after you have read this chapter and watched the video. Take the time to look at the GBP/AUD , GBP/NZD ,EUR/NZD , EUR/AUD , NZD/USD , AUD/USD at the end of the trading day which is 5 PM EST. You will confirm for yourself that the banks at this particular moment are trading these pairs aggressively when you compare them to other pairs. More importantly is that if you live here in the U.S. you can trade these during the afternoon or early evening and not lose sleep trying to find a trade during the European Session. I love my sleep, How about you?

Just remember that if you choose to use our cutting edge technology you will be able to pinpoint these trade opportunities every day during the Asian or European Session by just letting the Market Analyzer alert you so you can go to the charts to analyze whether that is the trade you are waiting for or if you should wait for it to develop further. At the end you will love what I have to show you because the one thing that you have is time. Time to analyze and determine your entry, your stop loss and your take profit target. It just can't get any simpler than this. Remember that information is the most valuable commodity a trader can get his hands on. With our suite of indicators traders get the right information to make great trading decisions.

Trading has changed my life for the better. I hope that I have inspired you to shoot for the stars and believe that there is someone out there that does care about your success and future. Here at Phoenix Trading Strategies we care, that we are willing to educate you and share our wisdom to help you become that which for too many is but a dream. We don't want you to dream about it. We want you to live and enjoy it. Life is getting harder every day for people don't let this opportunity pass you by that you miss the boat because you procrastinated.

THE MOVIE

"Decoding Market Maker's Order Flow Footprint"

CLICK HERE to watch Ricardo **demonstrate how to collect 400 pips in one night.**

With Phoenix Trading Strategies you are able to put the puzzle of information together. Where before you didn't even know where to start. Now you know where to start and finish.

THE SPECIAL OFFRER

If you wish to learn more about how we trade these markets you can sign up for our free webinar room on Mondays and Fridays from 9:00 am EST to 11:00 am EST.

SIMPLY CLICK HERE TO REGISTER

ABOUT THE AUTHOR

Ricardo Menjivar a licensed Futures and Forex Broker who started trading over 10 years ago as a retail trader like many of you. He decided to become a licensed Futures and Forex Broker in 2008 where he collaborated with a team of software developers to bring out the first Electronic Communications Network platform for the retail FX traders. As a broker he had the ability to deal with many software developers, CTA, Prop Desk Traders and Money Managers that were trading the Forex Markets. That is where he discovered the protocols that the Market Makers / Banks were using to report their order flow to the Broker Dealers. You will not find a better individual to guide you in this maze of digital warfare.

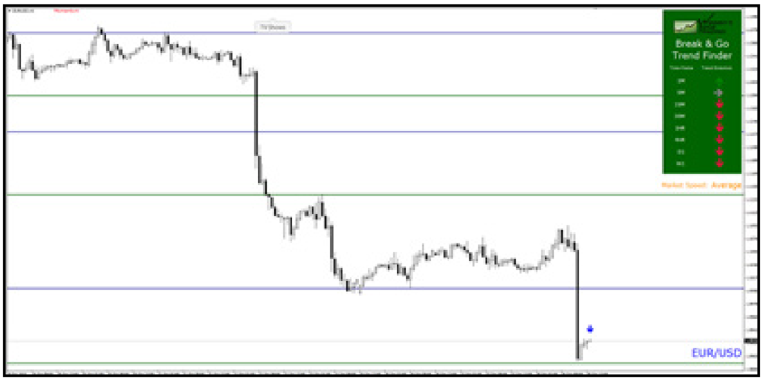
Ricardo chose to create PhoenixTradingStrategies.com in 2014 for the purpose of helping retail traders learn the truth behind the deceit the banks have created to cheat the retail traders out of their money. He has chosen to share his knowledge to help individuals like you learn how to correctly analyze and trade these markets.

Website: **www.phoenixtradingstrategies.com**

USING THE "BREAK AND GO" STRATEGY TO TRADE FOREX IN ANY TIME FRAME

Casey Stubbs, Winner's Edge Trading

The Break and Go strategy is a simple to understand, simple to execute, and very profitable strategy for trading the Forex market. Using the custom Break and Go tools, the strategy is easy to use and will take your trading to a whole new level. The Break and Go strategy will work on any instrument your broker provides and will work on any time frame up to Daily.



Implementing the Break and Go Strategy consists of observing the trend and waiting for a break of a key level in the direction of the trend. Setting risk is easy since you already know roughly how many pips your stop loss will be, so you can size your trade in advance of the trigger and maintain your risk parameters (you do have risk parameters in your trading plan, right?)

DETERMINING THE TREND

A trend is simple when the market is making higher highs (uptrend) or lower lows (downtrend.) Determining the trend is a tricky activity. Because the market doesn't just go up and up or down and down but rather breathes in and out - goes up and down and up and down;

determining the trend is not a simple task. The trend can even be opposite on different time frames. That's the reason you can't look at someone's trade and say they are going "the wrong direction". The market moves up and down and other people might be taking a trade based on a different time frame's trend direction. Or they might just be a "counter-trend trader", someone that takes advantage of the short bounces against the identified trend, but that's a story for another report.

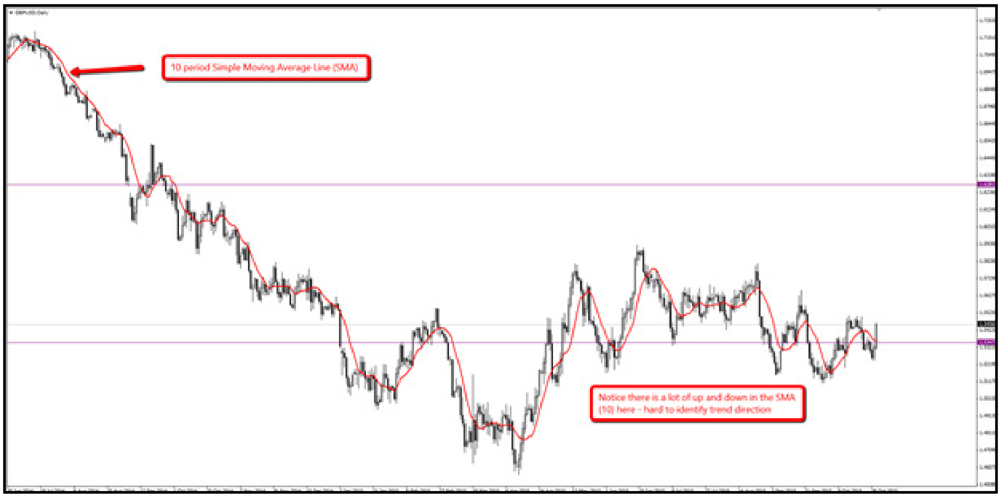
When you trade with an established trend, you increase your trade's probability of being in the same direction as the market will continue to go. Again, that's not to say that the market will not "retrace" or go counter to your identified trend for a short while. It's also not to say that the market will not just completely turn around and go back the other way, in other words break your identified trend direction.

There are many ways to establish the trend direction. You can draw trend lines and trend channels to identify trend movements. A trend line is drawn that approximates the tops of the upswings in a downtrend or the bottoms of the downswings in an uptrend. If that sounds a little confusing, look at the charts below:

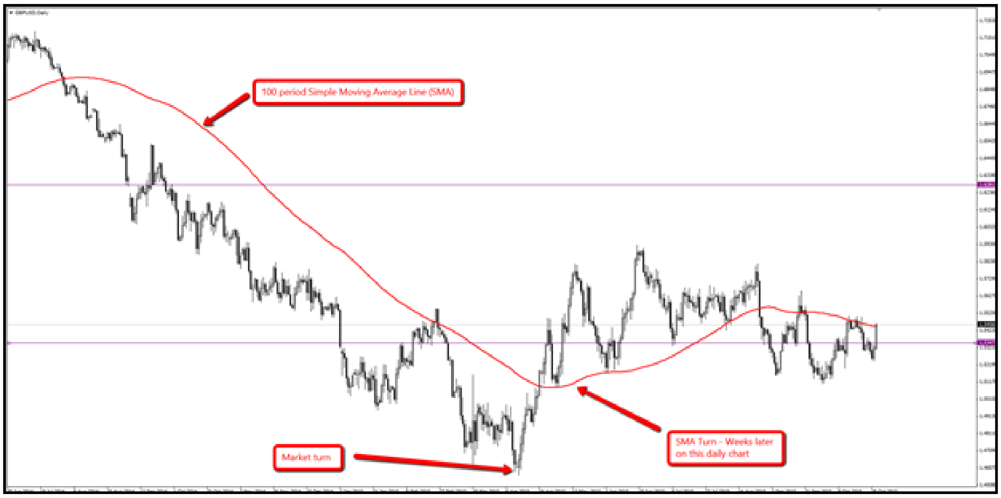
Drawing trend lines is a time consuming, tedious business and requires quite a bit of practice. The market never goes to exactly the right point. Then, which trend line is right? Well, strictly speaking, they're all right. Any trend line that can be drawn will have traders expecting reversals. That's one of the reasons why we talk about levels and zones rather than specific prices when we talk about lines.

We've mentioned the fact that trends can be different on different time frames. For example: the first chart above is an Hourly GBP/USD chart and shows a downtrend. Well, here's an uptrend on the Daily GBP/USD chart. You can see the Hourly downtrend (Blue Trendline) within the context of this Daily Uptrend (Red Trendline.)

Another good way to determine the trend is to put a moving average on your chart and observe whether the moving average is going up or down. Again, that sounds simple, but in practice it can be more difficult. There are a couple of parameters to consider when applying a moving average. One is the type of moving average. For the purposes of this report, we'll discuss two of them. The first is the type of moving average. The second is the number of periods you will use to calculate the moving average. The Simple Moving Average (SMA) is calculated using the simple average of x number of candle close prices. In other words, a 10 period moving average will simply take the last 10 closing prices, add them together and divide by 10 to determine the current moving average. Then a line will be drawn to show these averages on the chart.



You'll notice on this chart that the 10 period moving average has a lot of ups and downs in it. Sort of like the price action. That makes it a bit difficult to use it to determine the trend. That problem can be solved by using a longer period, say a 100 period moving average:



As you see, the moving average has smoothed out quite a bit, solving one problem, but exchanging it for a different problem. The 100 period moving average responds slowly to market turns. One solution to this problem is the second type of moving average we will discuss, the Exponential Moving Average or EMA. The EMA takes the last x candle close prices and adds them together, weighting them exponentially so the most recent price candle outweighs the next most recent candle and so on back to the first candle in the group, which has the least weight. The EMA responds much more quickly to market changes than the SMA:

As you can see here, the EMA is much more responsive to the market, but consequently you end up with more up and down movements that you will have to decipher to understand the market's trend direction.

There are other common indicators that you can use to determine the market trends, but as you can see, the variables are endless and quite time consuming to consider.

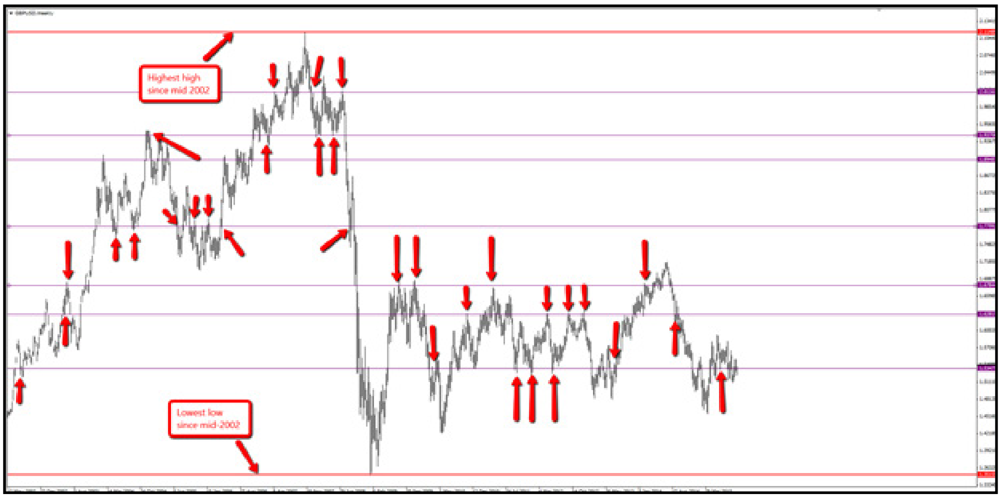
We at Winner's Edge Trading have spent a lot of time attempting to solve all the problems of determining the trend direction. We don't claim to have the "Holy Grail" trend tool, but our Break and Go Trend Tool does a good job of cutting through the issues of trends. We'll discuss in just a bit. First we'll talk about the other element of the Break and Go Strategy, the key level break.

IDENTIFYING KEY MARKET LEVELS

One tool professional traders use to identify key market levels is the Pivot Points. Pivot Points are a simple calculation of price and price movement that identifies levels that professional traders expect market turns. There's nothing magical about the calculation or the levels, it's just a self-fulfilling prophecy. When traders expect a market turn, then they set up orders to take advantage of the market turn - thereby creating the market turn. If the "big money" (or smart money - the professionals) anticipate a turn at a certain price, they will have stop losses and targets at that level that will cause the market to stall, reverse or retrace due to the sheer size of the positions they have on (or put on) at those levels.

Another way to determine key market levels is to identify prominent points where the market actually turned in the past (particularly on the daily and weekly charts.) Those levels may or may not hold, but what is highly probable is the market will bounce at that level. As we mentioned above, the market rarely goes straight up or straight down, what it does is it breathes up and down, up and down. If you study a chart, you will see this breathing and you will see how the market respects certain levels when it breathes. You will also note that when we say “levels” we’re not referring to a specific price, but a range of prices. When price action “tests” one of these levels, it more often than not, pushes past the level by a few pips. The number of pips it pushes past the level will usually depend on the speed and momentum of the market at the time it tests the level. Below you will see a weekly chart of the GBP/USD showing the market back to mid-2002. I haven’t marked all the key levels on this chart (because there are many), but I’ve marked a few that show how the weekly chart itself has respected the levels. If you were to drill down to the Daily, 4 Hour and 1 Hour charts, you would find that there is much stalling and reversing at all of the weekly levels. I also marked the all-time high and low since 2002 in red. If and when the market hits these levels, you will see lots of testing and reversing near these levels. It’s very important to know where these prominent weekly and daily levels are even if you’re trading hourly charts. You will note often the market will break a level and then go back and test that level before moving on.

With the Break and Go Strategy, you look for breaks of these key levels in the identified direction of the trend and enter in that direction, placing your stop losses and take profits (targets) at the key levels above and below the entry level.



As we will be discussing below, using the Break and Go Key Levels Tool in combination with the above key levels is an example of the more advanced techniques you can use with the Break and Go Trend Tool that will have a dramatic effect on your trading profitability.

UNDER SIZING YOUR TRADE

The most important thing you want to do as a trader is to protect your trading account. No trade is 100% sure, so you never want to "bet the farm". If you blow out your trading account by not controlling your risk, that will be an end to your trading career. Trading is a marathon, not a sprint. So you ALWAYS must manage your risk. You can do that in any of several ways. Typically we recommend that you only risk a certain percentage (1%) of your trading equity on any single trade. You can use Winner's Edge Trading's **Free Risk Calculator** to calculate your risk as a percentage of your account.

RISK MANAGEMENT

Let's take a minute to discuss risk management. As we said above, your most important asset as a trader is your trading account. If you lose your trading account, you can't trade any more. Even if you're just overflowing with cash and can replenish your trading account at will, you don't want to be stupid about it. Trading is a business and should be run like a business. If your business is continually losing, do you keep pumping in good money after bad to keep operating because it's "fun". Of course not. Trading is just the same, manage your risk so you don't blow your most important asset. When risk management is applied to a single trade it is more appropriately called trade management - except that trade management includes decisions about where to take profits as well.

INDIVIDUAL TRADE RISK MANAGEMENT

There are several ways to look at individual trade risk management. The first method is to always trade the same lot size, but stop the trade when it reaches your maximum dollar (or in whatever currency you maintain your account) loss amount. Some platforms will allow you to do that automatically. If your platform can't handle that automatically, you must be very careful to keep your emotions in check. No one likes to take a loss and sometimes we can “justify” letting it run a little further because it “looks like it’s about to turn.” Taking losses on positions is part of the job of trading, just be sure to keep them within your trading parameters. You have to be like a drill sergeant about cutting the losses. You can’t take any guff from your position. You may even end up taking your loss and having the market immediately turn around and hit your target (like the market was just waiting for you to “cry uncle”.) Don’t let that “teach” you to hold onto a bad position longer than you should.

The problem with using the same lot size and stopping at your maximum dollar loss is that sometimes your maximum dollar loss will be right at a support or resistance level that actually will hold and reverse and end up hitting your target. That’s painful.

The second way to look at individual trade risk management is to always use a maximum pip loss on your positions and be sure to stop the trade at that point. Then size your trade so that point will result in your maximum per-trade dollar loss. This makes a little more sense, since you can tailor your stop loss to the specific instrument you’re trading based upon typical moves in that instrument. That’s very similar to the first scenario, but all platforms will allow you to place a stop loss based on a certain price (easily calculated from your maximum pip loss), so you can take emotions out of the decision. Well, you can still move your stop loss at the last moment, but it’s easier to close your eyes and keep your hands off and let it stop out than it is to have to actually click the “Close Trade” button at the appropriate time. Again, while this method actually takes the price action into account, you can still end up with a stop placement ahead of a key level. Which could cause a “the trade hit my stop and then turned and hit my target” situation.

The traders at Winner’s Edge Trading prefer a third method of individual trade risk management. We start by analyzing a chart of the instrument you’re trading and identify high probability support and resistance levels - what we call key levels. We put our stop loss beyond the appropriate key level so the market has to do the work of breaking that level before our stop is taken out. That will reduce the number of “stopped out, but hit my target anyway” situations. After we identify the location of our stop loss, we calculate the size of the position we are trading so that, if the market hits the stop loss, the loss is in keeping with our pre-identified maximum risk parameters. As mentioned, Winner's Edge Trading has a handy **Risk Calculator** for making this calculation simple.

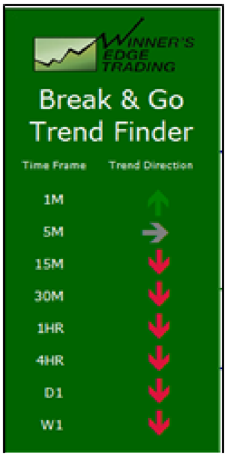
Knowing how much you are willing to lose on a single trade is something that needs to be decided in advance of taking a position. If you wait until your trade is under way, your emotions will be too invested in the position to make a rational decision. In fact, you should be setting out a group of rules as to how and what you will be trading. You can get more details about writing a trading plan, **simply click here**.

One more comment to make about individual trade risk management. If, during the course of a trade, your hands get sweaty, your mouth gets dry and all you can do is watch in fear as the trade breathes, then you're position is too large for your emotions. Size that position WAY down until you get used to the ups and downs of the market. You won't live long if you have too much stress every time you open a position. You won't successfully trade very long either because you will find it tiring. Successful trading is actually sort of boring. You identify a high probability trade, you set your parameters according to your rules, you open the trade, it hits the target or loss and you move on to the next one. Too much celebration or self-flagellation due to the results of a trade is not a good thing.

The Break and Go Strategy is simple to execute, but using the tools we have designed specifically for the strategy will make your trading significantly easier. The tools are not necessary to use the strategy, but they are meant to simplify it and give you back your time. Here's a brief synopsis of the Break and Go Strategy Tool Kit.

COMPONENT 1: BREAK AND GO TREND TOOL

The Break and Go tools consist of three indicators that you can use to find Break and Go trades. The first of these tools is the Trend tool.



Break and Go Trend Tool

The Trend tool determines the trend with a proprietary calculation that includes price action, candle closes, market structure and moving averages. The Trend Tool automatically defines the trend on eight different time frames (1m, 5m, 15m, 30m, 1hr, 4hr, Daily and Weekly.) Because the Trend Tool shows the trends on so many time frames, you can use the Trend Tool for many advanced trading techniques that look at multiple time frames.

A green up arrow indicates a long trend suggesting that a buy trade is in order. Conversely, a red down arrow indicates a short trend suggesting a sell trade is in order. A gray arrow pointing right indicates a sideways trend on that particular time frame and it would be advisable to stand aside until the market decides what direction it's going.

You will want to consult the Trend Tool when you are setting up your trade. If you are setting it up on a one hour chart, you should be sure the 1HR trend agrees with your trade setup.

When you get agreement on many time frames, you know that you have a powerful trend. If the trend on the shorter time frames start to change, you might be experiencing a market pullback or a turn in the market. If you have different directions throughout the Trend Tool, you may be experiencing a choppy market and will again want to stand aside until the market decides its direction.

COMPONENT 2: BREAK AND GO KEY LEVELS TOOL

The next component of the Break and Go Tools is the Key Levels Tool. The Break and Go strategy uses key levels to determine trade opportunities. The Key Levels Tool shows the levels to which you can expect the market to react.

Break and Go Key Levels Tool

The Key Levels Tool uses Weekly and Monthly pivot points to identify key market levels. As you can see by the way the market hits the levels and rebounds, the market respects the Weekly and Monthly pivot points. When the levels are broken, you can see that the market "accelerates" away from them. A break of one of these key levels is very important and requires quite a bit of market momentum – which typically carries the price to (or through) the next key level – the very concept behind the Break and Go Strategy.

Pivots are important on all time frames, but the primary Support and Resistance pivots on the Weekly and Monthly time frames are respected much more than the pivots on shorter time frames.

BONUS COMPONENT 3: MARKET MOMENTUM TOOL

Break and Go Market Momentum Tool

Lastly, there is a bonus component. The Market Momentum Tool is not necessary to trade the Break and Go Strategy, but it can help give the more advanced trader additional insight into current market conditions.

The Momentum Tool will show you the current market speed (Slow, Average, or Fast) which represents how fast price is moving in the market. A fast market is tricky to trade if you are a new trader. Things move fast and you can get into deep trouble quickly if you are not prepared.

In addition, when there is a lot of momentum in the market, the Market Momentum Tool will display an arrow in the direction of current market momentum. Market Momentum is a good thing to know, but remember that momentum only lasts for a short time. When you have Market Momentum, you may also have an exhausted market that needs some retracement to relieve pressure. As you know (or will discover) the market doesn't just go up or down forever, but moves in steps with reverse moves as traders take profits from larger moves. The market breathes in and out. So when you see market momentum, watch for some reverse movement before taking your position. Many people get excited about momentum and end up buying at the top or selling at the bottom.

USING THE BREAK AND GO TOOLS TO SET UP TRADES

After you set up the Break and Go Tools on your platform, determine the pair(s) and time frame(s) you want to trade, and apply the Break and Go templates to your charts, you're ready to look for some trades.

The Break and Go Strategy in its simplest form consists of the following rules:

1. Confirm the trend based on the time frame you're trading using the Trend Tool.
2. Look for a broken level in the same direction as the trend using the Key Levels Tool.
3. Use the key levels to set the stop loss and take profit for your trade.
4. Calculate your position size to manage your risk.
5. Enter the position.

For example, here's a GBP/USD hourly chart. You'll notice the 1HR trend is down (as are many of the time frame trend indications), so we will be looking for an opportunity to enter a short trade.

We will now watch the price for a break of the key level indicated by the Monthly (Green) horizontal line just below the current price. When the break occurs, we'll set the Stop Loss above the prior Weekly (Blue) line. Make sure to get above the key level so the market will have to do the work of breaking that level to stop the position out. We'll then set the Take Profit above the next Monthly (Green) line so the market will not have to do the work of breaking that level to hit our Take Profit.

USING THE BREAK AND GO MOMENTUM TOOL

You can use the bonus Break and Go Momentum Tool to further enhance your trading.

Once the Break and Go Momentum Tool shows market momentum, the correct way to proceed is to wait for the price to carry through a key level, settle and then continue in the direction of the trend. Momentum can indicate the end of a trend and you want to wait for the market to settle with a retrace back to the prior broken key level and a bounce from that level before entering a position after a break with momentum.

THE SPECIAL OFFER

How Do I Get the Break and Go Tools?

Are you ready to take your trading to a new level? As you can see the Break and Go Strategy is simple to use and can substantially enhance your profitability. **CLICK HERE** to find more information about the Break and Go Tools

ABOUT THE AUTHOR

We are a group of Forex Traders who have been dedicated to helping others learn and conquer these challenging Markets since 2009 when our Founder, **Casey Stubbs** embarked on his Forex journey.

January of 2009 is when it all started. Winner's Edge was a small blog, maybe reaching a few people eye's every day. Since then, we have grown tremendously and are widely considered one of the premier educational resources for Forex traders.